

What is CSL?

- A method for creating change in the way a system is working to address complex challenges.
- An integrated framework for development of skills and knowledge to effectively progress systems change initiatives.

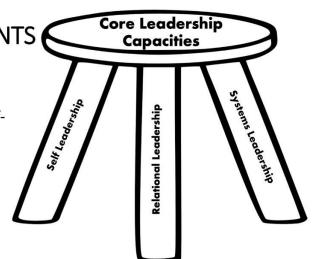


COMPASSIONATE SYSTEMS LEADERSHIP – CORE ELEMENTS

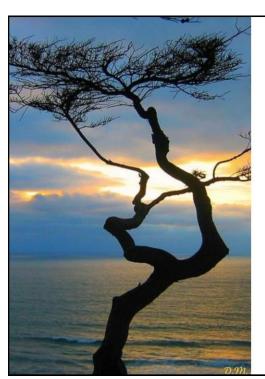
Self Leadership – cultivating compassion, self-awareness and mindfulness practices

Relational Leadership – building authentic connections within generative spaces

Systems Leadership – understanding and fostering connections between self, others and the broader system



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GROUNDING AND CHECK IN – WHY IS IT IMPORTANT?

Practice of self-reflection

Facilitates emotional settling

Creates a generative and compassionate social field

Increases readiness to be together; builds community

