

# North Vancouver Parent Advisory Council

Annual Report 2023/2024



1

## About NVPAC

---

- The North Vancouver Parent Advisory Council is one of the five partner groups within the North Vancouver School District.
- NVPAC represents Parents, Caregivers and PACs on broader educational matters within the NVSD SD#44.
- For the 2023/2024 school year NVPAC had an Executive team of 7 members.



2

# NVSD Committee Representation 2023/2024

- Inclusion Committee
- Information & Communication Technology Advisory Committee
- Calendar Committee
- Communication Committee
- Policy Review Committee
- Safe & Healthy Schools Committee
- Capital Planning Committee
- Emergency Preparedness Committee
- French Immersion Advisory Committee
- Sustainability Committee
- Accessibility Committee
- Arts Education Committee



3

## NVPAC and BCCPAC



NVPAC EXECUTIVE ATTENDED THE BCCPAC CONFERENCE & AGM IN MAY 2024 AND THE BCCPAC DPAC LEADERSHIP SUMMIT IN NOVEMBER OF THE 2023/2024 SCHOOL YEAR.



NVPAC HAS BUDGETED TO PROVIDE REIMBURSEMENT TO THE PACS WITHIN NVSD FOR THEIR BCCPAC MEMBERSHIP FEES, PROVIDED THEY REGISTER BEFORE THE BCCPAC REGISTRATION DEADLINE OF DECEMBER 1ST



4

## NVPAC Meet & Greet Wednesday October 18th, 2023



PAC Executives were invited to meet and liaise with other PAC Executives and their Family of Schools community.

NVSD administrators, including District Principals, Trustees and Senior staff attended to help build and foster relationships and meaningful connections with the Parent/Caregiver community.



## NVPAC PAC 101

# NVPAC Info & PAC 101

*Parent Advisory Council*

*Review/update of presentation from BCCPAC, NVPAC & DPAC 42*



## Suzanne Perreault

### IEP's

-- What You Need To Know --

**DATE: Wednesday, November 1st**


**TIME: 7:00pm VIA Zoom**

Suzanne Perreault is a woman's counselor with a focus on Neurodiversity. In addition to her counseling work, Suzanne is a DEI consultant, presenter, TEDx speaker and former School Trustee. She identifies as Autistic and draws from lived and professional experience to support families and advocate for children facing barriers of inclusion.

As the parent of children diagnosed Autistic, Suzanne's primary focus in her community development work has been fair and equitable access, for students in education while supporting both the family structure and educators (and support staff). With numerous victories and recognition for her advocacy work including a nomination for the community impact award for Autism B.C and two nominations for Fraser Valley Cultural and Diversity Awards.

We will cover the language surrounding IEPs, how to advocate for your child, Competency Based IEPs with a Q&A session. You will also receive handouts with important notes and resources.

Registration is Required and open to all Parents, Guardians and Caregivers of a Student who is currently attending at an NVSD SD#44 school




## Suzanne Perreault IEP's What You Need To Know


**Community Engagement**  
NVPAC hosted participants from across the NVSD School Parent/Caregiver Community

**Purpose of this event**  
To provide the Parent/Caregiver community information regarding the new competency-based IEP's (CBIEP's)

**Event Takeaways**  
New informative language  
What is a CBIEP and why the switch  
Parent/Caregiver information and education  
Q&A session for parents & caregivers



**CBIEP & Language:**  
Looking at both impact and experience through the CBIEP process for parents and what can Educators do to support students effectively through these meetings via language and relationship while building collaboration with parents using empathy as a driver.



7



## The White Hatter - Sharenting

**Community Engagement**  
NVPAC hosted participants from across the school district community

**Purpose of this event**  
To provide the Parent/Caregiver community information regarding sharenting and practical concerns about posting personal information about their child online

**Event Takeaways**

- Sharenting and Over-sharenting, what's the difference
- Kidfluencers – what parents need to know
- How parents are unknowingly becoming the genesis of creating a child's digital dossiers
- How these digital dossiers are now becoming very searchable, at times very problematic later in your child's life
- What you as a parent can do to prevent this from happening



8

## The White Hatter – Monitoring, Filtering & Tools



**Community Engagement**

NVPAC hosted participants across the school district community

**Purpose of this event**

To provide the Parent/Caregiver community with information regarding effective and practical online monitoring and filtering tools for student's digital media device usage at home

**Event Takeaways**

**Tools Available**

- Mobile device apps
- Private family communications
- Hardware network controls

**Guides**

- Decoy and vault app detection
- Family agreements
- Due diligence report



## The White Hatter – The Good Of Social Media, Technology & Teens



**Community Engagement**

NVPAC hosted participants from across the school district community


**Purpose of this event**

To provide the Parent/Caregiver community with information regarding how many teens are doing super uber cool things online, a balanced informative session on the good and bad of social media

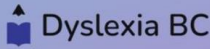
**Event Takeaways**

- How Teen Technology Innovations Can Lead to jobs
- How Teen Technology Innovations Can Lead to awards
- How Teen Technology Innovations Can Lead to positive World Change





**Cathy McMillan**



Join NVPAC for an evening session with Cathy McMillan from Dyslexia BC

Cathy is the Founding Member of Dyslexia BC and has been advocating for change for individuals with dyslexia and other learning disabilities in BC for almost 20 years. We will start with some facts and information about dyslexia by actively participating in a dyslexia simulation designed by the Dyslexia Training Institute from California. Some exciting things have happened in the province of BC as it pertains to dyslexia in the last year and Cathy will also discuss this and be available for questions after the simulation exercises. Cathy is the mother of two adult children with dyslexia and is the Founding Member of Dyslexia BC. Cathy was a Director at the Learning Disabilities Association Fraser South chapter for a number of years and is currently on the Coquitlam Student Services Advisory Committee.


**Wednesday, March 6th, 2024**  
**7:00pm - 9:00pm**  
**Via Zoom**

## Dyslexia B.C – Cathy McMillan Founder

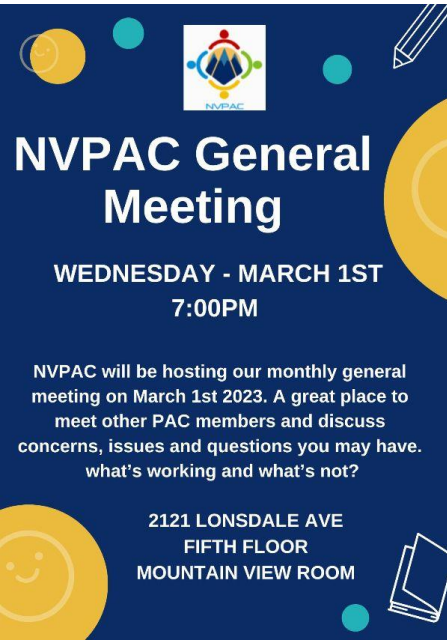
**Community Engagement**  
 NVPAC hosted participants from across the school district community

**Purpose of this event**  
 To provide our Parent/Caregiver community with information regarding current research-based Dyslexia supports, in response to an uptick in Parent/Caregiver inquiries

**Event Takeaways**  
 Participant simulation exercise  
 Current research and supports  
 History and education on dyslexia  
 How Parents/ Caregivers can support



11



**NVPAC General Meeting**

**WEDNESDAY - MARCH 1ST**  
**7:00PM**


NVPAC will be hosting our monthly general meeting on March 1st 2023. A great place to meet other PAC members and discuss concerns, issues and questions you may have. what's working and what's not?

2121 LONSDALE AVE  
 FIFTH FLOOR  
 MOUNTAIN VIEW ROOM

## NVPAC General Meetings

**NVPAC hosted General Meetings via Zoom and Teams in 2023/2024**

- November 29th (GM)
- January 31st (GM)
- February 28th (GM)
- April 24th (GM)
- May 29th (AGM)



12

## NVPAC Anti-Racism Advisory Committee



**NVPAC Anti-Racism Advisory Committee**

As a parent or caregiver of a child in SD#44, do you have concerns about racism and discrimination in our community and how to foster a climate of belonging for all students, staff, and families?

**JOIN THE NVPAC ARAC**  
for more information  
email us at:

[antiracism@northvanpac.org](mailto:antiracism@northvanpac.org)

Next Meeting : May 09/24 @ 7pm (in person)

- In June 2023, the Diversity, Equity and Inclusion Committee was split into two after 6 years, to form the new NVPAC Anti-Racism Advisory Committee.
- NVPAC continued to promote a community sense of belonging and address concerns from Parents, Caregivers and PAC communities around Diversity, Equity & Inclusion.
- Meetings were held monthly throughout the school year, both in person and virtual.



13

## NVPAC Disability Advisory Committee



**NVPAC DISABILITY ADVISORY COMMITTEE**

Are you a Parent/Guardian or Caregiver of a Student with a Disability or an IEP that attends school within the NVSD SD#44?

NVPAC is looking for parents who are interested in attending meetings with other parents to discuss issues, concerns, ideas and do planning for speakers, events and advocacy around disability & neurodivergence within our school district.

For more information please connect with us at [inclusion@northvanpac.org](mailto:inclusion@northvanpac.org)

- In June 2023, the Diversity, Equity and Inclusion committee was split into two after 6 years, to form the new NVPAC Disability Advisory Committee.
- NVPAC continued to promote community connection and a sense of belonging as well as address concerns from the Parent/Caregiver and PAC communities around Disabilities, Neurodivergence, Advocacy and Support.
- Virtual Meetings were held monthly throughout the school year.



14



**Thank You for your continued support and  
working for the betterment of all of our  
children's education.**