

NORTH SHORE YOUTH EVENTS & MORE

JUNE 2024

EVENTS, WORKSHOPS & MORE

- **Studio in the City 17** – Studio in the City is an annual summer program that provides youth (age 15-18) with opportunities to apprentice in the arts throughout the City of North Vancouver. The deadline to apply is Friday, June 21. For more information or to apply, see <https://www.cnv.org/community-environment/social-planning/youth/studio-in-the-city>.
- **2024 Cinelab Program** – The Cinematheque in partnership with SFU School for the Contemporary Arts is now accepting applications for their two week summer filmmaking program for youth (age 14-19). Student filmmakers will be guided through the complete filmmaking process and Cinelab will provide an inclusive, welcoming and creative space with professional equipment and experienced artists to facilitate the program. Two programs will be offered with 16 youth per session from July 8-19 and July 22-August 2. The application deadline is Friday, June 14 or until programs are full. For more information, see <https://thecinematheque.ca/learn/cinelab>. Bursaries are available to youth who live, work, or study in the City of North Vancouver; to apply, contact cinelab@thecinematheque.ca.
- **DNV Youth Action Grants** – The District of North Vancouver is providing a limited funding opportunity for youth to take meaningful actions that improve physical and digital spaces across the North Shore. The application period ends on Sunday, February 15, 2026. For more information or to apply, see <https://www.dnv.org/community-environment/youth-action-grants>.
- **Lynn Valley Library Teen Snack & Study** – Lynn Valley Library's Learning Lab is reserved for teen use only on June 20 from 3:30pm-5:30pm. This event is for youth in grades 7-12 to prep for exams. No registration is required; for more information, contact tag@nvdpl.ca.
- **West Vancouver Youth Services SWEAP** – The District of West Vancouver's Summer Work Experience and Adventure Program addresses the need for vocational training for youth (age 16-18) facing challenges finding their first job. The program consists of employment training and a paid work placement for participants. For more information or to apply, contact samiri@westvancouver.ca before Friday, June 14.
- **Emergency First Aid Training Course** – Foundry and Life Preservers are offering a one-day course for lifesaving first aid and cardiopulmonary skills for home and work environments. The course is for North Shore youth (age 15-24) engaging in fewer than 15hrs a week in work/school/training and who are not currently enrolled in another employment support program. This free program takes place Thursday, June 20 from 8:45am-5:00pm at 224 Lonsdale Ave. To register, contact oksana.soychuke1@vch.ca.

- **Summer Series** – Foundry presents a series of outdoor summer games, crafts and activities for youth (age 17-24). The program runs Wednesdays from 1:00pm-3:00pm: July 3 – Tie Dye, July 10 – Bracelet Making, July 17 – Creative Writing, July 24 – Lawn Games, July 31 – Baking, August 7 – Painting, August 14 – Lawn Games, August 28 – Ice Cream. To register, contact jamie.bradley@vch.ca.
- **Summer Yoga** – Foundry presents a summer yoga program for youth (age 12-24) at John Braithwaite Community Centre. The program runs every Thursday from 2:00pm-3:00pm July 4-August 29; all levels of experience are welcome. To register, contact jamie.bradley@vch.ca.
- **Nerdy Niches** – Foundry presents an inclusive space for youth (age 16-24) to learn, practice or teach a nerdy and/or niche hobby! Some materials may be provided upon request. The group meets at Foundry North Shore from 3:30pm-5:00pm every Monday until July 1; snacks are provided. To register, contact colin.graham@vch.ca.
- **Be Here & Be Queer** – Foundry presents a queer-led 2SLGBTQIA+ social and recreational group for youth (age 16-24) every Monday from 5:00pm-7:00pm starting June 24. Each week, the group will engage in various activities in a safe, affirming and supportive space where youth can be themselves and connect with others. To register, contact jamie.bradley@vch.ca.
- **Study Buddies** – Foundry presents a study space for youth in high school or post-secondary to meet other students, have a familiar, quiet and distraction-free space to study and connect with Foundry staff with support on their education goals and school work. The space is available on Tuesdays from 2:30pm-4:30pm; each week food, tea, coffee, treats and school supplies will be available for youth. To register, contact oksana.soychuke1@vch.ca.
- **Music Therapy Jam Session** – Capilano Community Services presents a music therapy program for youth (age 16-24) at Lions Gate Community Rec Centre. The program takes place on Mondays, June 3-July 29 (except July 1) from 5:30pm-6:30pm. Contact bryn@capservices.ca to register.
- **Mondays in Motion** – Capilano Community Services presents a recreation program youth (age 16-24) at Lions Gate Rec Centre from 6:00pm-7:30pm on Mondays. Contact nick@capservices.ca to register.

VOLUNTEERING & JOBS

- **City Park Stewards** – The City of North Vancouver’s Park Stewards program is seeking volunteers for an invasive pull at Sunrise Park from 9:00am-12:00pm on Saturday, June 15. Register at <https://www.cnv.org/your-government/living-city/get-involved/city-park-stewards>.
- **NVCL Opportunities** – North Vancouver City Library is seeking general volunteers. For more information, see <https://www.nvcl.ca/events/tween-advisory-group-meeting-1>.
- **NVRC Opportunities** – North Vancouver Recreation and Culture is seeking volunteers for general recreation. For more information, see <https://www.nvrc.ca/about-us/employment-volunteering/volunteering>.

- **MONOVA Opportunities** – The Museum and Archives of North Vancouver is seeking volunteers for events, gallery ambassadors, and school programs. For more information, see <https://monova.ca/volunteering/>.
- **Edible Garden Project Volunteer Opportunities** – The Edible Garden Project is seeking volunteers for a variety of positions as well as drop-in volunteer sessions on Wednesdays from 3:00pm-5:00pm. More information and application forms available at <https://ediblegardenproject.com/volunteer/>.
- **North Shore Neighbourhood House Opportunities** – To apply, see <https://www.nsnh.bc.ca/get-involved/volunteer/>.
- **Presentation House Theatre Opportunities** – To apply, see <https://www.phtheatre.org/support-pht-2/volunteer/>.
- **Family Services Opportunities** – To apply, see <https://www.familyservices.bc.ca/volunteer-with-us/>.
- **KidStart Mentoring Program** – KidStart is a one-to-one volunteer mentoring program for children and youth who are at risk of experiencing serious difficulties in their lives. Volunteer mentors meet weekly with the child or youth they are assigned to and engage them in a variety of community activities. To find out more information or apply see <https://www.kidstart.ca/lower-mainland/volunteer/>.

ONGOING PROGRAMS

- **NVCL Youth Drop-In** – The Room on the 2nd Floor of North Vancouver City Library is reserved for youth (grade 7-12) Monday-Thursday from 3:00pm-6:00pm and Friday from 3:00pm-5:00pm to hang out with friends, complete homework, read, use computers, etc. Registration is not required. See <https://www.nvcl.ca/teens-community-hub> for more information.
- **NVRC Youth Centre Drop-In** – For a full schedule of drop-in programs, see <https://nvrc.perfectmind.com/23734/Clients/BookMe4?widgetId=191b3742-8801-4eb9-bbfa-abb28439f20c>.
- **West Van Youth Drop-In Programs** – West Vancouver Youth Services offers a number of drop-in opportunities for youth (grade 6-12) from Monday-Saturday. All youth spaces are open and pre-registration is not required. For a full schedule of drop-in programs, see <https://www.westvancouverrec.ca/youth>.
- **MONOVA Sensory Friendly Sundays** – MONOVA presents sensory friendly programming one Sunday per month from 9:00am-11:00am geared towards neurodiverse visitors of all ages. For more information or to book a time, see <https://monova.ca/sensory-friendly/>.

- **Foundry Drop-in Counselling & Primary Care** – Foundry North Shore offers drop-in counselling from 1:00pm-5:00pm Monday-Thursdays and 1:00pm-4:00pm on Fridays. Drop-in primary care is offered 2:30pm-5:30pm Monday-Thursdays and 2:00pm-3:30pm on Fridays. For more information, see <https://foundrybc.ca/northshore/>.
- **Fearless: Youth Empowering Programming** – North Shore Women’s Centre presents expanded youth program with a vision to become a “girls hub” for female-identifying and gender diverse youth. For more information, see <https://www.northshorewomen.ca/fearless>.
- **Wired 4 Success** – Hollyburn Community Services Society offers an ongoing 13 week program designed for youth (age 16-30) with barriers to employment. This program offers individualized planning, financial support, work experience and education encouraging youth to secure employment in their field of interest. See <https://www.hollyburn-society.ca/youth/wired-for-success/> to register or find out more information.
- **Youth Employment Skills and Strategy (YESS)** – Impact North Shore presents an ongoing program for newcomer youth to develop skills and gain work experience. For more information, see <https://impactnorthshore.ca/our-workshops/youth-employment-skills-and-strategy-yess-program/>.
- **Mondays in Motion** – Capilano Community Services presents an open gym for youth (age 12-16) on Mondays at Lions Gate Rec Centre’s Gymnasium. For more information or to register, contact jordan@capservices.ca or see <https://www.capservices.ca/youth-program>.
- **Empowerment** – Capilano Community Services presents a community support group for female-identifying, non-binary and trans youth (age 16-24). The group meets on Mondays from 4:00pm-5:30pm at Lions Gate Rec Centre’s River Room. For more information or to register, contact jordan@capservices.ca or see <https://www.capservices.ca/youth-program>.
- **Wellness Wednesday** – Capilano Community Services presents a community building and crafting group for youth (age 16-24). The group meets on Wednesdays from 4:00pm-5:30pm at Lions Gate Rec Centre. For more information or to register, contact jordan@capservices.ca or see <https://www.capservices.ca/youth-program>.
- **Gaming Club** – Capilano Community Services presents a gaming club for youth (age 12-18). The club meets every Friday from 3:30pm-5:00pm at Lions Gate Rec Centre’s River Room. For more information or to register, contact jordan@capservices.ca or see <https://www.capservices.ca/youth-program>.
- **North Shore PACT** – The CMHA has launched a civilian-led team that will respond to crisis calls related to mental health and substance use on the North Shore. Youth (age 13+) can receive over the phone or in-person help with a range of mental health issues. See <https://northwestvancouver.cmha.bc.ca/programs-services/peer-assisted-care-team-pact/> for more details.
- **Provincial Youth Wellbeing Resource** – For provincial resources for youth mental health and wellbeing, see <https://wellbeing.gov.bc.ca/youth-mental-health-and-wellbeing>.