



Capilano Elementary

Weekly Reminders – May 09, 2024

IMPORTANT CAPILANO DATES

May

May 10 -	Multiples Day (see flyer below)
May 15 -	Track Qualification Meet at Sutherland Secondary 8am-12pm
May 16 -	Field Qualification Meet at Westview (Gr. 4/5) & Capilano (Gr 6/7) Schools 3-5pm
May 17 -	Capilano Fun Day
May 20 -	Victoria Day Statutory Holiday – NO SCHOOL
May 24 -	Kindergarten Orientation for children entering K in 2024/2025
May 28-	Volunteer Tea (see information below)
May 30-	Family Math Fair Night 6-7:30pm
May 31-	School Wide Math Fair

IMPORTANT INFORMATION

Attendance - Please ensure to inform the office if your student will be absent, coming in late or leaving early by;

1. using the SafeArrival system, which is part of the SchoolMessenger platform

- Click [Here](#) to sign-up for SchoolMessenger
- Click [Here](#) for Information on how to use the SafeArrival Attendance System once you have signed up for SchoolMessenger

2. calling (604) 903-3370, press '2' at any time to reach the absent line

**checked frequently.*

You don't have to wait until the day of the absence to report it if you know ahead of time.

Please provide the first and last name of your student, grade, and division, if known. It is always a good idea to let your student's classroom teacher know, however the office enters excused absences.

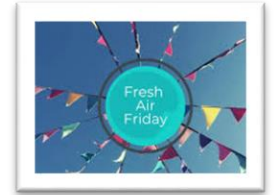
Capilano R.O.C.K.S Report for May-

May's IB Learner Profile is Balanced -

We recognize the importance of balancing different parts of our lives – physical, intellectual, and emotional for the well-being of ourselves and others.

We understand the interdependence with others and the world around us.

Fresh Air Friday's- Please see below an attached letter regarding the Fresh Air Fridays initiative and a Family Travel Habit Survey.



Volunteer Tea- The Capilano staff invites all parents who have volunteered this school year (i.e. in the classroom, on field trips, hot lunch, class reps etc.) to our Volunteer Tea on Tuesday, May 28th from 10:00 - 11:00am in the Library. We appreciate all you do to support Capilano!



Capilano Fun Day- On Friday, May 17th, Fun Day will be happening at Capilano. Students will be spending most of the morning travelling to awesome stations such as relay races, face paint, and karaoke. As many stations will be outside on the gravel field, please make sure your child has a hat, water bottle, and sunscreen on. In the afternoon there will be a performance happening in the gym for all students.



Homestay Families Needed-

Each year, the North Vancouver School District welcomes students from around the world to live and study in our vibrant community. We strive to place secondary school international students with families who live close to school to support each student's integration into the school and wider community.

There are secondary school international students in need of a homestay placement for the school term beginning September 2024. If you are interested in hosting an international student, please reach out to our International Education program office at international@sd44.ca. More information about the homestay program is available on the [International Education](#) section of the school district website.



WEEKLY REMINDERS – May 9, 2024

1. Capilano Carnival:

- **Tickets:** Don't miss out on the Capilano Carnival 2024! Grab your wristbands now for a thrilling evening on Friday, June 7, featuring games, food trucks, a silent auction, and more! Support our library upgrade project by purchasing \$15 wristbands online until Monday, June 3; prices rise to \$20 thereafter. Paid wristbands required for ages 5+ (under 5 are free), available at <https://munchalunch.com/home>.
- **Volunteers:** We need your help to make Capilano Carnival a success! Sign up for volunteer slots at <https://bit.ly/4dqT8Ws> and ensure a fantastic event for everyone. Thanks for everyone who has signed up so far – about 15 more volunteers are needed. For any queries, reach out to our volunteer coordinator Yasmin at writeyasmin@gmail.com or 604-499-8771.

2. Grade 7 Graduation Fundraisers:

- **Hanging Baskets:** Available for pick up in the neighborhood tomorrow, Friday, May 10.
- **Recyclables:** Drop off at Donaghy or Brooksbank Return-It Depots using code 6049033370 to generate labels. At Brooksbank, scan the label beside the printer before dropping off, and at Donaghy, simply print and drop off—no scanner needed. Your efforts directly contribute to our Grade 7 graduation account.

3. PAC Positions Available

The Capilano PAC (Parent Advisory Council) is seeking vibrant individuals to fill various positions for the upcoming academic year. Join us in contributing skills and ideas while supporting school initiatives and events.

The following positions are available:

PAC Executive Positions:

- **Secretary:** Ensure smooth PAC operation by organizing meetings and communications efficiently.
- **DPAC Representative:** Voice Capilano Elementary's priorities at district-level meetings.

Other Positions:

- **School Planning Representative:** Contribute to school planning and decision-making.
- **Special Events Coordinator:** Help organize exciting events uniting our school community.

Join our AGM on Tuesday, June 11, from 7:00 pm to 8:00 pm at Capilano Elementary School Library to learn more about roles and appoint new members.

4. Hot Lunch: Place your orders from now until the end of term at <https://munchalunch.com/home>.

Important Dates:

- **May 10: Pick up for Grade 7 Graduation Fundraiser Hanging Baskets.**
- **June 3: Capilano Carnival online wristband sales close.**
- **June 6: After School Program, Paper Crow Creative, finishes.**
- **June 7: Capilano Carnival.**

For any further information or inquiries, reach out to our dedicated team or visit [Capilano PAC's website](#), or follow us on [Facebook](#).

Fresh Air Fridays

Dear Parents and Guardians,

Spring is here and you and your children are invited to join us for **Fresh Air Fridays!**

The intention of **Fresh Air Fridays** is to encourage active travel – walking, biking, or rolling – to and from school and to reduce traffic and parking congestion on the streets surrounding the school.

The project will run between **Friday, April 19 and Friday, June 7**, with the goal of getting at least 60% of the student population of Capilano Elementary walking, biking, or rolling to school. There will be prizes and raffles for students who choose active travel to get to school, and there will be plenty of celebrating and fun activities along the way! Every Friday that a student walks, bikes, rolls, or drives to 5 will be a chance to win!

Families, we need your help to understand how people in our community are getting to and from school, and how we can make improvements to increase active travel! Please take 5 minutes to complete the Family Travel Habit Survey: <https://forms.office.com/r/pKzmcmzbi>

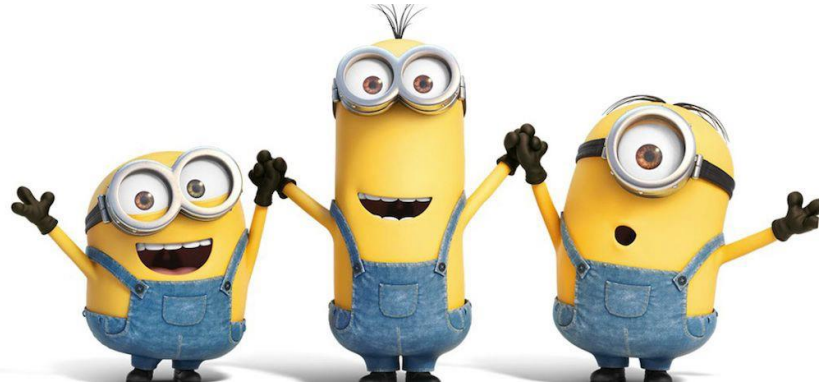
Why participate:

1. Students who engage in physical activity before school arrive ready to learn.
2. Get to know your neighbours and your neighbourhood.
3. Walking, biking, and rolling independently builds self-confidence and lifelong habits.
4. Fewer cars in school zones increases safety, improves air quality, and reduces carbon emissions.
5. It's fun!

How to participate:

1. Please take the time to complete the Family Travel Habit Survey.
2. Walk, bike, or roll to school! If you don't already walk, bike, or roll to school consider trying it out on Fridays. Leave a bit earlier, plan your route ahead of time, or join a friend and walk, bike, or roll together.
3. If you have to drive, consider driving only part way. "Drive to 5" by picking a location with lots of parking about a 5-minute walk from the school. In our neighbourhood, anywhere along Keith Road between Pemberton Ave and Bridgman Ave is a great place to park and walk.
4. If you can't drive part way, support the students and families walking, biking, and rolling by taking extra care on the streets surrounding the school. Obey all traffic signs and expect to see more people on foot, bikes, and scooters.

Questions? Email CapilanoFreshAir@gmail.com



Multiples Day

Friday, May 10th



Need a group to join? Join Mrs. Farrell as she dresses in the colours of the rainbow.



There are a lot of ways to be multiple.

As a class, small group or pairs!

Be creative, you just need multiple of something. Socks, colours, hats, jerseys, the sky's the limit!

