

**Welcome Parents and Guardians
Handsworth Secondary
2025 - 2026
Grade 7 into 8
Transition Presentation**



We thank the Coast Salish Peoples of the
SKWXWÚ7MESH and TSLEIL-WAUTUTH NATIONS,
upon whose unceded lands the North Vancouver School
District resides.

We value the opportunities to LEARN, SHARE AND
GROW together with the Indigenous keepers of this,
their traditional territory.

“If we think of territorial acknowledgments as sites of potential disruption, they can be transformative acts that to some extent undo Indigenous erasure. I believe this is true as long as these acknowledgments discomfit both those speaking and hearing the words. The fact of Indigenous presence should force non-Indigenous peoples to confront their own place on these lands.” – Chelsea Vowel, Métis

[5 Steps to Making Respectful Land Acknowledgements - RAVEN \(raventrust.com\)](https://www.raventrust.com/5-steps-to-making-respectful-land-acknowledgements)

Supporting Students & Families



Cary Hungle, Principal
Grade 12 Administrator



Dave Cadman, V. Principal
Grade 8 & 10 Admin



Marianne Macario
Counsellor



Jeff Aw-Young, V.P.
Grade 9 & 11 Admin

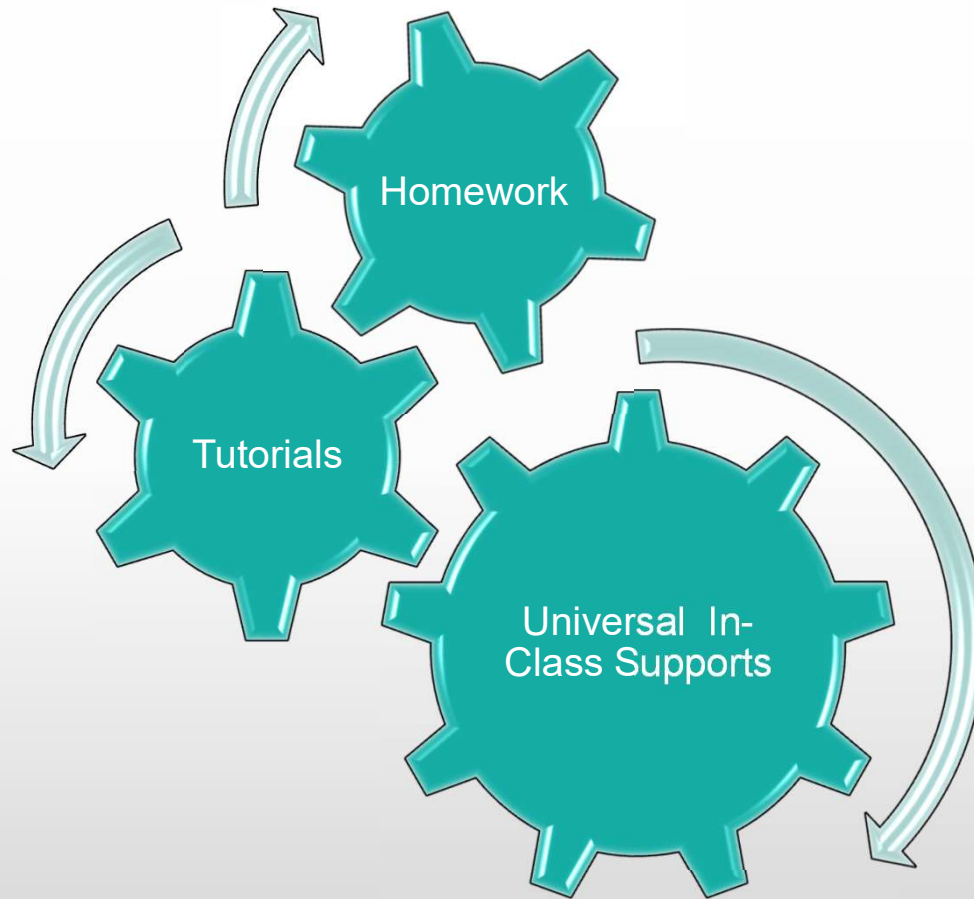
Start of the BREAKOUT years: Milestones of a 13 year old



Illustration by Emily Roberts, Verywell

It takes TEAMWORK





Tutorial Time 8:30 – 9:10

- Instructional In-Class Contact Time
- Mondays – schedule with teacher
- Tuesday to Friday – all teachers available
- Gr 8s are required to attend: missed classes, assessments, instruction, clarify understanding
- Teachers are available to support with understanding and extension
- Schedule your students to use tutorial time – it's a great way to extend learning, catch up, or just have one-on-one time with teacher



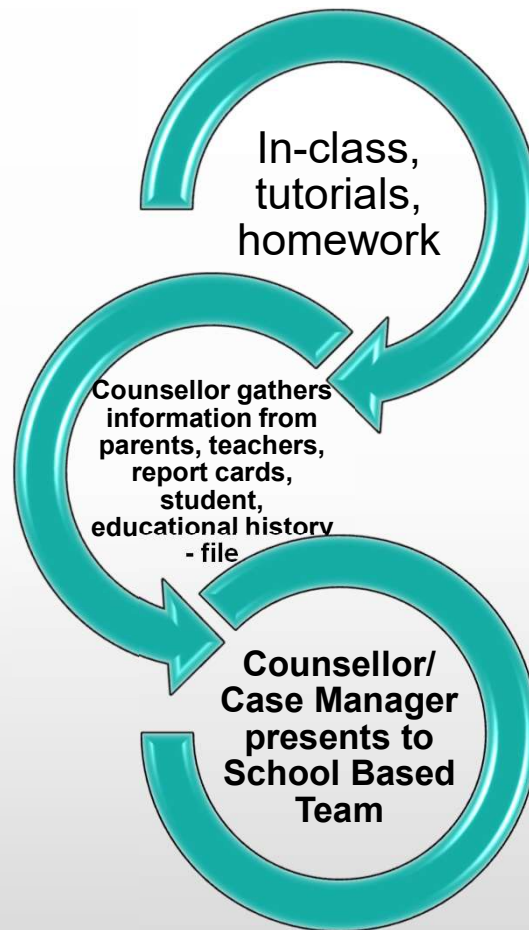
Parents Support

- Check in with your teen regularly
 - Go for walks, shoot some hoops, take a ride, use "show me" and "I'm wondering"
- Teach and Practice Problem Solving Skills
 - Supports healthy emotional growth and development, reduces stress, increases resiliency
- Set out a Plan for regular learning at home – Homework Schedule
 - Develops lifelong learning, responsibility, and increases confidence
- Discuss your family values around cell phone and other screens
 - Easier said than done, especially for parents, practice builds solid healthy habits
- Sleep and Food
 - Notice disturbances and make plans to support good habits. There is no better way to understand the power of food than making your own. Make an appointment with your doc when needed
- Responsibility – Choices
 - Collaborate on a list of what they would like to do to contribute to the household, then ask them to choose 2. Talk about the successes and work out a plan to overcome any roadblock.

Universal Design for Learning

Universal supports serve all students and may include but are not limited to:

- Providing copies of class notes (can be posted in Teams or teacher blog)
- Preferential seating
- Chunking tasks
- Support with time management
- Use of visual aids
- Providing instructions both verbally and written
- Providing worked examples/models (especially in math)



ÉCOLE SECONDAIRE HANDSWORTH SECONDARY SCHOOL

www.sd44.ca/school/handsworth

(604) 903-3600



2025/2026 Grade 8 Course Programming - English Program

Last Name: _____ First Name: _____

Parent/Guardian Email _____

Parent/Guardian Phone # _____

Current Elementary School: _____

Required Courses

1. Humanities 8 (English)
2. Humanities 8 (Social Studies)
3. Math 8
4. Science 8
5. French 8
6. Physical and Health Education 8
7. Grade 8 Explorer Rotation A
 - Drama, Industrial Education, Sustainability and Textiles
8. Grade 8 Explorer Rotation B
 - Visual Arts, Dance/Music & Movement, Technology & Business

Band or Strings Option:

- Concert Band - The instrument you play is: _____
- Strings - The instrument you play is: _____

Explorer Rotation Preference
Circle one:
A or **B**

Band or Strings replaces one of the Explorer Rotations, please indicate a preference for which one to keep

Optional 9th course

- Choir – Takes place after school one day per week outside of the regular timetable

- Careers 8 will be delivered outside the regular timetable embedded in other subject areas and through special assemblies

If you will you be attending an Academy/Enhanced Program, which one? _____

Are you applying for a modified timetable through the Peak Performance criteria? _____

¹ Application and criteria can be found on school website, please note that time given for Peak Performance is taken off-site
² Peak Performance applications are due to the main office by Friday, May 30th, 2025

Handsworth Course Selection Guide available at:
www.sd44.ca/school/handsworth under "Courses & Programs"

Names of students with a current ministry identification, or requiring ELL and/or learning services will be forwarded to Handsworth by the Grade 7 teachers.

STUDENT _____
(Signature)

PARENT/GUARDIAN _____
(Signature)

BRING THIS COMPLETED FORM TO YOUR GRADE 7 TEACHER BEFORE March 3rd, 2025

ÉCOLE SECONDAIRE HANDSWORTH SECONDARY SCHOOL

www.sd44.ca/school/handsworth

(604) 903-3600



2025/2026 Grade 8 Course Programming – French Program

Last Name: _____ First Name: _____

Parent/Guardian Email _____

Parent/Guardian Phone # _____

Current Elementary School: _____

Required Courses

1. Français langue 8
2. Sciences humaines 8
3. Sciences naturelles 8
4. Éducation physique & santé en plein air 8
5. English Language Arts 8
6. Math 8
7. Grade 8 Explorer Rotation A
 - Drama, Industrial Education, Sustainability and Textiles
8. Grade 8 Explorer Rotation B
 - Visual Arts, Dance/Music & Movement, Technology & Business

Band or Strings Option:

Concert Band - The instrument you play is: _____

Strings - The instrument you play is: _____

Explorer Rotation Preference

Circle one:

A or B

Band or Strings replaces one of the Explorer Rotations, please indicate a preference for which one to keep

Optional 9th course

Choir – Takes place after school one day per week outside of the regular timetable

- Careers 8 will be delivered outside the regular timetable embedded in other subject areas and through special assemblies

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STUDENT _____
(Signature)

PARENT/GUARDIAN _____
(Signature)

BRING THIS COMPLETED FORM TO YOUR GRADE 7 TEACHER BEFORE March 3rd, 2025

Explore Electives

Explorer Rotation **A**

Drama

Industrial
Education

Sustainability
& Textiles

Explorer Rotation **B**

Visual
Arts

Dance
& Music

Technology &
Business

Sample Timetable

Day 1	Day 2
Tutorial Time	Tutorial Time
1 – Social Studies 8	5 – Math 8
2 – Explorer Rotation A	6 – English 8
3 – PHE 8	7 – Explorer Rotation B
4 – French 8	8 – Science 8

Sample Timetable: Choir

Day 1	Day 2
Tutorials/ Full Year - Twice a week - early start Concert Choir	Tutorials/ Full Year - Twice a week - early start Concert Choir
1 - Social Studies 8	5 - Math 8
2 - Explorer Rotation B	6 - English 8
3 - PHE 8	7 - Explorer Rotation A
4 - French 8	8 - Science 8

Sample Timetable: Band

Day 1	Day 2
Tutorial Time	Tutorial Time
1 - Band 8	5 - Math 8
2 - Social Studies 8	6 - English 8
3 - Science 8	7 - Explorer Rotation A OR B
4 - French 8	8 - Physical Health Ed 8 (PHE8)



Enhanced PHE8 Programs Academies for Grade 8s

@ SUTHERLAND:

ART (NOT A PHE PROGRAM)

BASKETBALL ACADEMY

FIELD HOCKEY ACADEMY (SUTHERLAND & RUTLEDGE)



@WINSOR SECONDARY:

DANCE

HOCKEY SKILLS

SOCCER



@ MOUNTAINSIDE SCHOOL

VOLLEYBALL



@ SEYCOVE:

ROWING

These are DISTRICT PROGRAMS - Apply @sd44.ca before March 6, 2025

Sample Timetable: Academy PHE

Day 1	Day 2
Tutorial Time	Tutorial Time
1 - Social Studies 8	5 - Math 8
2 - Explorer Rotation A	6 - English 8
3 - Science 8	7 - Explorer Rotation B
4 - French 8	8 - ACADEMY PHE 8

Sample Timetable: Academy AFK

Day 1	Day 2
Tutorial Time	Tutorial Time
1 - Social Studies 8	5 - Math 8
2 - Explorer Rotation A OR B	6 - English 8
3 - Science 8	7 - PHE 8
4 - French 8	8 - Art Academy (Artists For Kids Academy)

Handsworth Secondary School

WEEK 1 Schedule

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30-9:12	See teacher	TUTORIAL TIME: This instructional time will be part of a school wide system to support student success. All Grade 8s are expected to use Tutorial Time daily			
9:15-10:25	1	5	2	6	3
10:25-10:35	Break				
10:35-11:45	2	6	3	7	1
11:45-11:55	Break				
11:55-1:05	3	7	1	5	2
1:05-1:50	LUNCH				
1:50-3:00	4	8	4	8	4

Handsworth Secondary School

WEEK 2 Schedule

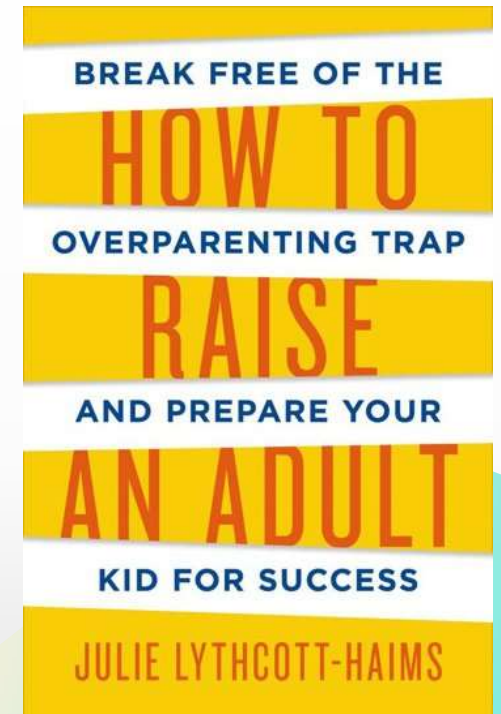
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30-9:12	See teacher	TUTORIAL TIME: This instructional time will be part of a school wide system to support student success. All Grade 8s are expected to use Tutorial Time daily			
9:15-10:25	7	1	5	2	6
10:25-10:35	Break				
10:35-11:45	5	2	6	3	7
11:45-11:55	Break				
11:55-1:05	6	3	7	1	5
1:05-1:50	LUNCH				
1:50-3:00	8	4	8	4	8

Peak Performers

- Designed for student athletes and performers with strong academic standing
- Scheduling accommodation - Students typically remove Physical and Health Education 8 or an elective course from their timetable
- Must be training 15hrs/week or more in one area
- Application on the website • Submit applications to the Main Office
- Deadline: May 1, 2025

Counselling and Student Services – Here to Help

- Assist students in formulating & reaching their educational goals
- Support families, connect to community supports when needed
- Support social emotional development
- Identify and respond to difficulties - referral to School Based Team and/or special programs
- Assist students with course requests



Freedom & Responsibility

Lunch time – students may leave campus at this time – opportunity for conversations about use of time, playing basketball or volleyball in the gym, quiet time in the library, join a club, find a place on campus to be with friends

Cafeteria – hot lunch, open at 10 minute break for grab and go, vending machines, tap card payment - opportunity for conversations and boundaries regarding finances, friendship, planning

Communicate with teachers – "is this for marks", not all work is required for marks, not all homework is checked - opportunity for conversation on what homework and study are, why they are important, what is a good workspace, checking in, talk through problem solving, how long is homework taking and why

Coming Up

- Feb 18 – 21 Counsellor & VP visit Elementary Schools
- March 3 Course Request due to grade 7 teacher
- April - Articulation Meetings at Elementary Schools
- May/June – Grade 7 Visits to Handsworth (date tbc)
- May - Communication from Handsworth School Based Team
- June - Communication regarding Cheakamus Retreat
- September – Fees for Retreat posted and due CashOnline
- September 2 - First day of School - Grade 8 Assembly & Activities



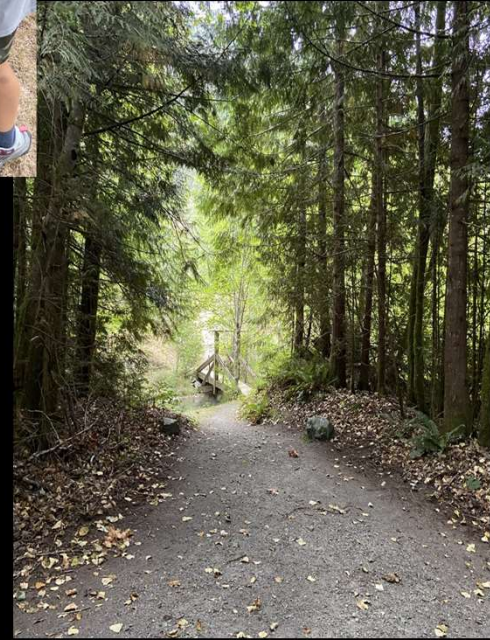
Grade 8s Connecting at Cheakamus





Team Work





**Students
made new
connections,
pushed
themselves,
tried new
things, and
made
memories.**





Questions?

Please feel free to stay for a few minutes & connect with us and each other