

## LYNN VALLEY ELEMENTARY SCHOOL

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Dear Lynn Valley Families,

Welcome to the 2024 / 2025 School Year. I hope everyone has had time to relax, rejuvenate and reconnect with family and friends over the summer. September is a time of new beginnings which will evoke many emotions in both students and adults. We acknowledge that there is excitement, anxiety, fear, happiness and all things in between and recognize that everyone is returning with a different set of emotions. We are fortunate to be part of such a supportive community and I am feeling very positive that we will continue to support each other with grace and kindness as we embark on a new year. It is going to be a great year!!

It's Construction Time!! Upon your arrival on Tuesday you will be greeted by fences, construction vehicles and the beginning stages of our new extension. We are all very excited to begin this process and are asking for your support to keep everyone safe. Please have a conversation at home about following school expectations regarding where students can play. As well, be sure to emphasize how important it is to stay away from fenced off areas, the parking lot and be extra cautious crossing roads. Parking may be limited, we encourage walking, rolling or riding to school. We will communicate regularly regarding any updates or changes as we navigate the construction process. We appreciate your patience.

I am exited to share that the playground reinstallation is almost complete. We are optimistic that we will be opening it to the students by the second week of September. We will keep you updated. Again, a big thank you to LVPAC, school staff and parents who have supported this process.

**SCHOOL SUPPLIES** A friendly reminder that school supplies have been purchased by each teacher for their students. The purpose of this process is to create continuity and hopefully reduce cost and waist. You will be sent a cash on line request, in the coming days, for 50 dollars to cover the cost of this purchase.

**Welcome** We are excited to announce some new additions to our school staff for the upcoming year. We believe these individuals will enhance our school community and contribute greatly to our students success. Katie Green, Natalia Dalle, Brandy Eller, and Michaela Schlumberger. Due to extenuating circumstance we are still in the process of completing our staff, so stay tuned for more announcements.

Finally, I would like to welcome Tony Haller to the role of Vice-principal. He is really excited to begin this new challenge.

Please find below important information for school start up. The staff is looking forward to seeing everyone on Tuesday, September 3<sup>rd</sup>

Sincerely,

Susan Teegen Principal

Tony Haller Vice-principal

#### What to expect next week

All students in Grades 1 to 7 will be welcomed back to school on <u>Tuesday, September 3<sup>rd</sup>.</u> Please note that the first day for all Grades 1 to 7 students is two (2) hours and classes will begin at 8:55 am and adjourn at 10:55 am. The first full days of classes for these grades begin on Wednesday, September 4<sup>th</sup> from 8:55 AM to 3:00 PM.

### On <u>Tuesday</u>, <u>September 3</u>:

- <u>ALL</u> returning students in Grades 1 to 7 will meet outside on the gravel field. There will be cones set up for students to line up behind based on last years division. Students will spend the two hours reconnecting with their peers.
- New students, are to report to the main entrance; they will be greeted by Mrs.
   Montgomerie, Mr. Haller and Mrs. Teegen and welcomed to the school. They will join in with their respective grade cohorts for the morning and can be picked up back at the main entrance.
- **Kindergarten students** will have a gradual entry. Information has been communicated to the Kindergarten parents in the first week of July. Please call the main office if you have any questions. 604 903 3260
- Parents will be notified Tuesday evening by email regarding the class placement of their student/s. Wednesday morning students are asked to meet on the gravel field and line up in their new division.

At Lynn Valley, we continue to prioritize the social-emotional well-being of all members of our learning community. There has been a lot of thought and planning put into student placement and we feel confident that this will be another successful year.

### On Wednesday, September 4<sup>th</sup>

- ALL students in Grades 1 to 7, will again meet on the gravel field.
- Kindergarten Families can refer to their gradual entry plan

The <u>Lynn Valley School</u> website has essential information, links and a copy of all school-based communications shared with families. You were recently sent an important communication from the school district regarding the completion of district permission forms using the school cash online system. It is important these are completed in a timely manner. Please contact the office if you require support. We are happy to help.

#### Safe and Active Travel and School Speed Zones

Back to school is a great time for families to practice and make a plan for students to get to and from school in safe and active ways. Check out the <u>Safe and Active Travel</u> webpage for more information.

## **Lynn Valley Approved Calendar**

Please refer to the <u>Lynn Valley Calendar</u> for information regarding professional development days, holidays and school and LVPAC events.

## **Bell Schedule**

- 8:50 Entrance Bell
- 8:55 First Instructional Period Begins
- 10:30 Recess
- 10:50 Second Instructional Period Begins
- 12:10 Play 12:40 Eat
- 1:00 Third Instructional Period Begins
- 3:00 Dismissal

#### **Health Related Updates**

A number of health and safety measures continue to be in place to support safe learning environments and to minimize the risk of transmissible illnesses in schools. We have universal (good for everyone) measures in place such as:

- Ensuring students who are unwell stay home until they are 24hr symptom free
- Personal hygiene support including hand washing and hand sanitizing
- Daily cleaning of high touch surfaces

## Tips for your child's success at school

Student's success at school is greatly influenced by how they are feeling on any given day.

Students are able to function better, think more clearly and show resiliency while at school if they have the following daily supports in place:

- adjust your child's bedtime and wake-up times a week before the start of school to prepare them for the back- to-school routine
- talk enthusiastically to your children about the new school year, reminding them of the fun they will have with their friends, even if they are not in the same class
- engage in physical activity for a minimum of 90 minutes per day
- ensure they get a minimum of 9 hours of sleep (reduce exposure to screen time for a minimum of 90 minutes prior to bedtime)
- eat a healthy breakfast that includes protein
- reduce sugary snacks / drink plenty of water throughout the day
- Get your children in the habit of choosing their clothing and organizing their back pack the night before to help the morning begin calmly.

# **WELCOME TO OUR NEW FAMILIES!!**

There is nothing more exciting than exploring new places and meeting new people! It can also create a bit of nervousness for some until routines and friendships are established. With that in mind, please join me in giving a big Lynn Valley welcome to our new families and their children that will attend school here this year! Please help them feel welcome in our community. Please also welcome our new Kindergarten students and their families!