



École Ross Road School

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École Ross Road Elementary School strives to foster an inclusive school community where everyone is valued and supported to realize their fullest potential as individuals and as a collective.

Monday Message

Dear Ross Road Families,

We hope this email finds you well. If you have not had a chance, please come by and check out the Collaborative Ceramic Mosaic Project that all the students in the school helped to create last year with artist Diane Espiritu, <https://espiritu.ca>. This beautiful original piece of art has now been hung in the main entrance on the east wall (up high).

Goal Setting Conferences-Sign up Link

Goal setting conferences are scheduled for three days the week of October 14th with early dismissal at 1:50pm October 15th, 16th, and 17th. These learning conferences are an opportunity for you to connect with the classroom teacher and your child to discuss all together areas of strength, areas for further growth, and set a goal. Attached is instructions and a link to sign-up. Classroom teachers will connect directly to families with more specific details.

Photo Day-This Friday

This Friday, October 11 is individual photo day. If they miss this photo day or you are unhappy with their photo, the retake day is Nov 12. Here is some advice from the photographers:

On your photo day

- Wear bright and solid colours; these will emphasize your face and smile
- Opting for long sleeves allows the face to stand out more in your photo
- Pack a comb just in case of an emergency

- If you normally wear glasses, feel free to keep them on. Our photographers are trained to reduce any apparent glare
- Remember to relax and have fun – today is your day!
- Check out the attached for more information

Reminder: Optional Beaver Computing Challenge grade 4-7

If you are interested, please contact Madame Capelle directly via email at ecapelle@sd44.ca, providing your child's full name, grade, division, and contest choice (5/6 or 7/8 BCC) by Thursday, October 17. (see last Monday Message for more details)

To learn more about the Beaver Computing Challenge, see previous contests, and access practice materials, please visit the website: [Beaver Computing Challenge | University of Waterloo - CEMC \(uwaterloo.ca\)](https://www.uwaterloo.ca/cehc/beaver-computing-challenge/)

PAC INFORMATION

Halloween Family Dance

The Halloween Dance is creeping up now on Tuesday October 29th in the gym. Tickets go on sale next week on Wednesday October 16th at 7am- the event is FREE! but everyone will still be required to get a ticket on Munch-a-Lunch. Keep an eye out for a chance to level up the fun by volunteering.

The Card Project

Students are completing their artwork for The Card Project. Please register online. Every child who has completed the online consent form will receive a free greeting card that showcases their art with their name and grade printed on the back. Please go to www.thecardproject.ca to sign up. Deadline to complete the consent form, so that your child can participate in 'The Card Project', is Friday, October 11, 2024.

North Vancouver School District Information

Mental Health Awareness Week: October 6-12

Mental Illness Awareness Week (MIAW) is an annual national public education campaign designed to help open the eyes of Canadians to the reality of mental illness. The week was established by the Canadian Psychiatric Association and is now coordinated by the Canadian Alliance on Mental Illness and Mental Health (CAMIMH) in cooperation with all its member organizations and many other supporters across Canada.
<https://www.camimh.ca/miaw>

World Mental Health Day: October 10

<https://wmhdofficial.com/about-2024/>

"...health Literacy is one of the foundational drivers of good health and also the creator of competencies to take care of yourself..." -Dr. Stan Kutcher

World Mental Health Day was established on October 10, 1992 by the World Federation for Mental Health. Since then, it has been observed every year with the aim of raising awareness in the global community about critical mental health agendas through collaboration with various partners to take action and create lasting change. Over the years, this day has gained momentum, becoming a platform for governments, organisations, and individuals to develop initiatives that focus on various aspects of mental health care.

Mental Health Literacy for Families

Check out this link: <https://mentalhealthliteracy.org> for comprehensive Mental Health Literacy support & this School District Social Emotional Learning and Mental Health link

[https://www.sd44.ca/sites/SEL/Pages/default.aspx#/=](https://www.sd44.ca/sites/SEL/Pages/default.aspx#/) for more specific local support and resources.

Link to Superintendent's Updates [here](#) & other helpful district links for Parents and Guardians [here](#).

Important Dates:

October 7 – Boys Basketball game @Upper Lynn Elementary

October 8 – Girls Basketball game @Upper Lynn Elementary

October 9 – Barn Dance, Cross Country Mini Meet at McNair Park, and PAC Meeting on Zoom

October 11 – Individual Student Photos

October 14 – Thanksgiving, no school

October 15-17 – Goal Setting Conferences, dismissal at 1:50pm

October 16 – Cross Country Race @Loutet

October 17 – Great Shakeout Earthquake drill

October 18 – Boys Basketball game @Eastview

October 21-24 – Grade 6 Outdoor School

October 21 – Boys Basketball game @Lynn Valley

October 22 – Girls Basketball game @Boundary

October 24 – Cross country race grade 4/5 @Loutet

October 25 – Professional Development Day (no school for students)

October 28 – Boys Basketball @Argyle

October 29 – Girls Basketball @Argyle, PAC Halloween Dance

October 30 – Early Dismissal at 1:50pm for Staff Collaboration, Cross Country Race grade 6/7

Please remember to check the school [website](#) for important dates, a copy of all school newsletter and other important information. You are also encouraged to **subscribe** to the [school calendar](#).

<https://www.sd44.ca/school/rossroad/Pages/default.aspx#/=>

Kind regards,

Kate Lechleiter, Principal
klechleiter@sd44.ca

Menina Colangelo, Vice Principal
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