

SEYMOUR HEIGHTS ELEMENTARY PAC NEWSLETTER



The Parent Advisory Council (PAC) of Seymour Heights Elementary School acknowledges and honours the səliłwətał TWN, Słkwxwú7mesh Squamish, and x̣ṃəθḳẉəỵəm Musqueam nations, on whose unceded lands the school resides. We offer sincere gratitude and respect to the original and continued stewards of this land. We are committed to relearning Canadian history and continuously learning the truth about Indigenous experiences and how to advocate for reconciliation as individuals and as a PAC team.

WELCOME BACK!

Welcome back BBQ

Thank you to all the volunteers who made this event possible and thank you to all the families who joined us after the Meet the Teacher session.

What a great start to the year!

Total profits for this event were just over \$1500 which will be used towards the three-year technology upgrade program we initiated last year!



UPCOMING EVENTS!

Intercultural Planning Committee

The Intercultural Committee will meet monthly starting Tues, October 1st at 7pm [online](#).

PAC sponsored Indigenous-lead play for all K-7 students

Seymour Heights has booked Green Thumb Theatre Group to perform their show The Mixolydian for students on Wednesday, October 9th and there will be a follow-up parent ed session on October 10th in the evening. Save the date; we're just finalizing details!

Fundraisers

Watch for dates and links on Konstella!

- [School lunch program \(now!\)](#)
- [Mitchell's Soup Company \(now!\)](#)
- Spirit wear (Oct)
- Growing Smiles plants (Nov)
- Neufeld Farms (Nov)
- We will start collecting donations for our annual holiday market on Fridays in October! Updates on Konstella!

TRUTH & RECONCILIATION AND ORANGE SHIRT DAY

Friday, Sept 27th

In order to create awareness about the truths of the history of Canada's residential schools, honour the survivors, and commit to actions toward reconciliation, Seymour Heights staff and students are encouraged to wear orange shirts on Friday September 27th.

To learn more about the meaning of this day, check out: orangeshirtday.org or nctr.ca.

If you're looking for an orange shirt, Pete Natrall is a [Squamish Nation](#) artist who designs beautiful shirts based on his family stories. Last year, we were able to purchase nineteen shirts for Seymour Heights staff from Pete! Reach out to him sooner than later while he has your sizes (inclusive sizing!) in stock. [EMAIL](#) or [WEB](#).

Communication

For all updates, reminders and opportunities, please make sure that you are registered on Konstella, Join your child's class, and set your preferred notifications.



Monday September 30th was intended as a day of reflection. For ways to participate in Truth and Reconciliation, see the linked [event listings](#).

What is PAC?



The Seymour Heights Parent Advisory Council is your link to the school. If you have a child at Seymour Heights you are automatically a member of the PAC! Every parent who attends a meeting has a voice to help make decisions to determine what the PAC does.

Our PAC Executive consists of family volunteers who work with the community to make the school a great place for the students to learn. We are committed to our school's goal of inclusion for the students and their families, in order to bring the school community and neighbourhood together.

Any grown ups of a Seymour Heights student are welcome to attend any meeting without commitment or registration. Any involvement from our families is always appreciated!

Your PAC Executive Team September 2024 to May 2025

Chair: Erin Bulycz

Vice Chair: Vesta Emmett

Secretary: Donna Fullerton and Koryn Heisler

Treasurer: Kate Watson

Family of Schools Representative: Sarah Manvell

District PAC Representative: Sara Elton

Members At Large:

Fundraising Committee: Kylie Mains

Hot Lunch Committee: Jen Avey

Grade 7 Parent Committee: Vacant

Communications Committee: Jessica Culpitt

Yearbook Committee: Lori Weston

Safety Committee: Corrie Diligenti

NVPAC Anti-Racism Rep: Erin Bulycz

Meeting Dates for 2024-2025

Thursday, September 12

Thursday, October 17

Thursday, November 14

Thursday, January 16

Thursday, February 20

Thursday, April 10

Thursday, May 8 (AGM)

Thursday, June 12

Please note that meeting are going to be Hybrid (online and in person in the school staffroom).

All meetings start at 7:00 pm and normally last 90 minutes.

EVERYONE is welcome!

Your Class Leads!

Div 13: Stephanie MacLeod

Div 12: Lora Linklater

Div 11: Tanya Truong

Div 10: Alana Duckett

Div 9: Shannon Mulhall

Div 8: Shar McRobie

Div 7: **class lead needed**

Div 6: Kylie Mains

Div 5: Jessica Culpitt

Div 4: Karen Spitzer

Div 3: **class lead needed**

Div 2: **class lead needed**

Div 1: **class lead needed**

Please remember to slow down and no parking in the drop off zone!

INTERESTED IN VOLUNTEERING?

Email theseymourheightspac@gmail.com

with any comments, concerns, questions, or suggestions. We'd love to see you at the meetings in-person or online!



The fall session of the hot lunch program is now open for ordering!

We have vendors delivering hot lunch on Mondays, Wednesday and Fridays starting Oct 2nd, 2024. Please be sure to place your orders at least ten days prior to the lunch date. This session runs until the end of January 2025.

Thank you for your participation in the hot lunch program and helping with PAC fundraising!

If you're interested in volunteering with the hot lunch program by sorting and handing out lunches please contact jenny.avey@gmail.com