

Daily Announcements – Monday February 3

Good morning Sutherland! This morning, please take a moment to recognize that February is Black History Month in Canada. This is a time to honour the achievements, contributions, and history of Black Canadians, both past and present. Black communities have played a vital role in shaping Canada, from early settlements like Africville in Nova Scotia or Hogan's Alley in Vancouver, to key figures such as Viola Desmond, who challenged racial segregation, and Lincoln Alexander, the first Black Member of Parliament and Lieutenant Governor of Ontario. Their courage and leadership continue to inspire us today. This month is an opportunity to celebrate Black excellence in art, music, science, sports, and activism. It's also a time to reflect on the ongoing fight for equality and how we can all be part of a more inclusive future. Throughout February, take the time to learn, listen, and support Black voices in our school and community. Whether it's through books, films, or conversations, every effort counts in recognizing and appreciating Black history—not just this month, but all year round.

Hey sabres!! It's pep rally day! Come support your senior basketball teams in the large gym today at lunch and watch an exciting skills relay challenge and dance performance! Let's raise that School pride! Go sabres go!

Hey Sutherland, get excited as Valentine's Day is almost here, and we are bringing the candy grams back! From February 3rd to February 10th student council will be selling our iconic valentines memes cards during lunch. Make sure you figure out your special persons SEMESTER 2 PERIOD 4 class as the candy grams will be delivered on February 13th.

Attention grads! The grad council is excited announce that we will be having a Ski theme day this Friday! Show up in toques, goggles, and much more! We can't wait to see you decked out in your ski gear!

Course Change Request forms will be available Monday February 3rd - Thursday February 13th. Please fill the form out in its' entirety and make sure you and your parents sign the form before handing it back to your grade counsellor. Please remember these are "requests" as space is limited.

Attention Grade 9-12 students who identify as female or gender diverse! Jill of All Trades is back on April 10th at BCIT Burnaby! Join us for a hands-on day exploring skilled trades, meeting industry pros, and enjoying great food and prizes. See Ms. Nieken-Spence to register—space is limited!

Explore a career in law enforcement with the Day in the Life of an RCMP Officer event! February 18&19. Dive into hands-on activities, career insights, and Q&A with RCMP officers. Please see Ms. Nieken-Spence to sign up!

Are you a mountain biker? Then join the Sutherland Mountain Bike team! QR codes are placed around the school. Note, you DO NOT need to participate in the races to join the team. Please see Ms. Smyth in room C203 for more details.

Come and support your Senior boys basketball team tonight as they take on Rockridge at 7:30pm. We will also be celebrating our seniors tonight in their last home game. Hope to see you there!!!