

2025/26
SUTHERLAND SECONDARY

Grade 11/12 Course Programming Presentation



Welcome

We would like to start by acknowledging and thanking the Coast Salish people whose traditional territory North Vancouver School District resides.

We would like to express our continued gratitude to the Squamish Nation and Tsleil Waututh Nation, and we value the opportunity to learn, live, and share educational experiences on this traditional territory.



Agenda

- Grad Program
- Grade 11/12 course options
- Opportunities at Sutherland
- Course Requests
- Summer Learning/Online Learning
- Life after Highschool



Administration



Mark Barrett
Principal
Grade 10



Shannon Smart
Vice-Principal
Grade 8 & 11



Daylen Luchsinger
Vice-Principal
Grade 9 & 12



Counselling



Samantha Lo
Grade 8 and 10



Bhashy Pather
Grade 12, ELL Int. &
Choices



Khatija Dhanji
Grade 9 & 11



Planning for Graduation and Beyond..

Highschool Graduation

- 80 credits(minimum)
Grade 10-12
- Second language is not required to graduate
- Any Math 11 will fulfil graduation requirements

Post-Secondary Entrance

- High school graduation with institution specific requirements
- Most universities require the Foundation/Pre-Calculus Math pathway to at least Grade 11
- Some post-secondary programs accept Workplace Math 11



Grad Program at a glance

80 credits over Grade 10-12 including the courses below:

- A Language Arts 10 (4 credits)
- A Language Arts 11 (4 credits)
- A Language Arts 12(4 credits)
- A Mathematics 10 (4 credits)
- A Mathematics 11 or 12 (4 credits)
- An Applied Design, Skills and Technologies or Arts Education 10, 11 or 12 (4 credits)
- Social Studies 10 (4 credits)
- A Social Studies 11 or 12 (4 credits)
- Science 10 (4 credits)
- A Science 11 or 12 (4 credits)
- Physical and Health Education 10 (4 credits)
- Career Life Education 10 (4 credits)
- Career Life Connections 12 (4 credits)
- Indigenous-focused (4 credits included in Socials and English)

48
credits
of
required
courses

28 elective credits (AT LEAST 16 MUST BE AT THE GRADE 12 LEVEL)

Numeracy and Literacy Provincial Assessments (Grade 10 & 12)



Grade 11

GRADE 11 PROGRAM

The Grade Eleven program consists of eight (8) courses:

CORE COURSES	ELECTIVE COURSES
1. English 11 (<i>choose from options</i>)	6. Elective
2. Social Studies 11/12 (<i>choose from options</i>)	7. Elective
3. Mathematics 11 (<i>choose from options</i>)	8. Elective
4. Science 11 (<i>choose from options</i>)	Optional 9 th courses (<i>held off timetable</i>) <ul style="list-style-type: none">• Concert Band 11• Choir 11• Jazz Band 11• Musical Theatre 11• Athletic Leadership 11• Media Design 11 (Yearbook)
5. Elective	



Grade 12

GRADE 12 PROGRAM

The Grade Twelve program consists of seven (7) courses + Career Life Connections (**full spare Block**)

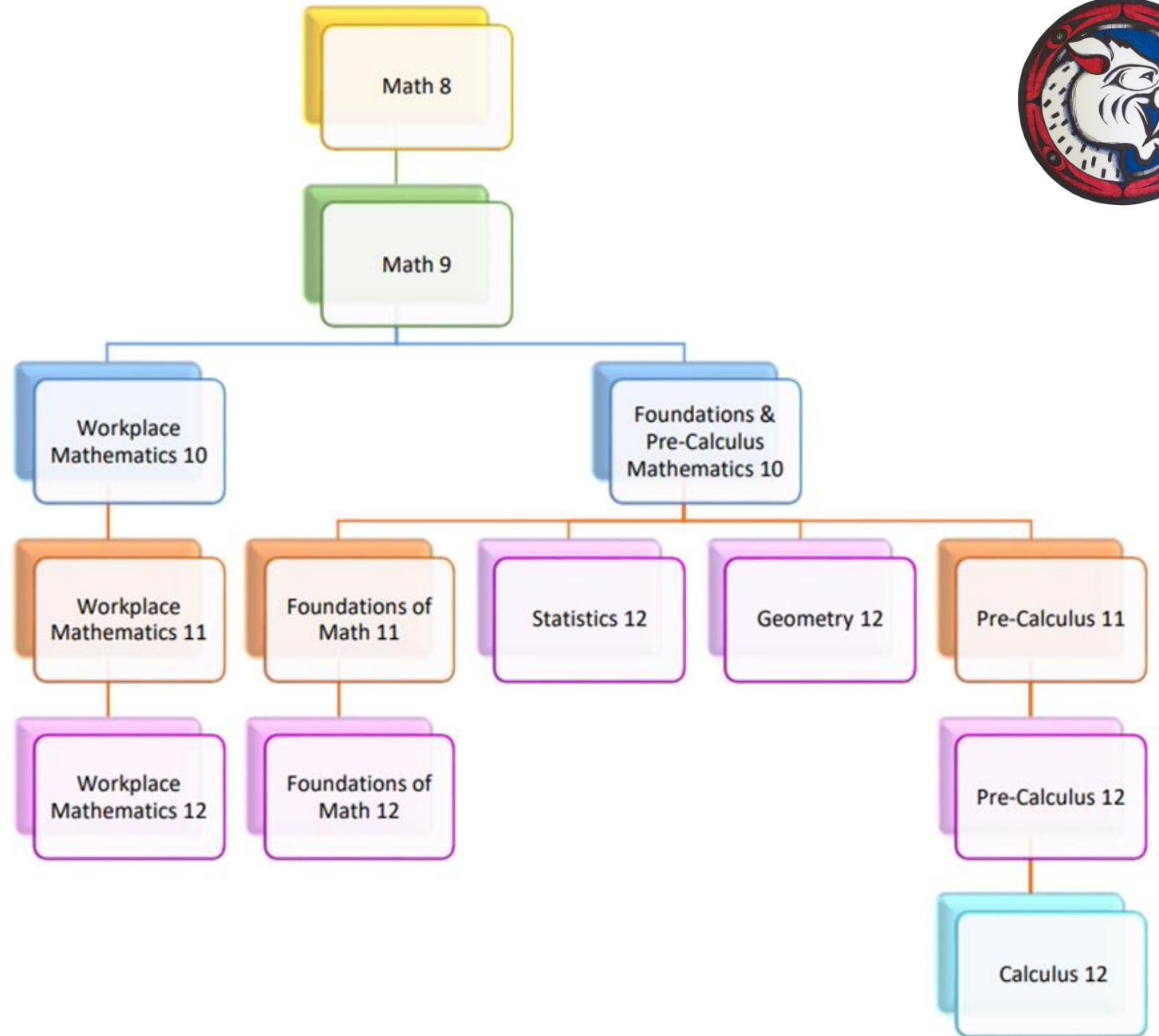
CORE COURSES	ELECTIVE COURSES
1. English Studies 12	5. Elective
2. Career Life Connections (CLC) - will run outside timetable creating a spare block	6. Elective
3. Elective (academic 12)	7. Elective
4. Elective (academic 12)	8. Elective

*9+. Choir, Yearbook, Band 12, Jazz Band, Athletic Leadership, and LAC
(Outside the timetable as X block)



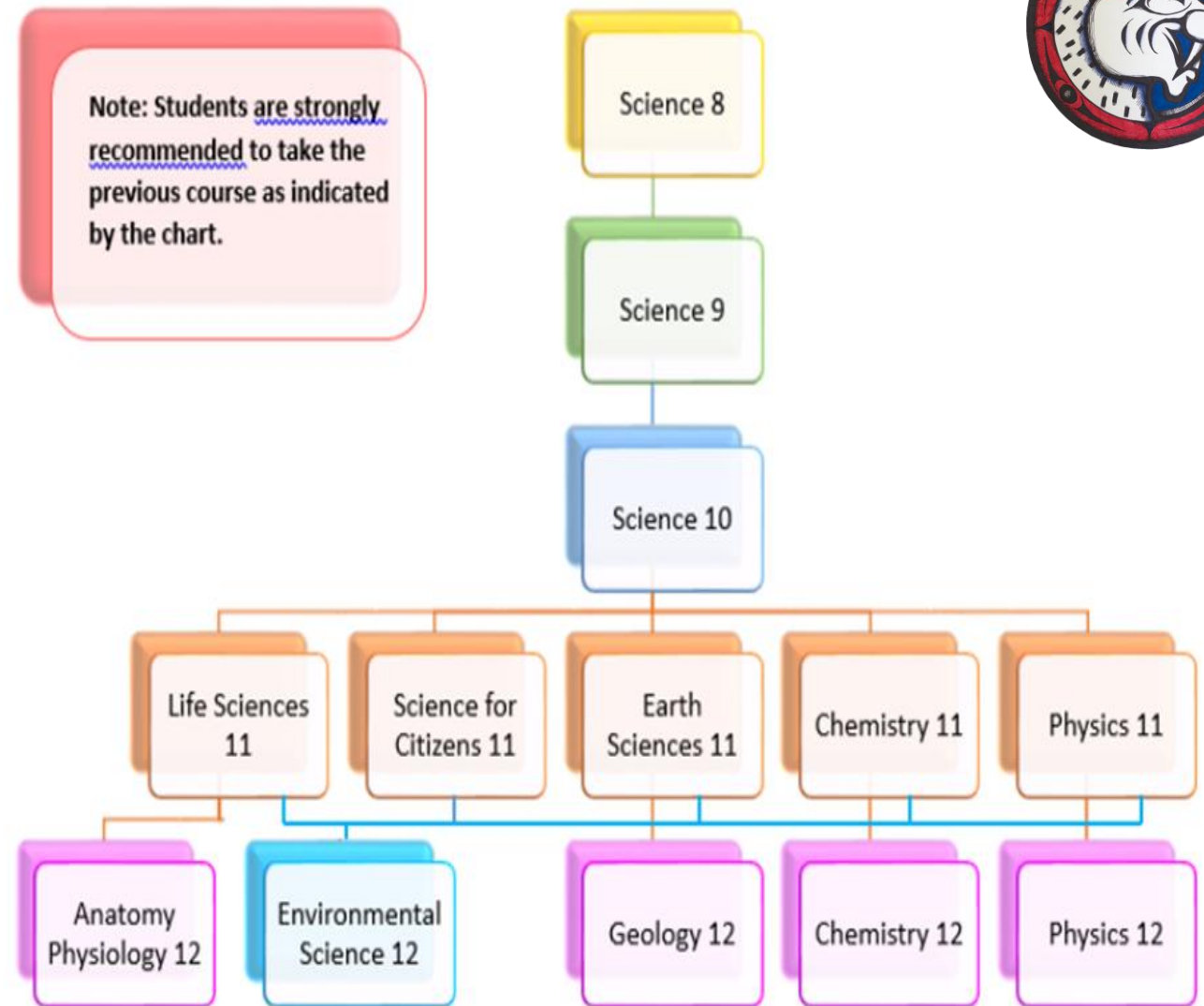


Mathematics



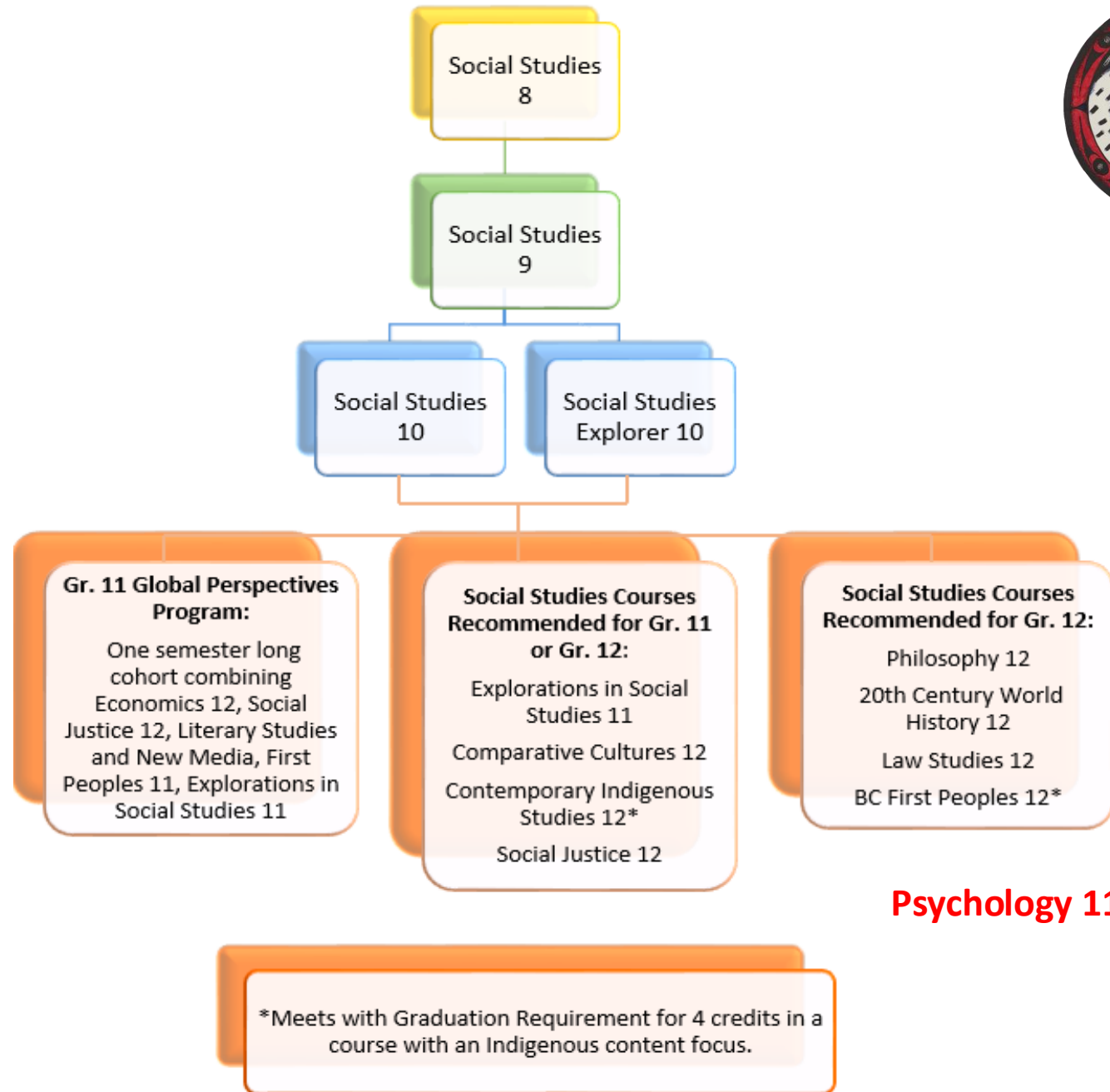
Science

Note: Students are strongly recommended to take the previous course as indicated by the chart.



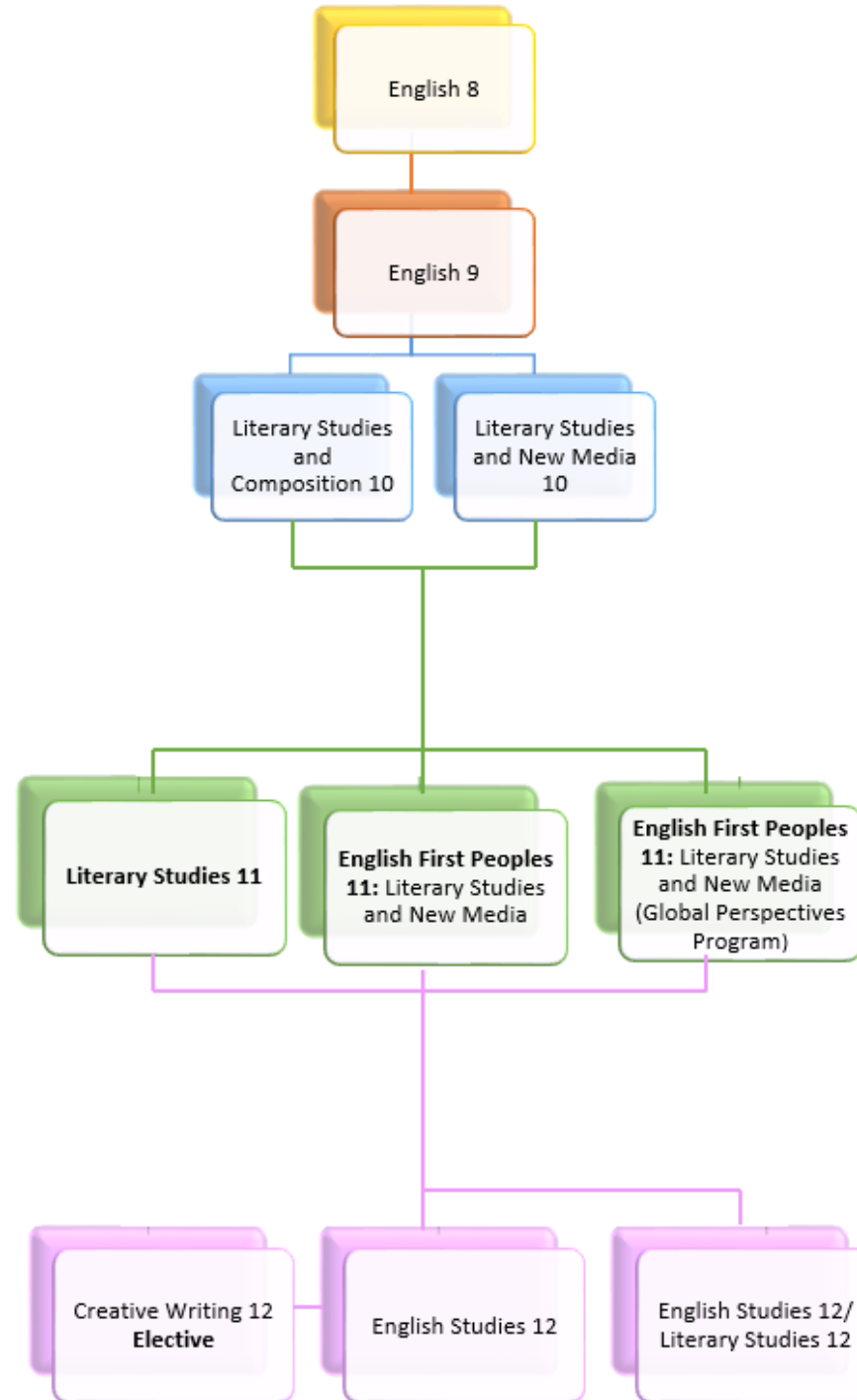


Social Studies

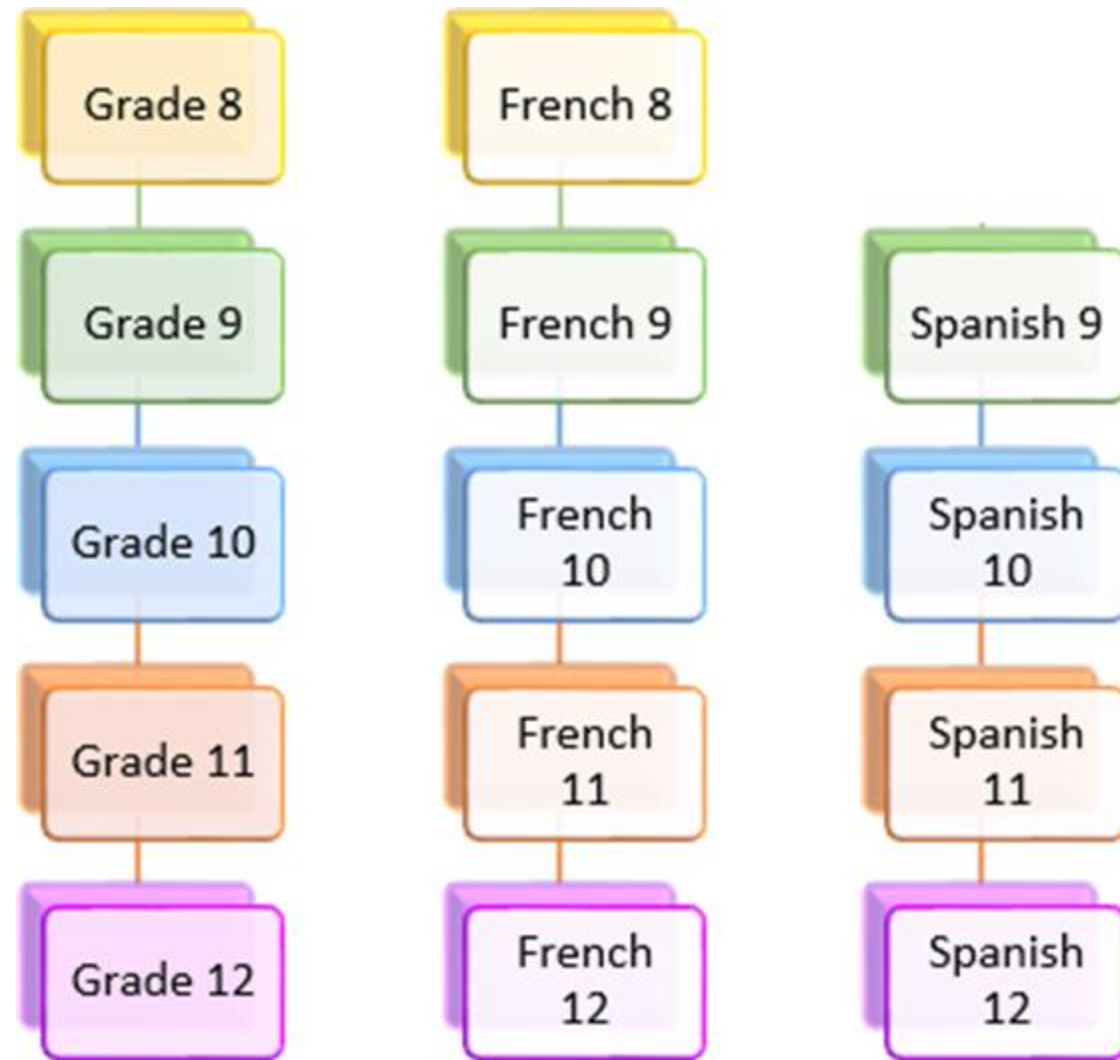


Psychology 11/12

English



Languages



X-Block Courses

- Concert Band 11/12
- Jazz Band 11/12
- Concert Choir 11/12
- Musical Theater 11/12
- Media Design 11/12 - Yearbook
- Athletic Leadership 11/12
- Career Life Connections 12
(CLC)



Music Courses

	Monday	Tuesday	Wednesday	Thursday	Friday
7:40 – 9:10 X-BLOCK	CHOIR	SR.BAND	CHOIR	SR.BAND	JAZZ BAND
LUNCH 1:05-1:50	Tutorials	Tutorials		Tutorials	Tutorials
3:05-4:30 X-BLOCK			JAZZ BAND		



Support

- LSC 11/12 (Learning Support Center)
- Choices
- LAC 11/12 (Learning Assistance Center)
- ELL (English Language Learning)



Opportunities at Sutherland

- Global Perspectives Program (GPP)
- YELL
- Work Experience
- Career Education Opportunities (Grade 10-12)
- Academies
- Peak Performance
- Study Block – there will be a natural study block as CLC will be outside the timetable – grade 12 ONLY

Request February 28, 2025



Global Perspectives

- Explorations in Social Studies 11
- Literary Studies & New Media First Peoples 11
- Social Justice 12
- Economics 12
- All 4 courses grouped in Semester 2
- Application process
- Fee required



YELL

(Entrepreneurship 12)



Accelerated Learning

Sept – Jan

Students learn business concepts
(2.5 hours weekly)



Industry Exploration

Sept – Jan

Students learn from entrepreneurs and industry leaders
(Part of Accelerated Learning)



Business Incubator

Feb – May

Students work with mentors to build a business venture
(Student led + check-ins)



Venture Challenge

May

Students pitch their ventures to panels of judges (industry leaders, investors and community support organizations)



Why YELL?

- ✓ Gain practical experience, and build connections into the business community
- ✓ Hear from real-world entrepreneurs
- ✓ Receive 4 credits towards high school graduation
- ✓ Outside of the regular timetable to appeal to a broader group of students
- ✓ Ministry-approved learning outcomes
- ✓ Teacher led, practitioner supported
- ✓ Collaborative and project-based learning
- ✓ Interdisciplinary & innovative
- ✓ Concept and competency driven
- ✓ Shared stories & experiences
- ✓ Mentor supported learning

Career Programs

Work Experience/Internship 12A and 12B GRADE 10-12

Youth Work in Trades WRK 11A, 11B, 12A, 12B Apprenticeship GRADE 10-12

Youth Train in Trades Apprenticeship GRADE 11 AND 12

4 credits/ course

Dual Credit
4 credits toward graduation for each course completed – don't need all 120 hours of work-based credit towards apprentice certification
Earn as you learn

Dual credit
Generally, 16+ credits towards graduation

20 hours of course work

MOE course work
Training Plan

NVSD pays
Level 1 of your technical trades training.

90 hours of work experience

120 hours of work-based training (paid)

Work based hours towards apprenticeship is credited – Full time enrollment @ post-secondary for 3-10 months

Learning Facilitator:
Work Experience Teacher/Work Experience Facilitator

Learning Facilitator:
Work Experience Teacher/Apprenticeship Sponsor

Learning Facilitator:
Partner with post-secondary institution or an ITA-certified training facility.

Academies

ACADEMIES

- **Basketball** – *Sutherland & Moutainside*
- **Volleyball** – *Sutherland & Mountainside*
- **Rowing** – *Deep Cove*
- **Field Hockey** – *Rutledge Field – W.Van*
- **Soccer** – *Windsor Bubble*
- **Hockey** – *CanLan Sports - Windsor*
- **Robotic, Mechatronic, and Digital Fabrication (RMD)** -
 - *Zen Maker Lab – Shipyards*
- **Dance** – *Seymour Dance Studio*
- **Artists for Kids (AFK)** - *Sutherland*
- **Digital Media Design (DMA)** - *Argyle (transfer required)*

Online application window opens Thursday, January 16th

ENHANCED PROGRAMS

- Young Entrepreneurship Leadership Launchpad (YELL)
- IB Diploma Program
- Outdoor Education Counsellor Leadership Program (OE)
- French Immersion
- NVOL
- Summer Learning

Course Requests

- The 2025-26 timetable is built on course requests made at this time.
- Request the elective courses which you feel are most suitable to your interest and/or ability. (Elective courses may change based on space and/or availability.) If enrollment numbers are low, courses may not run.
- Consider your course decisions carefully as course changes may not be possible later.
- Submit by deadline – students who are on time receive priority.





Grade 11 Course Request Sheet

2025-2026

Last Name: _____ First Name: _____
 Parent/Guardian Email: _____ Parent/Guardian Phone #: _____
 Are you planning to attend an Academy/Enhanced Program? Y / N (circle one)
 If so, which one _____?
 Are you applying for Peak Performance? ____ Applications due Feb. 28, 2025 to Sutherland Main Office.
 Are you currently accessing LAC? ____ Choices? ____ ELL? ____ Are you an International student? ____

Course Request Sheet

Course Requests

Graduation Requirements

Required Courses	Credits	Required Courses (completed in Grade 10, 11, and 12)	Credits
1. <input type="checkbox"/> A Language Arts 11 <input type="checkbox"/> Literary Studies 11 <input type="checkbox"/> Literary Studies & New Media First Peoples 11	4	A Language Arts 10	4
2. (a Social Studies 11/12)	4	A Language Arts 11	4
3. (a Science 11)	4	A Language Arts 12	4
4. (a Math 11)	4	An Applied Skills or Fine Arts Course 10,11,12	4
5.	4	A Mathematics 10	4
6.	4	A Mathematics 11 or 12	4
7.	4	Career Life Education 10	4
8.	4	Career Life Connections 12	4
Optional Off-Timetable Classes:		Physical Health Education 10	4
9.*		Science 10	4
10.*		A Science 11 or 12	4
Alternates in Priority Order:		Social Studies 10	4
1.		A Social Studies 11 or 12	4
2.		An Indigenous Focused Course 11 or 12	
3.		Elective Courses	28

Student Signature _____ Parent Signature _____ Date _____

See the Course Programming Guide on the Sutherland website for further information about courses.

Please Return Signed Form to Main Office by Friday, February 28, 2025.

Course Request Sheet



SUTHERLAND SECONDARY SCHOOL

Grade 12 Course Request Sheet

2025-2026

Last Name: _____ First Name: _____

Parent/Guardian Email: _____ Parent/Guardian Phone #: _____

Are you planning to attend an Academy/Enhanced Program? Y / N (circle one)

If so, which one _____?

Are you applying for Peak Performance? _____ Applications due Feb. 28, 2025 to Sutherland Main Office.

Are you currently accessing LAC? _____ Choices? _____ ELL? _____ Are you an International student? _____

Course Requests

Graduation Requirements

Required Courses	Credits	Required Courses (completed in Grade 10, 11, and 12)	Credits
1. A Language Arts 12 <input type="checkbox"/> English Studies 12 <input type="checkbox"/> Literary Studies 12 + English Studies 12 (Cohort – Full Yr*)	4 (8*)	A Language Arts 10	4
2. Career Life Connections 12 (running off-timetable in 2025-26)	4	A Language Arts 11	4
3.	4	A Language Arts 12	4
4.	4	An Applied Skills or Fine Arts Course 10,11,12	4
5.	4	A Mathematics 10	4
6.	4	A Mathematics 11 or 12	4
7.	4	Career Life Education 10	4
8.	4	Career Life Connections 12	4
Optional Off-Timetable Classes:		Physical Health Education 10	4
9.*		Science 10	4
10.*		A Science 11 or 12	4
Alternates in Priority Order:		Social Studies 10	4
1.		A Social Studies 11 or 12	4
2.		An Indigenous Focused Course 11 or 12	
3.		Elective Courses	28




Student Signature _____ Parent Signature _____ Date _____

Please be aware that all Grade 12 students will have a Study Block by *default* due to the structure of CLC 12 for the 2025-26 school year. See the Course Programming Guide on the Sutherland website for further information about courses.

Please Return Signed Form to Main Office by **Friday, February 28, 2025.**

Requests

- My Details
- Transcript
- Current Schedule
- Contacts
- Attendance
- Assessments
- Notifications

Options ▾ | Reports ▾ | Help ▾ | Search on CrsNo   

<< Exit entry mode

2023-2024 - Requests: 0 primary, 0 alternate - Scheduled: 0% - Credits: 0.0

Instructions

SUTHERLAND SECONDARY SCHOOL

Grade 11 Course Requests

Course information can be found at [Sutherland Course Programming Guide](#)







1. Click on **SELECT** to begin your selections.
2. Click on **SELECT** for all other subject areas and choose courses as appropriate.
3. You must choose a minimum of **8** courses not including X BLOCK courses.
4. For any special programs (Academies, PEAK, etc.) choose the appropriate **PHE COURSE** and leave a message for the counsellor in the **NOTES FOR COUNSELLOR** section.
5. Remember to click **POST** to save your selections.

Requests

Requests
Details

Graduation
Progress

Primary requests

	Subject area	SchoolCourse > CrsNo	SchoolCourse > Description
 Select...	Core Courses		
 Select...	Core Courses		
 Select...	Core Courses		
 Select...	Core Courses		
 Select...	Electives		
 Select...	X Block Course		

Alternate requests

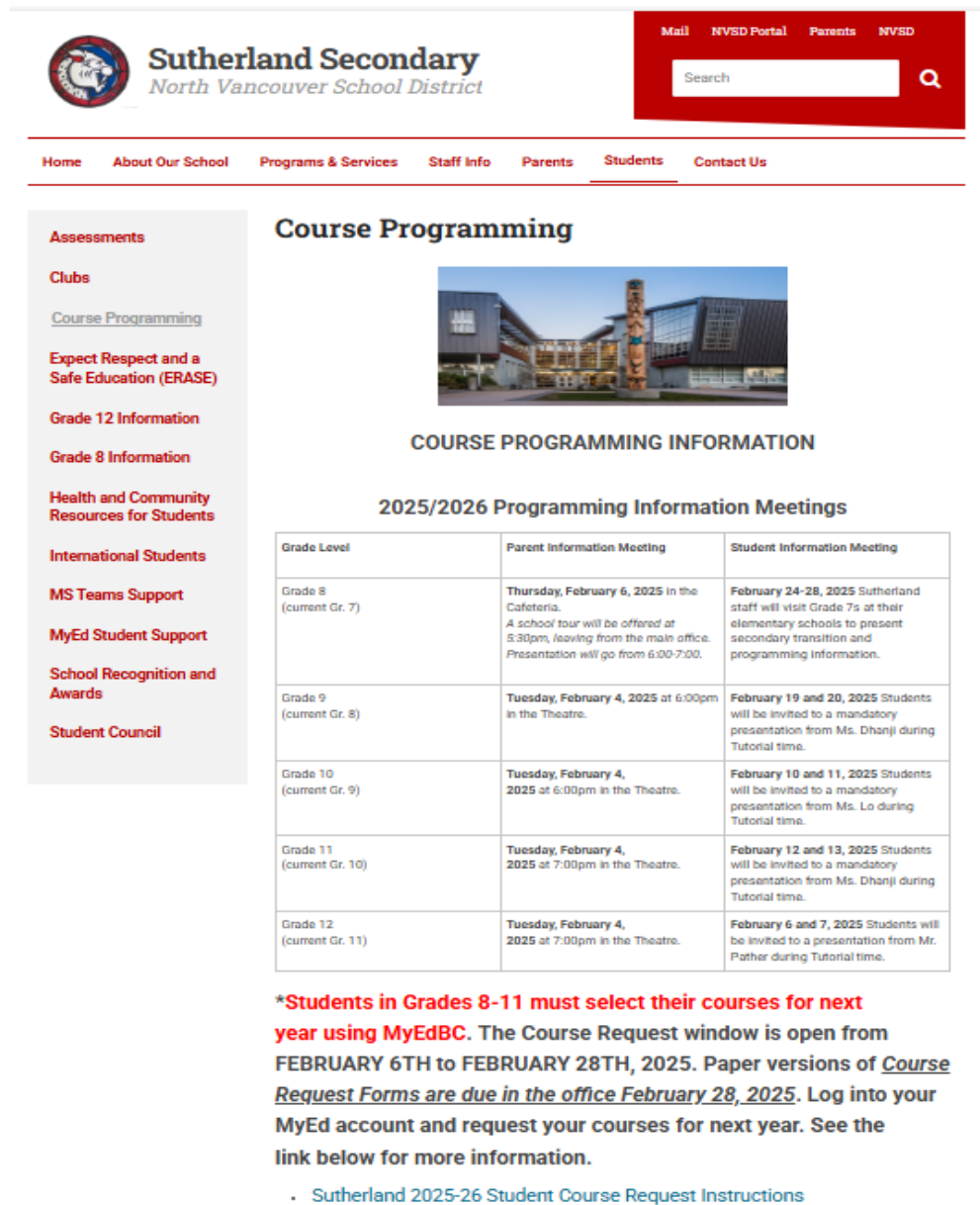
	Subject area	SchoolCourse > CrsNo	SchoolCourse > Description
 Select...	Alternates		

Helpful Resources

- Sutherland Website
- Post-Secondary Websites and Virtual Tours
- Work BC – Career Information by region, career and training - [Home | WorkBC](#)
- NVSD44 Website
- Education Planner (for entrance requirements to BC colleges / universities www.educationplanner.ca)
- School Counsellors, Teachers, Staff, & Grade Administrators
- Parents



Sutherland Website



The screenshot shows the Sutherland Secondary website for North Vancouver School District. The header includes the school logo, name, and navigation links for Mail, NVSD Portal, Parents, and NVSD. A search bar is also present. The main navigation menu includes Home, About Our School, Programs & Services, Staff Info, Parents, Students, and Contact Us. A sidebar on the left lists various school resources such as Assessments, Clubs, Course Programming, ERASE, Grade 12 Information, Grade 8 Information, Health and Community Resources for Students, International Students, MS Teams Support, MyEd Student Support, School Recognition and Awards, and Student Council. The main content area is titled "Course Programming" and features a photograph of the school building. Below the photo is the heading "COURSE PROGRAMMING INFORMATION" and a sub-heading "2025/2026 Programming Information Meetings". A table provides details for each grade level, including the date and time of parent and student information meetings. A red text block below the table provides important information for students in grades 8-11 regarding course selection for the next year.

Sutherland Secondary
North Vancouver School District


Mail NVSD Portal Parents NVSD

Search

Home About Our School Programs & Services Staff Info Parents **Students** Contact Us

Assessments
Clubs
[Course Programming](#)
Expect Respect and a Safe Education (ERASE)
Grade 12 Information
Grade 8 Information
Health and Community Resources for Students
International Students
MS Teams Support
MyEd Student Support
School Recognition and Awards
Student Council

Course Programming



COURSE PROGRAMMING INFORMATION

2025/2026 Programming Information Meetings

Grade Level	Parent Information Meeting	Student Information Meeting
Grade 8 (current Gr. 7)	Thursday, February 6, 2025 in the Cafeteria. A school tour will be offered at 8:30pm, leaving from the main office. Presentation will go from 6:00-7:00.	February 24-28, 2025 Sutherland staff will visit Grade 7s at their elementary schools to present secondary transition and programming information.
Grade 9 (current Gr. 8)	Tuesday, February 4, 2025 at 6:00pm in the Theatre.	February 19 and 20, 2025 Students will be invited to a mandatory presentation from Ms. Dhanji during Tutorial time.
Grade 10 (current Gr. 9)	Tuesday, February 4, 2025 at 6:00pm in the Theatre.	February 10 and 11, 2025 Students will be invited to a mandatory presentation from Ms. Lo during Tutorial time.
Grade 11 (current Gr. 10)	Tuesday, February 4, 2025 at 7:00pm in the Theatre.	February 12 and 13, 2025 Students will be invited to a mandatory presentation from Ms. Dhanji during Tutorial time.
Grade 12 (current Gr. 11)	Tuesday, February 4, 2025 at 7:00pm in the Theatre.	February 6 and 7, 2025 Students will be invited to a presentation from Mr. Pather during Tutorial time.

***Students in Grades 8-11 must select their courses for next year using MyEdBC. The Course Request window is open from FEBRUARY 6TH to FEBRUARY 28TH, 2025. Paper versions of Course Request Forms are due in the office February 28, 2025. Log into your MyEd account and request your courses for next year. See the link below for more information.**

- [Sutherland 2025-26 Student Course Request Instructions](#)

What happens
if I am
NOT successful
in a course?

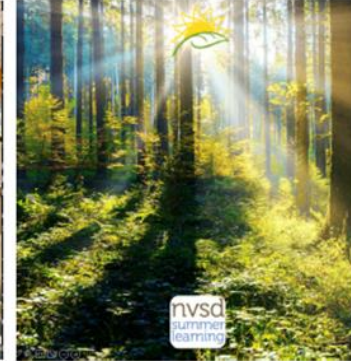
Talk to the counsellor about options:

- Summer Learning
- Online Learning
- Repeating a course within same school year
- Taking two grade levels in 1 year



Summer Learning

Summer Learning 2025



Summer Learning offers students an engaging learning environment to:

- explore and extend your learning
- challenge yourself academically
- earn credits toward graduation
- fulfill your personal learning goals

Summer Learning course offerings:

- [Full Credit Academic Grade 10-12 Courses](#) (Including options to meet the Indigenous-Focused Graduation Requirement)
- [7/8 Transition](#) into Secondary School
- [English Language Learning \(ELL\)](#)
- [Eslha7an](#) Secondary Review & Completion
- [Numeracy 8/9](#) Foundations
- [Literacy 8/9](#) Foundations

For more information and to register, visit www.sd44.ca/school/summer

Registration is open to all students within and beyond the North Vancouver School District:

- Registration opens May 1st, 9 a.m. for NVSD students
- Registration opens May 15th, 9 a.m. for students outside the NVSD
- Registration closes June 23rd, 12 p.m. (noon) for all students

TO LEARN MORE: www.sd44.ca

[f](#) [x](#) [@](#) @nvsc44


North Vancouver
School District
the natural place to learn™

Summer Learning

Summer Learning Details



Programs	Foundations Courses	Full Credit Academic Courses
	ELL Literacy Numeracy 7/8 Transition	Gr. 10 -12 Courses Required for Graduation
Location	Argyle Secondary	Argyle Secondary
Dates	July 2, 2023 – July 18, 2025	July 2 – July 31, 2025
Times	8:30am - 11:55am	8:30am - 12:30pm

Visit the website for more info: <https://www.sd44.ca/school/summer>

Summer Learning

Full Credit Course Offerings (Subject to enrollment and staffing)



Grade 10	Grade 11	Grade 12
Social Studies 10	Chemistry 11	Anatomy & Physiology 12
Physical & Health Education 10	Foundations of Math 11	BC First Peoples 12
Science 10	Life Sciences 11	Chemistry 12
English Composition & Spoken Word 10	Literary Studies 11	English Studies 12
	Physics 11	English First Peoples 12
Foundations of Math & Pre-Calculus 10	Pre-Calculus 11	Physics 12
		Pre-Calculus 12

Please Note – these are INTENSIVE courses as students are completing an entire course in one month (80+ hours). In addition to the 4 hours of morning class, students can expect to be doing work outside of classtime.

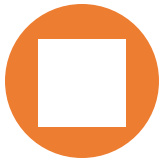
Online Learning

Grade 8 -12 Course Offerings

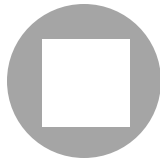
- Arts Education
- Applied Design, Skills & Technologies (ADST)
- English Language Arts
- Languages (Core French)
- Mathematics
- Sciences
- Social Studies
- Physical & Health Education



Possible Pathways After Graduation



WORK



TRAVEL



CERTIFICATE
8 MONTHS –
1 YEAR



DIPLOMA
1-2 YEARS



APPRENTICESHIP 1-4
YEARS



UNIVERSITY
TRANSFER
1-2 YEARS



UNDERGRADUATE
DEGREE
4-5 YEARS



GRADUATE
DEGREE
1-2 YEARS

University Admission Requirements

Most BC Universities will look at GPA based on English 12 and 3-5 approved academic courses

- Look at pre-requisites and recommended courses and averages

Out of Province

- Usually looking for English 12 and 4 Ministry approved courses



Examples -

UBC - 2026

General Requirements:

- high school graduation
- English 11 or 12 (67%)
- 6 grade 12 subjects

Faculty of Arts:

Lang. Arts, Math, Socials, Languages, Perf. Arts.

Faculty of Science:

Chemistry 11, Physics 11

- courses in Math and Science

Sauder Business:

- English 12
- Pre-Calculus 12
- courses in Lang. Arts, Math, Socials

*6 courses

UVIC – 2026

Humanities

English 11

Approved Science 11, Approved Socials 11/12, Math 11 (foundations/Pre-calc)

- English Studies 12 or English First Peoples 12 (min. 67%)
- Three approved academic 12 courses

Sciences

-English 11, Pre-Calc 11, Chem 11 Physics 11, approved Socials 11/12

-English 12, Pre-Calc 12, 2 sciences 12

*4 courses



**Based on Jan.
2025 requirements**

Examples - 2

SFU –2026

Humanities/Arts

English 12 (first peoples req)
Math 11 - (Found/Pre-Calc)

Science 11

Socials 11/12

*5 grade 12 subjects

Sciences

English 12

Math 11 (Found/Pre-Calc)

Chemistry 11 and Physics 11

Socials 11/12

Math 12 (Pre-Calc)

Science 12 X 2 (Calc)

*5 grade 12 subjects

Beedie School of Business

Math 11 (Pre-Calc)

Science 11

Socials 11/12

*5 grade 12 subjects

Capilano University - 2026

- Grade 12 English
- A minimum grade point average of 2.0 (60%) calculated on English Studies 12
- Two academic Grade 12 courses

*3 grade 12 subjects



Smaller Schools with Transfer Options

Other schools may include:

- Douglas College
- Kwantlen
Polytechnical
School
- Langara College

Vancouver Community College

- BC Graduation



Trades, Technical and Art Institutions

- Apply early as some are "first come, first admitted"
- Some have long waitlists
- Requirements will depend on program of study
- Entry test may be required
- Portfolios and interviews may be required
- ****Check websites for details****



EACH PSI HAS ITS VERY OWN ADMISSION REQUIREMENTS

You **must** check with Institutions for -

- General requirements
- Faculty/Program requirements
- Courses (Grade 11 & 12)
- **Second language** and Math requirements
- English language requirements for ELL students
- Each institution and faculty are unique and there may be changes each year. **Be sure to double check**
- Admissions averages - competitive

- Personal Profile
- Extra-Curricular Involvement (Athlete, Musician, Actor, etc)
- Volunteer/Work
- Life Circumstances

**THERE IS MORE TO
UNIVERSITY
ACCEPTANCE
THAN JUST
GRADES.....**

Student's Responsibilities

- Research
- Ask questions
- Choose courses based on skill level and interest
- Complete course programming form and get signature from parent/guardian
- Log on to MyEd and load courses
- Submit form by **February 28, 2025**
- Check course verification forms



What Can Parent's/ Guardians Do?

- Support your child's exploration of post-secondary options – start early!
- Ask – what do you like and what are you good at?
- Look at budgets and finances
- Look at more than just the programs at schools you are researching
- Teach them to be self-advocates
- Connect with your child's counsellor in case you have any concerns or questions
- Sign the course programming form





Student Transcripts Service Information For Students

Student Transcripts Service (STS) is an online application for students to view their school marks, transcripts, scholarships and send transcripts electronically to post secondary institutions and employers.



- Step 1** Google://BCeID
- Select "Basic"
 - Complete the fields to register for Basic BCeID
 - **"DO NOT USE YOUR SCHOOL EMAIL FOR REGISTERING"**
Select your password reset Questions and Answers (remember these as you will need them if you forget your password).
 - Log out
- Step 2** Google://Order Transcripts & Certificates - Province of British Columbia
- Click "Current Student". Then scroll 1/2 way down the page to Student Transcripts on right side of page.
 - Log in with: BCeID
 - Click "Continue" on security message
 - Go to: **Register for Student Transcript Service** (STS) page - **COMPLETE**
 - An email will be sent to the email address you provided
 - When email is received on your phone
 - Activate on phone, hit continue
 - Log out on phone
- Step 3**
- Once activated, log onto:// www.studenttranscripts.gov.bc.ca using your BCeID and password.
 - On "My Dashboard"
 - Click on "send/order your transcript"
 - Select "I consent"
 - Click on "send transcripts"
 - Choose post secondary school(s)
 - Move each school choice to the right hand side
 - Go to next step
 - Select send to University
 - Select I have reviewed my order
 - Select "Add order to cart"
 - Submit order
- You should see "your request was received successfully"
- Check that all the schools are listed
- YOU ARE DONE!

Register for BCeID and Student Transcripts Service

Can see Provincial Assessment results

Can send transcripts to institutions

NEED to know your PEN number

Questions?

Course Request Sheets are due:

**Friday February 28,
2025**

to the Main Office

