

SUTHERLAND SECONDARY

Grade 8-9 & 9-10  
Course Programming  
Presentation

Tuesday Feb 4<sup>th</sup> 2025



# Welcome & Land Acknowledgement

The North Vancouver School District is situated upon the unceded traditional territory of the Squamish Nation and Tsleil-Waututh Nation. We would like to thank the Coast Salish people for the opportunity to learn, share and grow on this traditional territory.



# Administration



**Mark Barrett**  
Principal  
Grade 10



**Shannon Smart**  
Vice-Principal  
Grade 8 & 11



**Daylen Luchsinger**  
Vice-Principal  
Grade 9 & 12



# Counselling

Samantha Lo



Grade 8 & 10

Bhashy Pather



Grade 12,  
International/ELL &  
Choices

Khatija Dhanji



Grade 9 & 11



# Agenda

- Course Planning Resources
- Grade 9 Courses/Electives
- Grade 10 Courses/Electives
- Socials Explorers 10
- Academies & Enhanced Programs
- PEAK Performance
- Summer & Online Learning
- How to use MyEd
- Important Dates



# Course Planning Resources

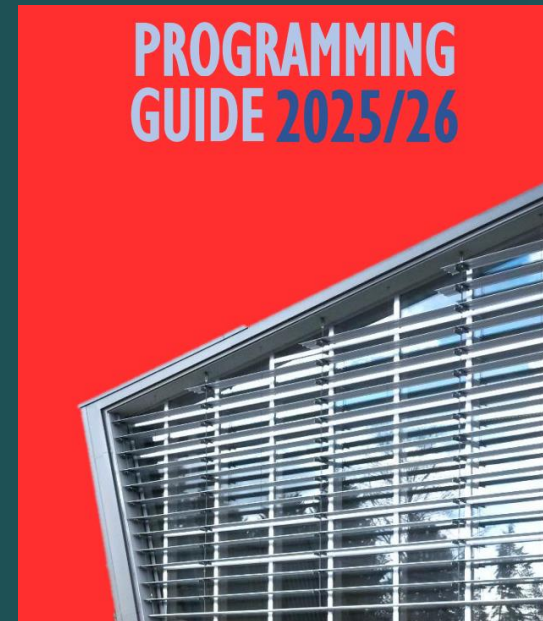


## Sutherland Website

The screenshot shows the Sutherland Secondary website homepage. At the top left is the school logo and name: "Sutherland Secondary North Vancouver School District". To the right is a search bar with a magnifying glass icon. Below the header is a navigation menu with links: Home, About Our School, Programs & Services, Staff Info, Parents, Students, and Contact Us. The main content area features two informational cards: "Winter Weather Safety Information" and "Monday, January 15th, is Black Excellence Day". A large red banner for "Secondary Enhanced Programs & Academies Night - January 18" is visible, with text inviting families and students in Grades 7 to 11 to learn about enhanced programs and academies offered at the event.

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## Course Guide



### Inside

- Grad Requirements
- Course Descriptions
- Pathways

# Grade 9 Course Requests:

7

## REQUIRED COURSES (5)

- English
- Math
- Science
- Socials
- Physical & Health Education

## ELECTIVES (3)

**TOTAL: 8 courses**

### Note:

Grade 9 courses are not part of the graduation program. However, they provide the necessary skills/fundamental knowledge for success in grade 10 courses which are part of the graduation program.



## Grade 9 Electives



- Food Studies 9
- Woodwork 9
- Metalwork 9
- Drafting 9
- Electronics & Robotics 9
- Inform. & Comm. Tech 9
- Entrepreneurship & Marketing 9
- French 9 (prerequisite to French 10)
- Spanish 9 (prerequisite to Spanish 10)
- Band 9/ Guitar 9
- Choir 9\*/Jazz Band 9\*
- Visual Arts 9
- Drama 9
- Musical Theatre 9\*







## Planning for Graduation and Beyond...

“exit plan does not mean entrance plan”

### Highschool Graduation

- 80 credits (minimum) Grade 10-12
  - 3 Provincial Assessments
- A second language is not required to graduate
- Any Math 11 will meet graduation requirements

### Post-Secondary Entrance

- High school graduation with institution specific requirements
- A second language although beneficial to have, is not required to enter UBC and SFU
- Universities require students to take math up to grade 11. Consider program – specific requirements when selecting a Math 11 course.

## Grade 10 Program

The Grade Ten program consists of eight (8) courses including:

- English 10
- PHE 10
- Socials Studies 10
- Careers 10
- Math 10 (FMPC or WP)
- Elective
- Science 10
- Elective

\* SFU and UBC do not require a language for entry into programs

**Grade 10**



# 80 Credit Breakdown

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## 52 CREDITS OF REQUIRED COURSES COMPOSED of (13 courses)

- ✓ Literary Studies 10
- ☐ Literary Studies 11
- ☐ English Studies 12
- ✓ Social Studies 10
- ☐ Social Studies 11 or 12
- ✓ Science 10
- ☐ Science 11 or 12
- ✓ Mathematics 10
- ☐ Mathematics 11 or 12
- ✓ Physical Health Education 10
- ✓ A Fine Art or Applied Skill 10, 11 or 12
- ✓ Career Life Education 10
- ☐ Career Life Connections 12

## 28 CREDITS OF 10, 11, 12 Elective Courses (16 must be Gr 12 Level)

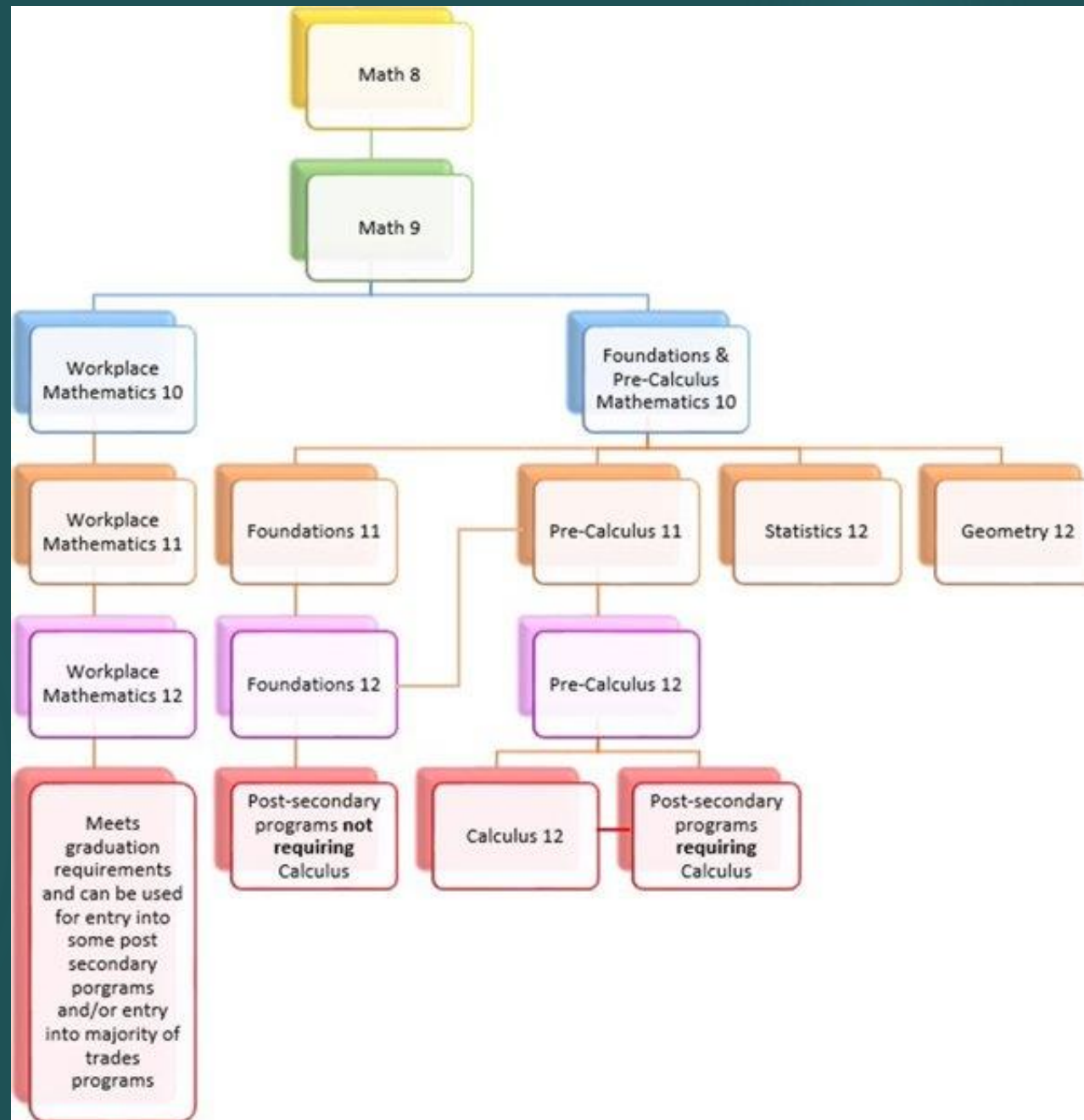
(7 courses)

### Other

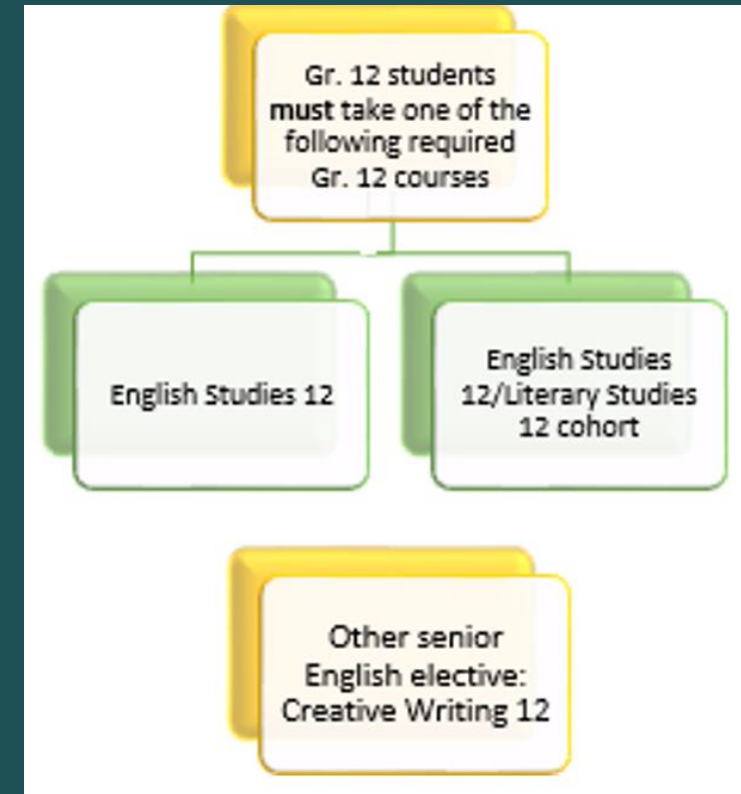
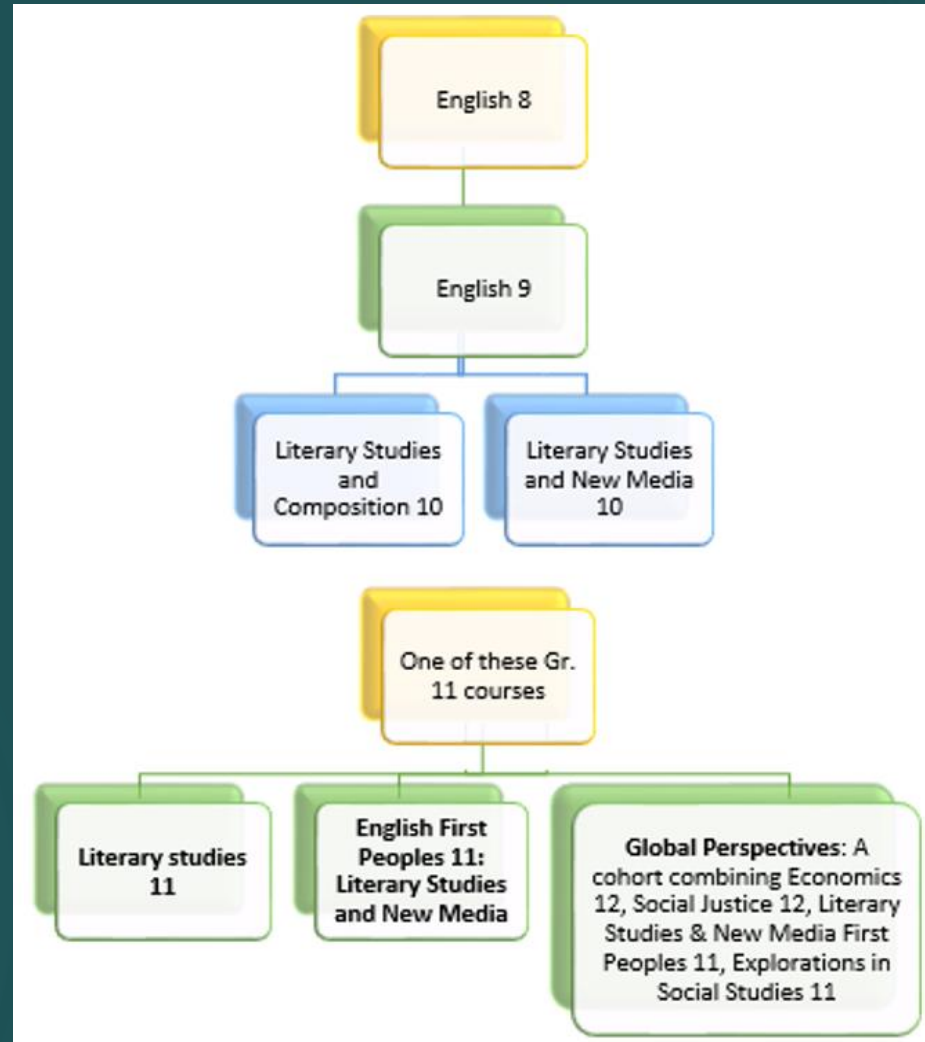
- ✓ Numeracy 10 Assessment
- ✓ Literacy 10 Assessment
- ☐ Literacy 12 Assessment
- ☐ Course in Indigenous Studies



# Math Pathways



# English Pathways



## Grade 10 Electives

- Food Studies 10
- Woodwork 10
- Metalwork 10
- Drafting 10
- Electronics 10
- Inform. & Comm. Tech 10
- Entrepreneurship & Marketing 10
- French 10
- Spanish 10
- Guitar 10
- Arts Studio 10
- Theatre Company 10
- Theatre Production 10



**Grade 10 Electives  
X-Block Courses**

- Concert Band 10\*
- Concert Choir 10\*
- Jazz Band 10\*
- Musical Theatre 10 \*



## X-Block Classes "outside timetable"

### Music Program

	Monday	Tuesday	Wednesday	Thursday	Friday
7:40 – 9:10 X-BLOCK	CHOIR	SR.BAND	CHOIR	SR.BAND	JAZZ BAND
LUNCH 1:05-1:50	Tutorials	Tutorials		Tutorials	Tutorials
3:05-4:30 X-BLOCK			JAZZ BAND		





## Socials Explorers 10

- Combines Socials Studies 10 & Outdoor Education 11
- Careers 10 can be taken online
- Afternoon blocks (Period 3 & 4) in one semester course
- Environmental & Experiential Learning (30 WEX hours need to be completed)
- By application due Feb 28<sup>th</sup>
- For details see Mr. Abreu (D201)
- Costs approximately \$650-\$750



## Academies & Enhanced Programs



### Academies

- *Basketball*
- *Volleyball*
- *Rowing*
- *Field Hockey*
- *Soccer*
- *Hockey*
- *Robotics, Mechatronic and Digital Fabrication*
- *Dance*
- *Artist for Kids*
- *Digital Media Academy*
- *Digital Media Academy Lite*

### Enhanced Programs

- *Young Entrepreneurship Leadership Launchpad*
- *IB Diploma Program*
- *Counsellor Leadership Program (Outdoor school)*

- Information for each program is available on the School District website – *programs* tab
- Registration start Jan 17<sup>th</sup> to Mar 6<sup>th</sup>
- Application available via District Website
- Email any questions to [academies@sd44.ca](mailto:academies@sd44.ca) or [jwong@sd44.ca](mailto:jwong@sd44.ca)

## Peak Performance

- Students need to be involved in a minimum of 15 hours per week of elite level sports
- Competition/performance at Provincial, or National level in a sport or program recognized in the Ministry of Education's External Credentials Program
- Requires an application and
  - Recommendation of the Coach/Trainer
- Approval by School Admin.
- Deadline for application Feb 28th





## Important Considerations

- The 2025-26 timetable is built on course requests made at this time.
- Request the elective courses that are most suited to your interest and ability. (Elective courses may change based on space and availability.) If enrollment numbers are low, courses may not run.
- Consider your course decisions carefully as course changes may not be possible later.
- Submit by deadline – students who are on time receive priority Due Date: **Friday Feb 28th**
- **MyEd online window open Feb 6<sup>th</sup> – Feb 28<sup>th</sup>**



# Course Request Forms



## SUTHERLAND SECONDARY SCHOOL Grade 10 Course Request Sheet 2025-2026

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
Parent/Guardian Email: \_\_\_\_\_ Parent/Guardian Phone #: \_\_\_\_\_

Are you planning to attend an Academy/Enhanced Program? Y / N (circle one)

If so, which one \_\_\_\_\_?

Are you applying for Peak Performance? \_\_\_\_\_ Applications due Feb. 28, 2025 to Sutherland Main Office.

Are you currently accessing LAC? \_\_\_\_\_ Choices? \_\_\_\_\_ ELL? \_\_\_\_\_ Are you an International student? \_\_\_\_\_

### Course Requests

### Graduation Requirements

Required Courses	Credits	Required Courses (completed in Grade 10, 11, and 12)	Credits
1. English 10 <input type="checkbox"/> Composition 10 + Literary Studies 10 <input type="checkbox"/> New Media 10 + Literary Studies 10	4	A Language Arts 10	4
2. Social Studies 10	4	A Language Arts 11	4
3. Science 10	4	A Language Arts 12	4
4. Math 10 <input type="checkbox"/> Workplace Mathematics <input type="checkbox"/> Foundations Of Mathematics & Pre-Calculus	4	An Applied Skills or Fine Arts Course 10,11,12	4
5. Career Life Education 10	4	A Mathematics 10	4
6. Physical & Health Education 10 <input type="checkbox"/> PHE 10 <input type="checkbox"/> Fitness and Conditioning 10 <input type="checkbox"/> Fitness and Conditioning 10 – Female Identifying/Girls	4	A Mathematics 11 or 12	4
Electives in Priority order:		Career Life Education 10	4
7.	4	Career Life Connections 12	4
8.	4	Physical Health Education 10	4
Optional Off-Timetable Classes:		Science 10	4
9.*		A Science 11 or 12	4
10.*		Social Studies 10	4
Alternates in Priority Order:		A Social Studies 11 or 12	4
1.		An Indigenous Focused Course 11 or 12	
2.		Elective Courses	28
3.		Total	80

Student Signature \_\_\_\_\_ Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

See the Course Programming Guide on the Sutherland website for further information about courses.

Please Return Signed Form to Main Office by **Friday, February 28, 2025.**



# Course Request Forms



SUTHERLAND SECONDARY SCHOOL

## Grade 9 Course Request Sheet

2025-2026

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_  
Parent/Guardian Email: \_\_\_\_\_ Parent/Guardian Phone #: \_\_\_\_\_  
Are you planning to attend an Academy/Enhanced Program? Y / N (circle one)  
If so, which one \_\_\_\_\_?  
Are you applying for Peak Performance? \_\_\_\_\_ Applications due Feb. 28, 2025 to Sutherland Main Office.  
Are you currently accessing LAC? \_\_\_\_\_ Choices? \_\_\_\_\_ ELL? \_\_\_\_\_ Are you an International student? \_\_\_\_\_

### Required Courses

1. English 9
2. Math 9
3. Physical & Health Education 9
4. Science 9
5. Social Studies 9

### Electives in Priority Order: \*indicates off-timetable courses

6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
- \*9. \_\_\_\_\_
- \*10. \_\_\_\_\_

### List 3 Alternates in Priority Order:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### Notes for Counsellor:

Student Signature \_\_\_\_\_ Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

See the Course Programming Guide on the Sutherland website for further information about courses.

Please Return Signed Form to Main Office by Friday, February 28, 2025.

## Learning Supports

- ELL (English Language Learning)
- LAC (Learning Assistance Center)
- LSC (Learning Support Center)
- Choices (social-emotional mental health)

Please indicate on course request sheet if student is currently accessing the above learning supports.



**What happens if I am  
NOT successful in a  
course?**

Talk to the counsellor about options:

- Summer Learning
- Online Learning
- Repeating a course within same school year
- Taking two grade levels in 1 year







## Summer Learning

Registration  
May 1- June 23, 2025

Programs	Foundations Courses	Full Credit Academic Courses
	ELL Literacy Numeracy 7/8 Transition	Gr. 10 -12 Courses Required for Graduation
Locations	Argyle Secondary	Argyle Secondary
Dates	July 2, 2024 – July 18, 2025	July 2 – July 31, 2025
Times	8:30am - 11:55am	8:30am - 12:30pm

Visit the website for more info: <https://www.sd44.ca/school/summer>



## Summer Learning

Grade 10	Grade 11	Grade 12
English Composition & Spoken Word 10	Literary Studies 11	English Studies 12
Foundations of Math & Pre-Calculus 10	Pre-Calculus 11	English First Peoples 12
Science 10	Foundations of Math 11	BC First Peoples 12
Social Studies 10	Chemistry 11	Pre-Calculus 12
Physical and Health Education 10	Physics 11	Chemistry 12
	Life Sciences 11	Physics 12
		Anatomy and Physiology 12

# Summer Learning



Registration      Register through  
May 1- June 23, 2025      School Cash Online or  
   Summer Learning  
   Website

[www.sd44.ca/school/summer](http://www.sd44.ca/school/summer)





## Online Learning

“Anytime  
Anywhere  
Learning”

[Home - North Vancouver  
Online Learning \(sd44.ca\)](http://sd44.ca)

Grade 9	Grade 10	
English 9	Career Life Education 10	Foundations of Math and Pre-Calculus 10
Math 9	Literary Studies 10	Workplace Mathematics 10
Science 9	Composition 10	Social Studies 10
Social Studies 9	New Media 10	Physical and Health Education 10
	Spoken Language 10	French 10
	Creative Writing 10	



## Work Experience

<p><b>Work Experience/Internship</b> <b>12A and 12B</b> <small>GRADE 10-12</small></p>	<p><b>Youth Work in Trades</b> <b>WRK 11A, 11B, 12A, 12B</b> <b>Apprenticeship</b> <small>GRADE 10-12</small></p>	<p><b>Youth Train in Trades</b> <b>Apprenticeship</b> <small>GRADE 11 AND 12</small></p>
<p>4 credits/ course</p>	<p>Dual Credit 4 credits toward graduation for each course completed – don't need all 120 hours of work-based credit towards apprentice certification Earn as you learn</p>	<p>Dual credit Generally, 16+ credits towards graduation</p>
<p>20 hours of course work</p>	<p>MOE course work Training Plan</p>	<p>NVSD pays Level 1 of your technical trades training.</p>
<p>90 hours of work experience</p>	<p>120 hours of work-based training (paid)</p>	<p>Work based hours towards apprenticeship is credited – Full time enrollment @ post-secondary for 3-10 months</p>
<p>Learning Facilitator: Work Experience Teacher/Work Experience Facilitator</p>	<p>Learning Facilitator: Work Experience Teacher/Apprenticeship Sponsor</p>	<p>Learning Facilitator: Partner with post-secondary institution or an ITA-certified training facility.</p>



# How to use MyEd

Pages My Info Calendar

## Requests

My Details Options Reports Help Search on CrsNo

Transcript << Exit entry mode

Current Schedule 2023-2024 - Requests: 0 primary, 0 alternate - Scheduled: 0% - Credits: 0.0

Contacts

Attendance

Assessments

Notifications

Requests

Requests Details

Graduation Progress

### Instructions

SUTHERLAND SECONDARY SCHOOL  
Grade 11 Course Requests

Course information can be found at [Sutherland Course Programming Guide](#)

1. Click on SELECT to begin your selections.
2. Click on SELECT for all other subject areas and choose courses as appropriate.
3. You must choose a minimum of 8 courses not including X BLOCK courses.
4. For any special programs (Academies, PEAK, etc.) choose the appropriate PHE COURSE and leave a message for the counsellor in the NOTES FOR COUNSELLOR section.
5. Remember to click POST to save your selections.

### Primary requests

	Subject area	SchoolCourse > CrsNo	SchoolCourse > Description
Select...	Core Courses		
Select...	Core Courses		
Select...	Core Courses		
Select...	Core Courses		
Select...	Electives		
Select...	X Block Course		


### Alternate requests

	Subject area	SchoolCourse > CrsNo	SchoolCourse > Description
Select...	Alternates		



## How to use MyEd

Subject area: Electives

Instructions:  **SUTHERLAND SECONDARY SCHOOL**  
Grade 10 Elective Courses  
**READ ALL THE INSTRUCTIONS**  
 Course information can be found here: [Sutherland Course Programming Guide](#)

< 1:10 |MFR--10 > Select All 0 of 12 select

Select	CourseNumber	CourseDescription	Academic level	Credit	Prerequisite	Status
<input type="checkbox"/>	MFR--10	FRENCH 10	Regular	4.0		
<input type="checkbox"/>	MSP--10	SPANISH 10	Regular	4.0		
<input type="checkbox"/>	MVAST10	VISUAL ARTS: ART STUDIO 10	Regular	4.0		
<input type="checkbox"/>	MADEM10	ADST – ENTREPRENEURSHIP AND MARKETING 10	Regular	4.0		
<input type="checkbox"/>	MCSTU10	ADST – COMPUTER STUDIES 10	Regular	4.0		
<input type="checkbox"/>	MDRTC10	DRAMA: THEATRE COMPANY 10	Regular	4.0		
<input type="checkbox"/>	MDRD-10	DRAMA 10: THEATRE PRODUCTION	Regular	4.0		
<input type="checkbox"/>	MTDRF10	ADST – DRAFTING 10	Regular	4.0		

OK  Cancel

# Make sure you "hit" Post to finalize



## How to use MyEd

Home - North Vancouver School x MyEducation BC: Requests x +

https://myeducation.gov.bc.ca/aspn/studentRequestEntry.do?navkey=family.std.list.reqEntry&userEvent=0

Transactions Primary requests

	Subject area	SchoolCourse > CrsNo	SchoolCourse > Description	SecType	Alternate?	Priority	Alt 1 > CrsNo	Alt 2 > CrsNo	Credit
Select...	Core Courses	MCLE-10	CAREER LIFE EDUCATION		N	0			4.0
		MFMP-10	FOUNDATIONS OF MATH AND PRE-CALCULUS 10		N	0			4.0
		MNMD-10	NEW MEDIA 10		N	0			2.0
		MPHED10	PHYSICAL AND HEALTH EDUCATION 10		N	0			4.0
		MSC--10	SCIENCE 10		N	0			4.0
		MSS--10EXP	SOCIAL STUDIES 10 EXPLORER		N	0			4.0
Select...	Electives	MFOOD10	ADST - FOOD STUDIES 10		N	0			4.0
		MFR--10	FRENCH 10		N	0			4.0
		MVAST10	VISUAL ARTS: ART STUDIO 10		N	0			4.0
Select...	X Block Course	MMUCC10	CHORAL MUSIC: CONCERT CHOIR 10		N	0			4.0

Alternate requests

	Subject area	SchoolCourse > CrsNo	SchoolCourse > Description	SecType	Alternate?	Priority	Alt 1 > CrsNo	Alt 2 > CrsNo	Credit
Select...	Alternates	MDRD-10	DRAMA 10: THEATRE PRODUCTION		Y	0			4.0
		MDRTC10	DRAMA: THEATRE COMPANY 10		Y	0			4.0



SUTHERLAND SECONDARY

**Student Course  
Programming  
Presentations and  
MyEd Course Selections  
begin: Feb 6<sup>th</sup> 2025**

Course Programming -  
Sutherland Secondary





## Ways to support...

- Review the course guide and course information
- Know your classes and timetable
- Establish routines – homework vs. home study.
- Manage time – sleep, waking up, homework, screen time, sports, etc.
- Coach students to problem solve, advocate for themselves and manage stresses
- Use tutorial time (8:30 – 9:12) to work with their teachers.
- As a parent, show interest in what your child is learning and doing.

## Important Dates

- Parent Presentations – Tuesday February 4<sup>th</sup>
- Student Presentations and forms handed out – Monday February 6<sup>th</sup> – Friday February 20<sup>th</sup>
- Completed Forms Due: **Fri Feb 28<sup>th</sup>**
- **MyEd On line Window open Feb 6<sup>th</sup> to Feb 28<sup>th</sup>**
- Verification Forms will be out April/May 2025

