

Upper Lynn e-News

April 28, 2024

Important Dates & Reminders for the Week of April 29 to May 3, 2024

Monday 29	Tuesday 30	Wednesday 1	Thursday 2	Friday 3
<p>Long House Group A Leaves</p> <p>Hot Lunch Pizza</p>	<p>Long House Group B Leaves</p> <p>Long House Group A Arrives</p> <p>Track Mini-Meet Sutherland; 3:30-5:15</p>	<p>Long House Group B Arrives</p> <p>Field Mini-Meet Lynn Valley; 3:30-5:15</p>		<p>District Pro-D No School</p> <p>Babysitting Course</p>

Upcoming Dates

- Monday April 29 Hot Lunch – Pizza
- Monday April 29 – 30 Long House – Group
- Tuesday April 30 – May 1 – Long House – Group B
- Tuesday April 30 – Grade 4-7 Track Mini Meet – Sutherland; 3:30-5:15
- Wednesday May 1 – Grade 4-7 Field Mini Meet – Lynn Valley; 3:30-5:15
- Friday May 3 – Professional Development Day – **Students Not in Session**
- Friday May 3 – Babysitting Course
- Monday May 6 – Hot Lunch – Sushi
- Thursday May 9 – Class Photos
- Friday May 10 – Hot Lunch – Magic Lunchbox
- Friday May 10 – Our Lady of The Snow Catholic Academy Band Performance
- Monday May 13 – Hot Lunch – Cobs / TCBY
- Monday May 13 – HUB Bike Program – Grade 4-5 (5/6) – In The Class
- Tuesday May 14 – Zone 5 Track Qualifications: Sutherland; 8am-12pm
- Thursday May 16 – HUB Bike Program – Grade 4-5 (5/6) – On The Field

Upper Lynn News

Keep Your Child at Home

We have noticed a recent increase in gastrointestinal illnesses at our school, which has led to a number of absences and disruptions to learning. To help prevent the spread of these illnesses and keep all students and staff safe, we kindly ask that you keep your child at home if they are experiencing symptoms such as vomiting, diarrhea, stomach cramps, or fever. It's crucial that children stay home for at least 24-48 hours after their symptoms have subsided to ensure they are no longer contagious. By taking this precaution, you are not only helping to protect other students but also ensuring your child's full recovery. Thank you for your cooperation and understanding. Let's work together to keep our school a healthy environment for everyone.

Wheel and Scooter Safely to School!

With the warmer weather comes more scooting and biking to school. If you bike or scooter to school, please wear your helmet and please walk your bike to the edge of the school grounds before getting on. There is no biking or scooting on the school grounds between 8:30 and 3:30 to prevent accidents from happening. Thank you for following the rules and being safe. Keep your eyes and ears open for Our annual Walk and Roll to School Week which is May 27 to 31. More information to come early next month.

Principal For a Day

Principal Logan's day began with an early start, as she welcomed the Earth Rangers to Upper Lynn and set up the gym for their presentation. With an unusual seating arrangement, Principal Logan had to think on her feet to fit 500 students into a space designed for fewer. Despite the challenge, she organized everything efficiently and smoothly. Following the presentation, Principal Logan needed someone to oversee the school in her absence after recess, so Ms. Turcato stepped up to the task, allowing the principal to leave the building with confidence.



Once the Earth Rangers' session was complete and the grade 7s finished cleaning up, Principal Logan bade farewell to Emily and Keesha from the Earth Rangers and headed to Tim Hortons to pick up some Timbits for the Superintendent's birthday. As "Principal for a Day," she had special access, allowing her to enter the School District Office through the back entrance and use a keyfob to reach the Executive Floor. After 30 minute meeting with Dr. Ryan, during which she wished him a happy birthday and discussed educational goals for the district, she took a well-deserved break at Starbucks, grabbing a Dragonfruit drink for herself and a coffee for Mr. MacLeod.

Returning to school, she planned a surprise extended lunch for the students. However, to make it work, she had to figure out how to turn off the school bells, which required some technical prowess. Despite her best efforts, the bells rang on time, cutting short the extra playtime. Thinking quickly, Principal Logan sent Mr. MacLeod to the office to make an announcement while she halted students from entering the school, ensuring they got their promised additional playtime.

Principal Logan spent lunch supervising the school's activities, moving from the gym, where the grade 4s played floor hockey, to the soccer field, and then to the forest area where the younger students were playing with sticks. She managed several safety concerns by speaking with students about appropriate play and redirecting their activities.

After lunch, Principal Logan addressed classroom visits, focusing on the grade 2 students to discuss forest safety rules. Her message was well received, and she spent the afternoon wrapping up administrative tasks and preparing for the final announcement over the PA system. As the day came to a close, Principal Logan had successfully managed a variety of situations, from unexpected technical issues to maintaining student safety, demonstrating her leadership and problem-solving skills. Overall, she truly rocked the day. Well done Principal Logan!

Thank you

We would like to express our gratitude to the Upper Lynn PAC for treating our staff to a variety of delightful snacks and refreshments throughout last week. Your thoughtful gesture not only brightened our days but also served as a wonderful reminder of the strong community spirit that makes Upper Lynn such a special place. The care and effort that went into providing these treats did not go unnoticed, and we truly appreciate your support.

Safety Blitz

Despite the relentless downpour last Thursday, representatives from ICBC, along with parents, district staff, school staff, and students, gathered to promote safety in our community. This collective effort underscores the importance of keeping our families safe, especially in school zones where children are present. We urge all drivers to maintain a safe speed and stay vigilant, even in inclement weather. By reducing your speed and staying focused on the road, you're helping ensure that our students, staff, and families can travel safely to and from school.



Weekend Multi-Sport Description and Link

This excitement filled program focuses on FUN, physical literacy and sport skill improvement through fun games and activities. Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, volleyball, handball, and more. Participants will be fully submerged in the world of sports and are bound to leave the day with a smile on their face, eager for the next day!

NOTE: This is a non-competitive program and is suitable for athletes of any experience or level!

Cost: \$25 Per Session + GST

Times: 10:30 - 11:30 (Ages 3-5), 11:45-12:45 (Ages 6-8)

Location: Pemberton Heights Community Hall

Registration Link: [Weekend Multi-Sport](#)

For any questions or assistance, please email mlane@privatecoachingco.com

PAC News

Fundraising Update

Vancouver Canadians

Ticket sales are underway for our next community event! So far we have sold 28 tickets. Thank you to those who have already purchased your tickets! If you want to join the fun, then click the link below to get your tickets for the Vancouver Canadians game on Sunday, June 2, 2023 (1:05pm start). Tickets are just \$20 and the school gets \$5 from each ticket. Get your tickets! (<https://bit.ly/3xlGUbq>)

Spring Plant Fundraiser

Are you admiring your neighbour's garden and wishing you had some bright colour in your yard? Do you want to grow your own veggies this year? Then don't forget to place your order for our spring plants and flowers fundraiser. Orders are due by April 23rd and pick up is on May 8, 2023 from 2:45pm to 4:30pm in the Multi Purpose Room. Order your Plants! (<https://bit.ly/3vY10hf>)

HOT LUNCH

REMINDER to parents to PLEASE pack cutlery for hot lunches. We are going through an alarming rate of plastic and bamboo cutlery -sometimes 50 spoons/forks each hot lunch.

Our twice a week hot lunch program is Upper Lynn's largest fundraiser. We raise approx. \$20,000 dollars each school year which is over 1/3 of our annual operating budget.

Reminders

Track and Field

The track and field season is up and running. Please see our webpage for the practice schedule. Here are some important dates for you to be aware of. More for information please see our athletics webpage.

Tuesday, April 30th – Track Mini Meet Grade 4 to 7@ Sutherland 3:30-5:15pm

Wednesday, May 1st – Field Mini Meet Grade 4 to 7@ Lynn Valley 3:30-5:15pm

Tuesday, May 14th – Track Qualification Meet @ Sutherland 8:00am-11:30am

Thursday, May 16th – Field Qualifications Meet @ Lynn Valley 3:30-5:15pm

Tuesday, June 4th – Track Finals @ Swangard 8:15 – 3:00pm

Tim MacLeod
Principal

Lise Grendel
Vice-Principal

PEMBERTON HEIGHTS MULTI-SPORT PROGRAM



This excitement filled program focuses on FUN, physical literacy and sport skill improvement through fun games and activities. Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, volleyball, handball, and more. Participants will be fully submerged in the world of sports and are bound to leave the day with a smile on their face, eager for the next day!

EVERY SUNDAY

STARTING APRIL 28TH

- ✓ Inclusive of all skill levels
- ✓ Focused on FUN
- ✓ Caring coaching staff
- ✓ Over 40 five star reviews



MORNING CAMP

3-5 years old
10:30 AM - 11:30 AM

AFTERNOON CAMP

6-8 years old
11:45 AM - 12:45 PM

Questions? Email us at
contact@privatecoachingco.com

