

Upper Lynn e-News

September 8, 2024

Important Dates & Reminders for the Week of September 9 to September 13, 2024

Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
	Orange Shirt Orders Due		Ice Cream Social	

Upcoming Dates

- Tuesday September 10 – Orange Shirts Orders Due
- Thursday September 12 – Ice Cream Social: 6:00
- Monday September 16 – Kindergarten Full Day
- Monday September 16 – PAC Meeting: 7pm in the Library
- Wednesday September 18 – Meet The Teacher Night; 5:30-5:55, 6:00-6:25
- Friday September 20 – Terry Fox Day
- Friday September 20 – PAC Movie Night; 6:30
- Saturday September 21 – Chris Edgar Celebration of Life; 2pm
- Wednesday September 25 – **Staff Collaboration – Early Dismissal at 2pm**
- Friday September 27 – Orange Shirt Day
- Friday September 27 – Alternate Movie Night
- Monday September 30 – **National Day for Truth and Reconciliation; Students not in Session**
- Thursday October 3 – Immunizations
- Saturday October 5 – World Teacher’s Day

Upper Lynn News

Welcome back to a new school year! Last week may have been brief, but it was full of excitement as we reconnected, shared stories, and soaked up the final moments of summer. It was also a time of learning new routines, forming new friendships, and getting comfortable with new grade levels and teachers. We're thrilled to have so many new students, staff and families joining our community. A heartfelt welcome to all! As we ease into these first few weeks, we appreciate your patience, mutual respect, and open-mindedness as we build strong, positive connections.

As we embark on the 2024-2025 school year, we recognize that each student, family, and staff member brings a unique set of experiences and learning paths. We're here to meet you wherever you are and to work together to make this year a successful one. Please feel free to connect with your child's new teacher if you have any questions or need to share important information. We're excited about the journey ahead and look forward to making this an incredible year of learning and growth for everyone!

Welcome New Staff

We are excited to introduce several new faces to our school community this year, as well as warmly welcome back a few familiar ones!

Joining us in Grade 7 are Mike Rosse and Kelli Mortimer, both of whom bring a wealth of knowledge and enthusiasm for helping our students thrive during this pivotal year. In Grade 4, we are delighted to welcome Jenna Bursey, who is eager to inspire and support her students in their learning journey.

We're also pleased to have Dervla Fowler as our new NIT provider. Additionally, please welcome Ania Jedrzejewska, who joins our team as an Educational Assistant, bringing valuable experience and energy to our school.

A special welcome back to Kate Byrne and Sejin Bae, who we thought would be moving on last year but are happily returning to continue making a difference in our community. We're thrilled to have you both with us again!

We're confident this talented team will make a positive impact, and we look forward to an amazing year together. Please join us in welcoming them to the school!

Personal Digital Devices

Personal Digital Devices (PDD) are not permitted at school! Student PDDs such as cellphones, smart watches, tablets, etc. need to stay in backpacks or at home. Students are not permitted to use PDDs including smart watches for messages or phone calls. This is to promote engagement and safety. If there is an emergency, the office will contact you. Please note that last minute playdates and forgotten homework are learning opportunities, not emergencies. Click [here](#) for more information.

Future Early Dismissal Dates to Note

We have five early dismissal days for our Learning Conferences this year. Please mark your calendars for October 21, 22, 23, 24 and March 11 where students will be dismissed at 2:00pm. Please make note that we have Staff Collaboration on September 25, October 30, February 26 and April 30 with also an early dismissal time of 2pm.

Welcome Back Parent Evening

Join us in meeting the teachers on Wednesday, September 18th. This event is open to parents of both Primary and Intermediate classes. There are two sessions available for parents to attend, and each session will offer the same information. The first session will run from 5:30 to 5:55, followed by the second session from 6:00 to 6:25. We look forward to your presence at this event and hope to see you all there!

Choir at Upper Lynn Begins the Week of September 16

Primary Choir: Open to all students in Grades 2 and 3. Rehearsals will be held on Thursdays from 8:00am to 8:50am.

Intermediate Choir: Open to all students in Grades 4 to 7. Rehearsals will be on Tuesdays from 8:00am to 8:50am.

No audition or prior registration is required—any interested student is welcome to join!

For more information, please reach out to Mrs. Wood at nwood@sd44.ca.

Safe Arrival / Student Absences

Please make every effort to let the school know if your child is absent or will be late. This is important information for us to ensure all students are accounted for each day. For information on how to use our SafeArrival application, please see our school's website [here](https://bit.ly/3rm0B5j). (<https://bit.ly/3rm0B5j>)

Medical Alerts and Allergies

If your child has any medical conditions that may need to be addressed at school (allergies, etc.), please contact the office as soon as possible. We will send home the required paperwork. Please ensure required medication, such as an EpiPen, is brought directly to the office.

We are a peanut and nut aware school. Please be mindful of the policy in your child's classroom as we have several students and staff with life threatening allergies to peanuts/nuts.

Fresh Air and Outside Play

At Upper Lynn, like all North Vancouver elementary schools, students head outdoors for recess and lunch every day—rain or shine. Research shows that regular outdoor breaks are essential for children's well-being, providing fresh air and physical activity that helps them recharge and stay focused.

To ensure your child is ready for the elements, please make sure they are dressed appropriately for the weather. It's extremely rare for students to stay inside during breaks, so rain jackets, boots, and other outdoor gear are crucial for their comfort and success throughout the day.

We also recommend that all students, especially those in the Primary grades, keep an extra set of clothing at school. This can be a real lifesaver in the event of an unexpected encounter with a puddle or muddy patch!

Lunch Switch

At Upper Lynn, we've made an important change to our lunch routine—students now eat first and then head outside to play. This new schedule offers greater flexibility, allowing students who need more time to eat to do so without feeling rushed, while giving others the opportunity for extended playtime if they finish early.

Lunch starts at 12:00, with the first bell to head outside at 12:17, followed by a second bell at 12:25. Students return inside at 12:47, and the afternoon instructional period begins promptly at 12:50.

This shift also benefits our teachers, providing them with a little extra time in the classroom to prepare and organize for a smooth start to the afternoon. We're excited about the positive impact this change will have on both students and staff!

PAC News

Introducing Your Upper Lynn PAC Executive for 2024/25:

- Kate Brennan – Chair
- Carolyn Cox – DPAC
- Carmen Zimmer – Secretary
- Nafeesa Valli-Hasham – Co-Secretary
- Jaco Wessels – Treasurer
- Norina Lew - Co-Treasurer
- Derrick Johnston - Co-Treasurer
- Emma Milley– Past Chair

...And many wonderful parents have stepped forward to help in other capacities too:

- Madi Bell - Hotlunch/Spirit Wear/Carnival
- Holly Isley – After School Programs
- Lucy Wells – Fundraising
- Erin Harrington, Erin Johnston, Carine Lau – Hotlunch
- Anna Maslany - Munchalunch admin
- Brittany Ogden- FB admin & Communications
- Satnam Lalli - Admin/Powerpoint/Website
- Mehdi Karimian – IT related admin/Website
- Gwen Preston – Treasury Support

Orange Shirts – Order by Tuesday, September 10th



Upper Lynn will observe Orange Shirt Day on September 27th. The PAC is offering Upper Lynn Orange shirts for sale at \$22 in youth and adult sizes.

All profit will be donated to the [Orange Shirt Society](#).

Order on [Munchalunch](#) by September 10th. Please note the short ordering window to get the shirts printed in time.

Ice Cream Social – Thursday, September 12th



This year, instead of our usual welcome back coffee, we decided to host an ice cream social in the early evening so that more families can attend.

We look forward to reconnecting with returning Upper Lynn families and welcoming new families to our community.

Bring a bowl, spoon and a toonie for each family member: the ice cream is not just for the kids!

We will have lots of toppings and there will be a dairy free option (sherbet).

Join us on September 12th at 6pm in the Gym.

We need volunteers for this event. Few things beat the joy in the kids' faces as you scoop their ice cream. Please sign up [here](#).

Family Movie Night – Friday, September 20th



Family Movie Night returns to Upper Lynn on **September 20th at 6.30pm.**

Our movie this year is **Wonka**, described by critics as a ‘whimsical and innocent family fun tale’ and ‘one of the most magical and wonderful films of 2023’.

Movie night is a **walk-in event** on the gravel field, so bring your chairs, blankets and flashlights.

Go to [Munchalunch](#) to buy tickets and pre-order pizza. Deadline is September 18th.

Concession items will be for sale on site.

We need volunteers to make this event possible. Join in, have fun and socialise while volunteering. Please sign up [here](#).

Class Reps

Each year the PAC recruits volunteer class reps for every class in the school.

Please consider volunteering as a class rep in your child's class. The class rep is an important role that can be shared with another parent or done solo.

You are the liaison between the PAC, your class teacher and the parents in your class.

Your role includes forwarding important information from the PAC, creating a class list, as well as coordinating teacher gifts. Being a class rep is also a great way to get to know other parents in your child's class.

Please sign up [here](#).

Financial Assistance

Financial assistance is available for families that need to participate in any of the PAC events (like Family Movie Night), or to purchase Hot Lunches, Spirit Wear, Orange shirts and Pink shirts. Please contact Mr. MacLeod at tmacleod@sd44.ca

PAC Meeting – Mon, Sep 16th

Our first PAC Meeting will be on September 16th at 7pm in the library. This is an opportunity to meet the PAC executive and other volunteers, to hear what the PAC is doing, and to have a say in PAC matters.

PAC Facebook Group, Website and Email

The PAC has a website <https://upperlynnpac.weebly.com> - we are in the process of updating for this year.

We also have a Facebook group [ULE PAC Parent Group](#)

The PAC email is upperlynnpac@gmail.com

After School Programs for September

Lunch Grit at Upper Lynn Elementary

Who: Grades 4-7
When: Wednesdays (12:02-12:47) October 9-November 13
Duration: 45 Minutes
Cost: \$120 [scholarships always available]
To Register: [Lunch Grit at Upper Lynn](#)
Contact: Alix: alix@gritmeditation.ca

Join Alix for a mid-day check in+chill out workshop where we unpack emotions, friendships, coping skills, confidence and independence. Lunch Grit will give you a re-set mid-week to be able to tackle all the things that Elementary School brings.

Lunch time Chess Club - Ages 6+

Who: Ages 6+
When: Tuesdays (12:02-12:47); September 17 to December 3 (12 sessions)
Duration: 45 Minutes
Cost: \$120
To Register: <https://upperlynnchessfall2024.eventbrite.ca>
Contact: James Chan: chan_james17@hotmail.com

You are invited to explore the strategic world of chess at this exclusive chess club. This club includes fundamentals for beginners along with strategies for the more advanced players. Chess Club players will have the opportunity to improve their skills by playing against other player of various levels.

After School Adventures

Who: Grades K-3, 1:7 ratio
When: Mondays (3:00-5:00) ; September 9 to December 23 (13 Sessions)
Duration: 120 Minutes
Cost: \$572 (Scholarships available)
To Register: www.freshairlearning.org/after-school-programs
Contact: Katrina at Fresh Air Learning; info@freshairlearning.org

Join us in the forest for play and learning time after school! We see children as competent, capable people who can inspire their own learning and share with others. On Mondays we'll enjoy nature stories, hands-on activities, and free play in the forest. Pick up is from Upper Lynn.

Multi-Sport After School Program

Who: Grades 1-3
When: Fridays; September 27 to December 13 (10 Sessions)
Duration: 90 Minutes
Cost: \$300 + GST
To Register: [Upper Lynn Multi-Sport, Fall 2024](#)
Contact: Matt Stickland: Matt@privatecoachingco.com

This excitement filled program focuses on FUN, physical literacy and sport skill improvement through fun games and activities. Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, volleyball, handball, and more. Participants will be fully submerged in the world of sports and are bound to leave the day with a smile on their face, eager for the next day!

See for yourself! [Multi-Sport Trailer](#)

NOTE: This is a non-competitive program and is suitable for athletes of any experience or level!

Reminders

School Calendar

Our online school calendar will be continually updated throughout the year. Please check our school calendar [here](https://bit.ly/3PalQPR) (<https://bit.ly/3PalQPR>) for regular updates. Also, see Upper Lynn's Year Calendar [here](https://bit.ly/4cXYpn1) (<https://bit.ly/4cXYpn1>) for holidays and professional development days. We will do our best to communicate changes through newsletters, the website (www.upperlynn.ca) and by email.

Tim MacLeod
Principal

Lise Grendel
Vice-Principal

Kindergarten Information Session

Parents/guardians of children who will enter
Kindergarten in September 2025 (children born in 2020)
are invited to an information session:



Monday, October 7, 2024

Presentation: 7 p.m.

Doors open: 6:30 p.m.

Carson Graham Secondary

2145 Jones Avenue



[RSVP today
\(optional\)](#)



**Initial registration begins Tuesday, October 8
and ends Monday, December 9, 2024.**

TO LEARN MORE: www.sd44.ca

   @nvsd44


North Vancouver
School District
the natural place to learn®