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Upper Lynn e-News

September 22, 2024

Important Dates & Reminders for the Week of September 23 to September 27, 2024

Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
		Staff Collaboration Early Dismissal:2pm		Orange Shirt Day
				Wear orange to raise awareness about the
				legacy of Residential
				Schools in Canada

Upcoming Dates

- Wednesday September 25 Staff Collaboration Early Dismissal at 2pm
- Friday September 27 Orange Shirt Day
- Friday September 27 Truth and Reconciliation Assembly
- Monday September 30 National Day for Truth and Reconciliation; Students not in Session
- Thursday October 3 Immunizations
- Saturday October 5 World Teacher's Day
- Sunday October 6 Spirit Wear Sales Open
- Monday October 14 Thanksgiving School is Closed
- Tuesday October 15 Photo Day
- Wednesday October 16 SPC Meeting; 3:45 at Argyle
- Thursday October 17 Spirit Wear Sales Close
- Thursday October 17 The Great Shakeout (Earthquake Drill)
- Thursday October 17 Cross Country Meet: Gr. 4-7, Loutet Park
- Monday October 21 Conferences; Early Dismissal at 2pm
- Tuesday October 22 Conferences; Early Dismissal at 2pm
- Wednesday October 23 Conferences; Early Dismissal at 2pm
- Thursday October 24 Conferences; Early Dismissal at 2pm
- Friday October 25 Province Wide Pro-D Schools are closed.

Upper Lynn News

Orange Shirt Day - Every Child Matters

Friday, September 27 is Orange Shirt Day. Orange Shirt Day is a legacy of the St. Joseph Mission residential school commemoration event held in Williams Lake, BC, Canada, in the spring of 2013. It grew out of Phyllis' story of having her shiny new orange shirt taken away on her first day of school at the Mission, and it has become an opportunity to keep the discussion on all aspects of residential schools happening annually.

Orange Shirt Day is also an opportunity for First Nations, local governments, schools, and communities to come together in the spirit of reconciliation and hope for generations of children to come. Please wear your orange shirt on September 27! For more information, please click Here.(https://bit.ly/3PwSE60)

Visitors to Upper Lynn Elementary

Kindly remember that all visitors to Upper Lynn are required to check in at the school office upon entering the premises. Even if you are familiar with our staff, it's important for us to identify and acknowledge each visitor. Please note that the front doors of the school are the only entry point accessible during the day. Your cooperation in this matter is greatly appreciated.

Terry Fox Run

Our annual Terry Fox Run took place on Friday, September 20th. Classes were assigned specific time slots in the morning for their participation in the Terry Fox Run. We extend our sincere gratitude to Mrs. Chambers and the dedicated staff for their efforts in organizing and participating in the event. Additionally, we want to express a big thank-you to the parent volunteers who generously contributed their time to support the run.

For those who wish to make contributions, students are welcome to bring their donations to the school. Alternatively, you can conveniently make online donations by visiting our <u>donations page</u>). (https://bit.ly/3ZhM9sf) Currently we are halfway to our goal of \$2400. Way to go Upper Lynn.

Road Safety

Upper Lynn accommodates nearly 500 students and employs over 50 dedicated staff members. Despite the school's spacious campus, our "beachfront" area, or the front entrance, is rather limited in size. The layout of this section poses significant challenges and safety concerns. Our utmost priority is ensuring the safety of our students, staff, and the wider community.

We kindly urge everyone to consider walking or rolling to school whenever possible. In cases where driving is necessary, we ask that you plan to leave a few minutes earlier and consider dropping your child off a block away from the school. Engaging in U-turns at crosswalks or speeding through the school zone is not worth the time saved, as it jeopardizes safety.

Significant efforts have been invested in enhancing road safety around Upper Lynn, and this endeavor continues. We sincerely request your cooperation in maintaining a safe environment at Upper Lynn. For additional information, please visit our school's webpage (https://bit.ly/45U4Cxr). Your support in this matter is greatly appreciated.

PAC News

Family Movie Night

We loved seeing so many members of our Upper Lynn community at the Family Movie Night on Friday. Thank you to everyone who came out to support this event.

A big thank you especially to all the volunteers.

Support from our sponsors helps to offset the cost of the event and enables us to keep the ticket prices affordable for families. Thank you: VanCity Basketball Academy, Linkletter Realty, Lynn Valley Physiotherapy and Edgemont Village Art Studio.

Fundraising

This year, we have a variety of ongoing fundraisers that run throughout the year. These are: <u>Cobs, Mabel's Labels</u>, <u>Max Fruit</u>, <u>Tru Earth</u> and <u>Stong's Online Rebate Program</u>. The details of each fundraiser are available on our website.

Family Photo Sessions

We are also excited to announce that Erica from Pure and Sweet Photography will be offering family photo-mini sessions (with a plain white background) on October 19 and 20, 2024. The cost is \$40. Sessions will be 15 minutes each, and you will receive one digital image (additional images can be purchased).

To book:

https://pureandsweetphotography.bigcartel.com/product/october-19th-upper-lynn-fundraiser

https://pureandsweetphotography.bigcartel.com/product/october-20th-upper-lynn-fundraiser

Finally, we plan to run the Purdys and Poinsettia fundraisers in November, just in time for the holiday season.

If you're interested in getting involved and helping out with any of our great fundraisers (even just for an hour or two), please let us know!

Hot Lunch

Hot lunch is back! Just a reminder that hot lunch will once again be offered twice a week on Mondays and Fridays for the fall term.

Ordering will open **September 25** for fall term which runs Friday **October 18** to Monday December 16. Ordering and payment deadline will be **October 8 at 11:59pm.** No new orders for the fall term will be accepted after this date. Please also note there are 2 Pro-D days (October 25 & December 6).

VOLUNTEERS!

Our hot lunch program is unable to run without parent volunteers! Each lunch service requires 3-4 volunteers to run smoothly – newcomers are welcome. Time commitment is 11:15am – 12:45pm. When signing up for hot lunch in MunchaLunch you can mark the dates you are available to help after ordering, or under the "Volunteer" tab. We will contact individuals prior to lunches to confirm. Don't worry if your plans change, we are flexible!

And a reminder that you **NEED** to have a **criminal record check** done in order to volunteer. The process is very easy, just get a form from the office and head down to the police station on 14th street.

If you would like to place a hot lunch order and need financial assistance, subsidies are available. Please contact Mr. MacLeod at tmacleod@sd44.ca The request will be kept confidential.

New users and returning parents will be able to access MunchALunch at https://bit.ly/4gzCxRB

Lunch program FAQ's can be found here: https://upperlynnpac.weebly.com/lunch-program-faqs.html

For assistance reach out to ulpachotlunch@gmail.com

Financial Assistance

Financial assistance is available for families that need to participate in any of the PAC events (like Family Movie Night), or to purchase Hot Lunches, Spirit Wear, Orange shirts and Pink shirts. Please contact Mr. MacLeod at tmacleod@sd44.ca

PAC Facebook Group, Website and Email

The PAC has a website https://upperlynnpac.weebly.com - we are in the process of updating for this year.

We also have a Facebook group ULE PAC Parent Group

The PAC email is upperlynnpac@gmail.com

After School/Lunch Programs for September

Art Class: Collage Art (NVSD44 – Mrs. Turcato) (New)

Who: Grades 5-7

When: Tuesday (8) (October 15 to December 3)

Duration: 90 Minutes Cost: \$195

To Register: https://bit.ly/3ZxvjYi

Contact: Mrs Turcato: aturcato@sd44.ca

Description: Students will discover the exciting world of collage art, where they can mix and match images, textures, and materials to create unique and expressive works of art. In this class, you will explore how to layer different materials like magazines, fabric, paper, and found objects to build dynamic, eye-catching collages that reflect your creativity and personal style.

Story Institute - After School Acting Program (New)

Who: Grades 2-7

When: Tuesdays, October 1-Dec 10th (Oct 22nd 2pm start time)

Duration: 90 Minutes (3:00pm-4:30pm)

Cost: \$300 plus GST

To Register: Email <u>dreambig@storyinstitute.ca</u> or call (778) 222-8677 to enrol!

Contact: Michael Coleman <u>michaelcoleman@storyinstitute.ca</u>

Lunch Grit at Upper Lynn Elementary

Who: Grades 4-7

When: Wednesdays (12:02-12:47) October 9-November 13

Duration: 45 Minutes

Cost: \$120 [scholarships always available]

To Register: <u>Lunch Grit at Upper Lynn</u>
Contact: <u>Alix: alix@gritmeditation.ca</u>

Join Alix for a mid-day check in+chill out workshop where we unpack emotions, friendships, coping skills, confidence and independence. Lunch Grit will give you a re-set mid-week to be able to tackle all the things that Elementary School brings.

Lunch time Chess Club - Ages 6+

Who: Ages 6+

When: Tuesdays (12:02-12:47); September 17 to December 3 (12 sessions)

Duration: 45 Minutes

Cost: \$120

To Register: https://upperlynnchessfall2024.eventbrite.ca
Contact: James Chan: chan james17@hotmail.com

You are invited to explore the strategic world of chess at this exclusive chess club. This club includes fundamentals for beginners along with strategies for the more advanced players. Chess Club players will have the opportunity to improve their skills by playing against other player of various levels.

After School Adventures

Who: Grades K-3, 1:7 ratio

When: Mondays (3:00-5:00); September 9 to December 23 (13 Sessions)

Duration: 120 Minutes

Cost: \$572 (Scholarships available)

To Register: www.freshairlearning.org/after-school-programs

Contact: Katrina at Fresh Air Learning; <u>info@freshairlearning.org</u>

Join us in the forest for play and learning time after school! We see children as competent, capable people who can inspire their own learning and share with others. On Mondays we'll enjoy nature stories, hands-on activities, and free play in the forest. Pick up is from Upper Lynn.

Multi-Sport After School Program

Who: Grades 1-3

When: Fridays; September 27 to December 13 (10 Sessions)

Duration: 90 Minutes Cost: \$300 + GST

To Register: <u>Upper Lynn Multi-Sport, Fall 2024</u>

Contact: Matt Stickland: Matt@privatecoachingco.com

This excitement filled program focuses on FUN, physical literacy and sport skill improvement through fun games and activities. Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, volleyball, handball, and more. Participants will be fully submerged in the world of sports and are bound to leave the day with a smile on their face, eager for the next day!

See for yourself! Multi-Sport Trailer

NOTE: This is a non-competitive program and is suitable for athletes of any experience or level!

Reminders

Personal Digital Devices - Revisited

Smart watches, along with all other Personal Digital Devices (PDDs), are not permitted for use at school. Devices like cell phones, tablets, and especially smart watches must stay in backpacks or at home. Students are not allowed to use **smart watches** for texting or making phone calls during school hours. This policy is in place to encourage focus and maintain safety. In case of an emergency, the office will

Consent Forms

Please ensure that the forms for walking field trips, photo consent, and technology use agreements are completed for each of your children. These forms must be submitted before any special events, such as the Terry Fox Run. Once you've filled out the forms, remember to click 'check out' to save your responses. While there is no cost involved, completing the 'check out' step is necessary to finalize your submissions.

reach out to you. Please keep in mind that forgotten homework or last-minute playdates are learning opportunities, not emergencies. Click here for more information.

School Planner

Our updated school planner now contains important information specific to Upper Lynn. All students in grades 1 through 7 have received a planner. We encourage you to take some time with your child to review its contents, which include Upper Lynn's school code of conduct, the NVSD Code of Conduct, general school information, details about the Second Step program, and a year-at-a-glance overview.

Tim MacLeod Lise Grendel Principal Vice-Principal