

Upper Lynn e-News

September 30, 2024

Important Dates & Reminders for the Week of September 30 to October 4, 2024

Monday 30	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
National Day for Truth and Reconciliation School Closed	Grade 7 Parent Meeting		Immunizations	World Teacher's Day (Oct. 5)

Upcoming Dates

- Monday September 30 – **National Day for Truth and Reconciliation; Students not in Session**
- Tuesday October 1 – Grade 7 Parent Meeting (Email sent to grade 7 families with details)
- Thursday October 3 – Immunizations
- Saturday October 5 – World Teacher's Day
- Sunday October 6 – Spirit Wear Sales Open
- Tuesday October 8 – Lockdown Drill 10:10
- Monday October 14 – Thanksgiving – **School is Closed**
- Tuesday October 15 – Photo Day
- Wednesday October 16 – SPC Meeting; 3:45 at Argyle
- Wednesday October 16 – Cross Country Meet: Gr. 4-7, Loutet Park ([date has been updated](#))
- Wednesday October 16 – Spirit Wear Sales Close
- Thursday October 17 – The Great Shakeout (Earthquake Drill)
- Monday October 21 – **Conferences; Early Dismissal at 2pm**
- Monday October 21 – Speaker Series - Fueling Kids - Jenn Messina
- Tuesday October 22 – **Conferences; Early Dismissal at 2pm**
- Wednesday October 23 – **Conferences; Early Dismissal at 2pm**
- Thursday October 24 – **Conferences; Early Dismissal at 2pm**
- Friday October 25 – **Province Wide Pro-D – Schools are closed**

Upper Lynn News

World Teacher Day

World Teachers' Day, observed on October 5th annually, globally celebrates and honors teachers for their hard work, dedication, and contributions to society. It's a time for expressing gratitude and emphasizing quality education. World Teachers' Day encourages students, parents, and communities to appreciate and support educators who play a pivotal role in nurturing students' intellectual and social growth.

Foundational Skills Assessment (Grades 4 & 7)

Upper Lynn's grade 4 and grade 7 students will be writing the Foundation Skills Assessment (FSA) starting October 1st. The FSA is a set of reading, writing, and numeracy assessments administered to BC students every year in Grades 4 and 7. Like previous years, the testing is occurring in October rather than February to allow schools time to utilize the student's assessment results to better plan for instruction. The FSA aligns with BC's curriculum and can be used to support classroom-based decision-making for student learning.

Reminder: Send Extra Clothes and Rain Gear!

As the rainy season approaches, please remember to send your child(ren) to school with extra clothes and appropriate rain gear, such as raincoats and boots. Our students go outside for recess and lunch, rain or shine, so it's important they are dressed to stay warm and dry. Having extra clothes at school ensures your child can change if they get wet during outdoor activities. Thank you for helping us keep everyone comfortable and ready to learn!

Drills

Throughout the school year, schools routinely carry out emergency drills, which include procedures for fire, earthquake, and lockdown situations. In the upcoming weeks, all North Vancouver Schools will be conducting a lockdown drill, with ours scheduled for Tuesday October 8th at 10:10 AM.

We kindly request that during this drill, you refrain from visiting the school as all entry points will be secured. Lockdown drills serve various purposes, including addressing scenarios such as the presence of an animal on the school grounds or an unwelcome visitor on the premises. Your understanding and cooperation in this matter are greatly appreciated.

PAC News

Speaker Series - for ULE parents

The PAC is excited to bring you a parent education Speaker Series, running in-person in the ULE Library from 7-8pm. Please note these dates in advance, the schedule is as follows:

- Monday October 21st - Fueling Kids - Jenn Messina - local Registered Dietitian
- Monday December 2nd - Unplugged Canada - digital safety strategies for kids
- Monday February 24th - Women's Business, what is wellness - Dr Kate Brennan

If you have a skill set that could contribute to a current speaker event(s) and/or interested in helping to organise the events above, please reach out to the PAC email: upperlynnpac@gmail.com

Spirit Wear – Order October 6th to 16th

Show your school spirit with [Upper Lynn Bears Spirit Wear!](#)

From October 6th, you can order stylish gear including t-shirts, hoodies, caps, beanies and sweatpants in youth and adult sizes. Order by October 16th on [MunchaLunch](#).

Items will be delivered to classrooms by mid-November.

Don't miss out on this fantastic opportunity to support the school and look great doing it!



Hot Lunch

Hot Lunch ordering is now open for the Fall Session. It will run from Friday October 18th until Monday December 16th. Orders must be placed AND paid by October 8th at 11:59pm. Unpaid orders will be cancelled. I encourage everyone to place their orders early to avoid last minute issues with payment processing.

For the 2024/2025 school year, we are using 3rd party vendors only and are no longer providing extra sides i.e. fruitsations, granola minis etc.

SUBWAY ORDERS: IF you are selecting a veggie sub, please specify which vegetables and/or cheese in the toppings section. If no cheese or vegetables are selected, Subway will send a plain bun! All ham, turkey or salami subs with no additional toppings selected will come only with the meat and bun.

Grade 6 outdoor school is scheduled for Nov 4th - 7th.

The hot lunch program cannot operate without volunteers. Please sign up to help out! Volunteers will need a completed volunteer form and criminal record check. Please see Kelly in the office if you need assistance. The Volunteer form must be completed annually, and the criminal record check is good for 5 years.

If you would like to place a hot lunch order and need financial assistance, subsidies are available. Please contact Mr. MacLeod at tmacleod@sd44.ca. The request will be kept confidential.

New users and returning parents will be able to access MunchALunch at <https://munchalunch.com/schools/upperlynn/>

Lunch program FAQ's can be found here: <https://upperlynnpac.weebly.com/lunch-program-faqs.html>

For assistance reach out to Carine @ ulpachotlunch@gmail.com

Class Reps & Communication Options

Thank you for Volunteering to be a Class Rep(s)!

Your class rep will send occasional emails throughout the year to coordinate activities like classroom celebrations and end of year teacher gifts. Class Reps will also compile a class contact list that is sent out to everyone on the list in your division. This helps to build community within the school as families can connect more easily for out-of-school activities and after school play-dates etc.

The PAC news will be included on the ULE weekly updates to reduce the number of emails you have to sift through.

To ensure efficient compilation of the class lists we are asking that if you **DO NOT** want to be contacted by your class reps, that you complete the following survey: <https://forms.office.com/r/RuurWeJdBd> by **3pm on FRIDAY OCTOBER 11TH** so that your email can be removed. Mr. MacLeod will then send the correct email lists to individual class reps for them to compile and distribute to their division.

Fundraising

This year, we have a variety of ongoing fundraisers that run throughout the year. These are: Cobs, Mabel's Labels, Max Fruit, Tru Earth and Stong's Online Rebate Program. The details of each fundraiser are available on our website.

Family Photo Sessions

We are also excited to announce that Erica from Pure and Sweet Photography will be offering family photo-mini sessions (with a plain white background) on October 19 and 20, 2024. The cost is \$40. Sessions will be 15 minutes each, and you will receive one digital image (additional images can be purchased). **Just a few spots remain!**

To book:

<https://pureandsweetphotography.bigcartel.com/product/october-19th-upper-lynn-fundraiser>

<https://pureandsweetphotography.bigcartel.com/product/october-20th-upper-lynn-fundraiser>

Finally, we plan to run the Purdys and Poinsettia fundraisers in November, just in time for the holiday season.

If you're interested in getting involved and helping out with any of our great fundraisers (even just for an hour or two), please let us know!

VOLUNTEERS!

Our hot lunch program is unable to run without parent volunteers! Each lunch service requires 3-4 volunteers to run smoothly – newcomers are welcome. Time commitment is 11:15am – 12:45pm. When signing up for hot lunch in MunchaLunch you can mark the dates you are available to help after ordering, or under the “Volunteer” tab. We will contact individuals prior to lunches to confirm. Don't worry if your plans change, we are flexible!

And a reminder that you **NEED** to have a **criminal record check** done in order to volunteer. Please contact upperlynn@sd44.ca for details.

If you would like to place a hot lunch order and need financial assistance, subsidies are available. Please contact Mr. MacLeod at tmacleod@sd44.ca The request will be kept confidential.

New users and returning parents will be able to access MunchALunch at <https://bit.ly/4gzCxRB>

Lunch program FAQ's can be found here: <https://upperlynnpac.weebly.com/lunch-program-faqs.html>

For assistance reach out to ulpachotlunch@gmail.com

Financial Assistance

Financial assistance is available for families that need to participate in any of the PAC events (like Family Movie Night), or to purchase Hot Lunches, Spirit Wear, Orange shirts and Pink shirts. Please contact Mr. MacLeod at tmacleod@sd44.ca

PAC Facebook Group, Website and Email

The PAC has a website <https://upperlynnpac.weebly.com> - we are in the process of updating for this year.

We also have a Facebook group [ULE PAC Parent Group](#)

The PAC email is upperlynnpac@gmail.com

After School/Lunch Programs for September

Art Class: Collage Art (NVSD44 – Mrs. Turcato)

Who: Grades 5-7
When: Tuesday (8) (October 15 to December 3)
Duration: 90 Minutes
Cost: \$195
To Register: <https://bit.ly/3ZxvjYi>
Contact: Mrs Turcato: aturcato@sd44.ca

Description: Students will discover the exciting world of collage art, where they can mix and match images, textures, and materials to create unique and expressive works of art. In this class, you will explore how to layer different materials like magazines, fabric, paper, and found objects to build dynamic, eye-catching collages that reflect your creativity and personal style.

Lunch Grit at Upper Lynn Elementary

Who: Grades 4-7
When: Wednesdays (12:02-12:47) October 9-November 13
Duration: 45 Minutes
Cost: \$120 [scholarships always available]
To Register: [Lunch Grit at Upper Lynn](#)
Contact: Alix: alix@gritmeditation.ca

Join Alix for a mid-day check in+chill out workshop where we unpack emotions, friendships, coping skills, confidence and independence. Lunch Grit will give you a re-set mid-week to be able to tackle all the things that Elementary School brings.

Fresh Air Learning After School Adventures

Who: Grades K-3, 1:7 ratio
When: Mondays (3:00-5:00) ; September 9 to December 23 (13 Sessions)
Duration: 120 Minutes
Cost: \$572 (Scholarships available)
To Register: www.freshairlearning.org/after-school-programs
Contact: Katrina at Fresh Air Learning; info@freshairlearning.org

Join us in the forest for play and learning time after school! We see children as competent, capable people who can inspire their own learning and share with others. On Mondays we'll enjoy nature stories, hands-on activities, and free play in the forest. Pick up is from Upper Lynn.

Fresh Air Learning After School Adventures: **New Drop-In Spots Available!**

After connecting with families, school admin, and staff, we are pleased to announce we now have some drop-in spaces available in the program! Folks can register for a spot up to **48hrs** before that class. We still have scholarship funds as well to help make the program more accessible to folks, so don't hesitate reaching out to inquire and apply: info@freshairlearning.org

Register here: <https://bit.ly/3U9EOtx>

We look forward to playing and learning with your children soon!

Multi-Sport After School Program (**Spots still available**)

Who: Grades 1-3
When: Fridays; September 27 to December 13 (10 Sessions)
Duration: 90 Minutes
Cost: \$300 + GST
To Register: [Upper Lynn Multi-Sport, Fall 2024](#)
Contact: Matt Stickland: Matt@privatecoachingco.com

This excitement filled program focuses on FUN, physical literacy and sport skill improvement through fun games and activities. Participants will move through a variety of sports such as basketball, soccer,

tennis, football, hockey, volleyball, handball, and more. Participants will be fully submerged in the world of sports and are bound to leave the day with a smile on their face, eager for the next day!

See for yourself! [Multi-Sport Trailer](#)

NOTE: This is a non-competitive program and is suitable for athletes of any experience or level!

Story Institute - After School Acting Program (Postponed)

Who:

When:

Duration:

Cost:

To Register:

Contact: Michael Coleman michaelcoleman@storyinstitute.ca

Reminders

Visitors to Upper Lynn Elementary

Kindly remember that all visitors to Upper Lynn are required to check in at the school office upon entering the premises. Even if you are familiar with our staff, it's important for us to identify and acknowledge each visitor. Please note that the front doors of the school are the only entry point accessible during the day. Your cooperation in this matter is greatly appreciated.

Consent Forms

Please ensure that the forms for walking field trips, photo consent, and technology use agreements are completed for each of your children. These forms must be submitted before any special events, such as the Terry Fox Run. Once you've filled out the forms, remember to click 'check out' to save your responses. While there is no cost involved, completing the 'check out' step is necessary to finalize your submissions.

Tim MacLeod
Principal

Lise Grendel
Vice-Principal