

Upper Lynn e-News

October 14, 2024

Important Dates & Reminders for the Week of October 14 to October 18, 2024

Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
<p>Thanksgiving</p> <p>School Not in Session</p>	<p>Photo Day</p>	<p>Cross-Country Meet: Gr. 4-7 Loutet Park</p> <p>Spirit Wear Sales Close</p>	<p>Great Shake Out 10:10</p>	

Upcoming Dates

- Monday October 14 – Thanksgiving – **School is Closed**
- Tuesday October 15 – Photo Day
- Tuesday October 15 – Girls Basketball Game
- Wednesday October 16 – Cross Country Meet: Gr. 4-7, Loutet Park (date has been updated)
- Wednesday October 16 – Spirit Wear Sales Close
- Thursday October 17 – The Great Shakeout (Earthquake Drill)
- Friday October 18 – Boys’ Basketball Game
- Saturday October 19 – Provincial Elections
- Monday October 21 – **Conferences; Early Dismissal at 2pm**
- Monday October 21 – Speaker Series - Fueling Kids - Jenn Messina
- Tuesday October 22 – **Conferences; Early Dismissal at 2pm**
- Wednesday October 23 – **Conferences; Early Dismissal at 2pm**
- Wednesday October 23 – SPC Meeting; 3:45 at Argyle (Rescheduled from the 16th)
- Thursday October 24 – **Conferences; Early Dismissal at 2pm**
- Friday October 25 – **Province Wide Pro-D – Schools are closed**
- Monday October 28 Boys’ Basketball Game
- Tuesday October 29 – Girls Basketball Game
- Wednesday October 30 – **Staff Collaboration: Early Dismissal at 2pm**
- Thursday October 31 - Halloween

Upper Lynn News

Photo Day

Our school photo day is this week! Please remember to mark **Tuesday, October 15th** on your calendar, as Edge Imaging will be in the school that day capturing everyone's smiles. Edge Imaging provides a variety of photo options to capture your child's true personality, preserving all their school day memories. Our photo retake day is Friday November 1st.

Student Teacher Family (STF) Conferences Sign-Up Starts Tonight

This year, our in-person STF Conferences will feature a focus on student goal setting . At these conferences, **the teacher, student, and parents/guardians** will discuss the student's goal and ways to achieve this goal. Tonight is the first opportunity to sign-up online. Teachers that have an alternate schedule will email families regarding this change.

Please see the end of the newsletter for directions on how to sign-up. If you have any issues, please contact the office at upperlynn@sd44.ca.

Mrs. Wood is available in the music room at the following times: Monday 21 (2-5pm), Tuesday 22 (2-3pm), Wednesday 23 (2-5pm), Thursday 24 (2-4pm).

Student Teacher Family (STF) [Sign-Up Link](https://upperlynn.schoolappointments.com/) (<https://upperlynn.schoolappointments.com/>) Conference sign-up times are from 6pm on October 14 to 6pm on October 18.

Wheels on the School Grounds

We encourage all students and parents to walk, wheel or roll to school, but we please ask that when you reach the school grounds, you walk your transportation to your destination. Wheeling around the school grounds puts students at risk as they may not be expecting a bike crossing the middle of the soccer field or a scooter sneaking up on them in the undercover area. These expectations are from 8:00am to 3:30pm. Please remind your child that they should be wearing a helmet when rolling to school. Thank you.

Dogs on The Grounds

Please remember that dogs are not allowed on school grounds for the safety and comfort of all students. We ask that families leave their pets at home during drop-off and pick-up times. Thank you for helping us maintain a safe environment for everyone!

The Great Shake Out

On October 17th, all students in North Vancouver will also be participating in the Great BC Shake Out. Throughout the year we engage in regular Emergency Preparedness Drills at school, and this includes regular Earthquake preparedness and drills. Did you know that you can also participate at home, with your family! Please visit [Earthquake Preparedness BC | The Great British Columbia ShakeOut \(shakeoutbc.ca\)](https://www.shakeoutbc.ca) for ways to prepare yourselves.

PAC News

Speaker Series - for ULE parents

The PAC is excited to bring you a parent education Speaker Series, running in-person in the **ULE Library** from **7-8pm**. Please note these dates in advance, the schedule is as follows:

- Monday October 21st - Jenn Messina - local Registered Dietitian
- Monday December 2nd - Unplugged Canada - digital safety strategies for kids
- Monday February 24th - Women's Business, what is wellness - Dr Kate Brennan

If you have a skill set that could contribute to a current speaker event(s) and/or interested in helping to organise the events above please reach out to the PAC email:

upperlynnpac@gmail.com



Discuss how our diet obsessed culture affects kids body image

Learn how to support "picky eaters" with realistic tips & tricks for busy families

Discuss strategies to teach nutrition at home in a more supportive way

Spirit Wear – Order by Wednesday 16th

Show your school spirit with [Upper Lynn Bears Spirit Wear!](#)

You can order stylish gear including t-shirts, hoodies, caps, beanies and sweatpants in youth and adult sizes. Order by October 16th on [MunchaLunch](#).

Items will be delivered to classrooms by mid-November.

Don't miss out on this fantastic opportunity to support the school and look great doing it!



Hot Lunch

Hot lunch kicks off **FRIDAY** with Magic Lunch Box! Please remember to **send cutlery!**

In the past we have had an emergency supply in the PAC kitchen but this will NOT be available for the 2024/2025 school year. We are trying to reduce landfill!

It is also extremely helpful for the volunteers if you can tell your kids ahead of time what has been ordered so they know what to expect to receive for lunch.

Sick/Absent Kids! Please familiarize yourself ahead of Friday with what to do if your child is sick on a hot lunch day. You can have a sibling pick up the sick kids' lunch from their classroom - or you can email ulpachotlunch@gmail.com before **8:00 am** on the day of the lunch to have your child's lunch pulled from the classroom bin and available for pick up at the pac kitchen between 12:00 pm to 12:30 pm. Please note volunteers are unable to redirect lunches to other kids/classrooms. The 3rd option is to donate the lunch. All requests must be made by email, not using facebook.

Financial Assistance

Financial assistance is available for families that need to participate in any of the PAC events , or to purchase Hot Lunches, Spirit Wear, Orange shirts and Pink shirts. Please contact Mr MacLeod at tmacleod@sd44.ca

PAC Facebook Group, Website and Email

The PAC has a website <https://upperlynnpac.weebly.com>

We also have a Facebook group [ULE PAC Parent Group](#)

The PAC email is upperlynnpac@gmail.com

After School/Lunch Programs for September

Art Class: Collage Art (NVSD44 – Mrs. Turcato)

Who: Grades 5-7
When: Tuesday (8) (October 15 to December 3)
Duration: 90 Minutes
Cost: \$195
To Register: <https://bit.ly/3ZxvjYi>
Contact: Mrs Turcato: aturcato@sd44.ca

Description: Students will discover the exciting world of collage art, where they can mix and match images, textures, and materials to create unique and expressive works of art. In this class, you will explore how to layer different materials like magazines, fabric, paper, and found objects to build dynamic, eye-catching collages that reflect your creativity and personal style.

Lunch Grit at Upper Lynn Elementary

Who: Grades 4-7
When: Wednesdays (12:02-12:47) October 9-November 13
Duration: 45 Minutes
Cost: \$120 [scholarships always available]
To Register: [Lunch Grit at Upper Lynn](#)
Contact: Alix: alix@gritmeditation.ca

Join Alix for a mid-day check in+chill out workshop where we unpack emotions, friendships, coping skills, confidence and independence. Lunch Grit will give you a re-set mid-week to be able to tackle all the things that Elementary School brings.

Fresh Air Learning After School Adventures

Who: Grades K-3, 1:7 ratio
When: Mondays (3:00-5:00) ; September 9 to December 23 (13 Sessions)
Duration: 120 Minutes
Cost: \$572 (Scholarships available)
To Register: www.freshairlearning.org/after-school-programs
Contact: Katrina at Fresh Air Learning; info@freshairlearning.org

Join us in the forest for play and learning time after school! We see children as competent, capable people who can inspire their own learning and share with others. On Mondays we'll enjoy nature stories, hands-on activities, and free play in the forest. Pick up is from Upper Lynn.

Fresh Air Learning After School Adventures: **New Drop-In Spots Available!**

After connecting with families, school admin, and staff, we are pleased to announce we now have some drop-in spaces available in the program! Folks can register for a spot up to **48hrs** before that class. We still have scholarship funds as well to help make the program more accessible to folks, so don't hesitate reaching out to inquire and apply: info@freshairlearning.org

Register here: <https://bit.ly/3U9EOtx>

We look forward to playing and learning with your children soon!

Multi-Sport After School Program (**Spots still available-Prorated**)

Who: Grades 1-3
When: Fridays; September 27 to December 13 (10 Sessions)
Duration: 90 Minutes
Cost: \$300 + GST
To Register: [Upper Lynn Multi-Sport, Fall 2024](#)
Contact: Matt Stickland: Matt@privatecoachingco.com

This excitement filled program focuses on FUN, physical literacy and sport skill improvement through fun games and activities. Participants will move through a variety of sports such as basketball, soccer,

tennis, football, hockey, volleyball, handball, and more. Participants will be fully submerged in the world of sports and are bound to leave the day with a smile on their face, eager for the next day!

See for yourself! [Multi-Sport Trailer](#)

NOTE: This is a non-competitive program and is suitable for athletes of any experience or level!

Reminders

Reminder: Send Extra Clothes and Rain Gear!

As the rainy season approaches, please remember to send your child(ren) to school with extra clothes and appropriate rain gear, such as raincoats and boots. Our students go outside for recess and lunch, rain or shine, so it's important they are dressed to stay warm and dry. Having extra clothes at school ensures your child can change if they get wet during outdoor activities. Thank you for helping us keep everyone comfortable and ready to learn!


Tim MacLeod
Principal

Lise Grendel
Vice-Principal

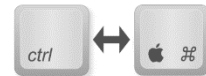
School Appointments – Parent Instructions

1. Go to our school appointments web site for your school.

[School Appointments - Upper Lynn Elementary](#)

2. Register for an account by clicking the "**REGISTER**" menu tab and filling in the on-line form. Choose a user id and password for yourself and then click the "**Register Now**" button.
3. Add your children into the system by clicking the "**Add a Student**" button. Click the "**Insert New**" button to add more children.
4. Click the "**date**" icon beside each child's name to schedule appointments. Select the staff you wish to book appointments with and the "**View Calendars**" button. Use the "**Ctrl**" or "**Command**"  key to select multiple staff to view at the same time.

5. Click on available time slots to book your appointments to make your bookings.



YOUR PHOTO DAY IS APPROACHING!



Showcase Your Best Smile

- Students will be photographed at school.
- On photo day, no order form or payment is due.
- Review your images and purchase online with ease!



DON'T FORGET

School photos are a Canadian tradition to capture the school year and preserve your continued growth.



GET REMINDERS

Sign up for notifications at edgeimaging.ca/photoday to get real-time updates about your photo day and stay in the know with Edge.

