

Upper Lynn e-News

October 27, 2024

Important Dates & Reminders for the Week of October 28 to November 1, 2024

Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday 1
<p>Hot Lunch Pizza</p> <p>Boys Basketball Tournament</p>	<p>Girls Basketball Tournament</p>	<p>Staff Collaboration Early Dismissal 2pm</p> <p>Cross Country Gr 6.7 Loutet</p> <p>Norman Foote Concert: 6:30</p>	<p>Halloween</p>	<p>Photo Retakes</p> <p>Hot Lunch Subway</p>

Upcoming Dates

- Monday October 28 – Hot Lunch - Pizza
- Monday October 28 – Boys’ Basketball Games
- Tuesday October 29 – Girls Basketball Games
- Wednesday October 30 – **Staff Collaboration: Early Dismissal at 2pm**
- Wednesday October 30 – Gr 6/7 – Cross Country; Loutet
- Wednesday October 30 – Norman Foote Concert
- Thursday October 31 – Halloween
- Friday November 1 – Photo Retakes
- Friday November 1 – Hot Lunch – Subway
- Sunday November 3 – Daylight Savings
- Monday November 4 – Cobys/TCBY
- Monday November 4 – November 7 – Grade 6 ODS
- Thursday November 7 – Remembrance Day Assembly
- Friday November 8 – National Indigenous Veteran’s Day
- Friday November 8 – **Upper Lynn Pro-D – School Not in Session**
- Monday November 11 – **Remembrance Day – Schools are closed.**
- Tuesday November 12 – Field Hockey Begins
- Tuesday November 12 – Kindergarten Hearing Screening

Upper Lynn News

Cross-Country

Thank you to all the cross-country coaches and staff volunteers who dedicated their lunch and afterschool hours to ensure Upper Lynn students had a successful, fun, and energized cross-country season. Without your commitment and willingness to volunteer, this season simply would not have been possible.

A special thank you to Ms. Chambers, one of our District leads, for organizing the cross-country meets across the district, helping to make these events run smoothly and bringing our schools together.

And finally, thank you to all the parents who came out to cheer on their children, creating a positive and supportive atmosphere for both students and staff. Your encouragement has been invaluable in making this season memorable for everyone involved. We couldn't have done it without each of you! Good luck to the grade 6 & 7 at their final meet at Loutet this week.

Grade 7 Basketball

The Grade 7 boys' and girls' basketball teams are heading to Argyle Secondary School next week to compete in the Argyle Family of Schools round of the North Vancouver School District basketball tournament. The winning team will advance to the district finals at Mountainside the following week. We wish both teams the best of luck as they represent our school with pride, skill, sportsmanship and teamwork. Go, Bears!

Upper Lynn at the Wolfpack Game

Save the date! Upper Lynn will be proudly opening the North Vancouver Wolfpack hockey game on November 23. Stay tuned for more details to come!

Collaborative Communications

Proactive and productive parent-school relationships play a crucial role in fostering student success and well-being. When parents, guardians, and school staff work collaboratively and communicate effectively, they create a supportive network around the student. This partnership is essential in addressing the academic, social, and emotional needs of each child, ensuring they feel valued and supported within their educational journey.

The purpose of open, respectful communication between parents, guardians, and school employees is to create, maintain, and enhance positive relationships that uphold and strengthen the student's educational plan. By aligning our goals and working together, we can address challenges early, celebrate achievements, and adapt to each child's unique needs. This shared commitment not only empowers students to reach their full potential but also builds a sense of trust and unity within the school community, benefiting everyone involved.

For more information, please see the end of the newsletter.

PAC News

Speaker Series - for ULE Parents

The PAC is excited to bring you a parent education Speaker Series, running in-person in the **ULE Library** from **7-8pm**. Please note these dates in advance, the schedule is as follows:

- Monday December 2nd - Unplugged Canada - digital safety strategies for kids
- Monday April 7th (**new date**) - Women's Business - Dr Kate Brennan

If you have a skill set that could contribute to a current speaker event(s) and/or interested in helping to organise the events above, please reach out to the PAC email: upperlynnpac@gmail.com

Jenn Messina has kindly given us her slides from her presentation - they are available at: <https://upperlynnpac.weebly.com/speaker-series.html>

Class Representative - **Division 7 (Paula Stanley)**

We need a parent volunteer for Division 7!

Please email upperlynnpac@gmail.com

PAC Meeting

Next PAC meeting is November 18th - 7pm via Zoom

Hot Lunch - **Please send cutlery!**

In the past we have had an emergency supply in the PAC kitchen but this will NOT be available for the 2024/2025 school year. We are trying to reduce landfill!

Sick/Absent Kids!

You can have a sibling pick up the sick kids' lunch from their classroom - or you can email ulpachotlunch@gmail.com before **8:00 am** on the day of the lunch to have your child's lunch pulled from the classroom bin and available for pick up at the PAC kitchen between 12:00 pm to 12:30 pm.

Fundraising

Thank you to everyone who has supported our fundraising efforts so far this year - we really appreciate your support!

We are very excited to announce the return of some of our favourite holiday fundraisers! Ordering is open for both fundraisers and will close on Wednesday, November 13, 2024.

Pick up for all orders will be on Thursday, November 28, 2024, from 2:45pm to 4:00pm at the school.

Poinsettias

For all your holiday decor/plant needs we have our annual poinsettia fundraiser. In addition to poinsettias, there are lots of other great options (indoor planters and wreaths, just to name a few). To find out more about this great fundraiser and to get the link to place your order [click here](#).

Purdys

We also have our annual Purdys fundraiser. To find out more about the tasty treats available this year and to get the link to place your order [click here](#).

Parent Social

The highly anticipated Parent Social is back! Tickets will be \$35 per person and include one free drink. We hope you will join us on Friday November 22nd!

Financial Assistance

Financial assistance is available for families that need to participate in any of the PAC events, or to purchase Hot Lunches, Spirit Wear, Orange shirts and Pink shirts. Please contact Mr. MacLeod at tmacleod@sd44.ca

PAC Facebook Group, Website and Email

The PAC has a website <https://upperlynnpac.weebly.com>

We also have a Facebook group [ULE PAC Parent Group](#)

The PAC email is upperlynnpac@gmail.com

After School/Lunch Programs

Lunch Grit at Upper Lynn Elementary

Who: Grades 4-7
When: Wednesdays (12:02-12:47) October 9-November 13
Duration: 45 Minutes
Cost: \$120 [scholarships always available]
To Register: [Lunch Grit at Upper Lynn](#)
Contact: Alix: alix@gritmeditation.ca

Join Alix for a mid-day check in+chill out workshop where we unpack emotions, friendships, coping skills, confidence and independence. Lunch Grit will give you a re-set mid-week to be able to tackle all the things that Elementary School brings.

Fresh Air Learning After School Adventures

Who: Grades K-3, 1:7 ratio
When: Mondays (3:00-5:00) ; September 9 to December 23 (13 Sessions)
Duration: 120 Minutes
Cost: \$572 (Scholarships available)
To Register: www.freshairlearning.org/after-school-programs
Contact: Katrina at Fresh Air Learning; info@freshairlearning.org

Join us in the forest for play and learning time after school! We see children as competent, capable people who can inspire their own learning and share with others. On Mondays we'll enjoy nature stories, hands-on activities, and free play in the forest. Pick up is from Upper Lynn.

Fresh Air Learning After School Adventures: New Drop-In Spots Available!

After connecting with families, school admin, and staff, we are pleased to announce we now have some drop-in spaces available in the program! Folks can register for a spot up to **48hrs** before that class. We still have scholarship funds as well to help make the program more accessible to folks, so don't hesitate reaching out to inquire and apply: info@freshairlearning.org
Register here: <https://bit.ly/3U9EOtx>

Multi-Sport After School Program (Spots still available-Prorated)

Who: Grades 1-3
When: Fridays; September 27 to December 13 (10 Sessions)
Duration: 90 Minutes
Cost: \$300 + GST
To Register: [Upper Lynn Multi-Sport, Fall 2024](#)
Contact: Matt Stickland: Matt@privatecoachingco.com

This excitement filled program focuses on FUN, physical literacy and sport skill improvement through fun games and activities. Participants will move through a variety of sports such as basketball, soccer, tennis, football, hockey, volleyball, handball, and more. Participants will be fully submerged in the world of sports and are bound to leave the day with a smile on their face, eager for the next day! **NOTE:** This is a non-competitive program and is suitable for athletes of any experience or level!

Reminders

Halloween

Halloween is fast approaching. Upper Lynn will be having a sing-along, a parade, and each class will recognize Halloween in its own way.

Costumes:

Students may wear their costumes to school, or they may wish to dress for the day in Halloween colours of orange and/or black. Please be mindful of cultural appropriation, remember someone else's culture isn't a costume! Students will be permitted to wear their costumes throughout the day. If the costume includes face make up, please ensure your child comes to school with it already on their face.

Weapons/Masks:

For safety reasons, please no swords, guns or real or pretend weapons or fragile items. We are also asking that the costumes not be too scary for the younger students.

Candy:

In keeping with our exploration of the Health Curriculum and healthy treats being saved for "once in a while" please ensure that your child brings only one candy per day for the week following Halloween. For additional information regarding Halloween, please see the NVSD's website at <https://bit.ly/3NyACji>.

Colour Guard Needed for Remembrance Day Assembly

On Thursday, November 7, at 10:50 am we will be holding our Remembrance Day Assembly. We invite all students who participate in service organizations such as Sparks, Embers, Cubs, Scouts, Cadets and Guides, to help mark the occasion by wearing their full uniforms to the assembly on this day. The

students who do wear their uniform will play a very important role in the assembly. We ask that the students bring a change of clothes to change into before they go out for lunch. Later this week or early the week after, classroom teachers will be talking to their students about the assembly and be asking for student involvement. Information will be sent home with those students who are interested in participating in the colour guard.

Tim MacLeod
Principal

Lise Grendel
Vice-Principal

Collaborative communications

Proactive and productive parent-school relationships positively impact student success and well-being. The purpose of communication between parents/guardians and school employees is to create, maintain and enhance positive relationships in support of the student's educational plan.

STEP 1

Employee

Communication should remain as close to the source as possible. Communicate with the employee directly involved. By starting with the source, communication is more efficient and effective.

Guide for collaborative communication:

1. Speak to the appropriate person.
2. Be simple, clear, concise.
3. Be prepared.
4. Establish next steps.
5. Follow through and follow-up.

Communication is most effective at the school level

There are many resources available at the school-level:

School Based Resource Team

Extended School Based Resource Team

Family of Schools
Behaviour Support Worker

Learning Services Teacher

School psychologists

Speech-language pathologists

EA support

Indigenous Support Workers

Social Emotional Learning team

Indigenous Education department

Inclusive Education department

Teacher Leaders

School counsellors

STEP 2

Principal*

If actionable next steps are not determined in collaboration with the employee, communicate with the school principal. Principals work hard to provide a safe and welcoming learning environment for all students and staff.

*At secondary schools, communicate with the grade level administrator first, then with the principal.

Moving to steps 3, 4 & 5 means entering the Policy 406 process. If solutions are not determined through the collaborative communication process, please refer to: *Policy 406: Resolving Concerns Regarding Personnel, Programs or Procedures.*

STEP 3

Director of Instruction

STEP 4

Assistant Superintendent

STEP 5

Superintendent

Collaborative communications

Proactive and productive parent-school relationships positively impact student success and well-being. The purpose of communication between parents/guardians and school employees is to create, maintain and enhance positive relationships in support of the student's educational plan.

Levels of communication

Parents often need to communicate with various staff members – teachers, support staff, administrators, and/or school district-level staff. As a general guideline for determining who to communicate with, communication should remain as close to the 'source' as possible. For example, if the topic pertains to something within the classroom, speak to the classroom teacher. Even at times when conversations may be uncomfortable, it is most productive to speak with the staff member directly involved and responsible. By starting with the source, communication is more efficient and effective.

Guiding questions

Here are some example guiding questions that can be used to prepare for and during meetings. These questions are designed to ensure communication meets the objective of supporting student success and well-being:

- What is the topic/issue that needs to be addressed?
- Given the student's needs, what is our overarching purpose or goal?
- What is the overall plan for the student's education?
- How would we like the student to be involved in the process of creating their educational and future goals? Does the student need to join the conversation?
- What is the role of an Individualized Education Plan (IEP)?
- What is our communication plan (timeline and process) moving forward?
- What are the choices or options of support we ought to consider?
- What actions do we need to take next?

Guide for collaborative communication

- 1. Speak to the appropriate person.** Teacher or Principal – person closest to the source.
- 2. Be simple, clear, concise.** As a general rule of thumb, keep digital communication short and to the point. If more in-depth communication is required, set-up a meeting.
- 3. Be prepared.** Determine the purpose and objectives of the meeting, and the questions the meeting needs to address.
- 4. Establish next steps.** Collaboratively determine what actions are required from all those involved. Determine what the communication timeline and process will be moving forward.
- 5. Follow through and follow-up.** Complete action steps and communicate progress back to all those involved according to the communications timeline and process that was established.

Communication is most effective at the school level

There are many resources available at the school-level, making schools the most effective level for communication.

Resources include:

- School counsellors
- School Based Resource Team
- Extended School Based Resource Team
- Family of Schools Behaviour Support Worker
- Learning Services Teacher
- EA support
- Indigenous Support Workers
- Social Emotional Learning team
- Indigenous Education department
- Inclusive Education department
- Teacher Leaders
- School psychologists
- Speech-language pathologists