

Upper Lynn e-News

March 9, 2025

Important Dates & Reminders for the Week of March 10 to March 14, 2025

Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
Hot Lunch Cobs / TCBY	Early Dismissal 2pm Open House 2:15-3:15 5:15-6:15			Hot Lunch Foodie Kids

Upcoming Dates

- Monday March 10 – Hot Lunch – Cobs / TCBY
- Tuesday March 11 – Open House – **Early Dismissal at 2pm**
- Wednesday March 12 – Learning Update Upload
- Friday March 14 – Hot Lunch – Foodie Kids
- Friday March 14 – Spirit Day – Twin Day / Multiple Day
- Friday March 14 – Last Day Before Spring Break
- Monday March 31 – School Reopens from Spring Break
- Monday March 31 – Hot Lunch – Pizza
- Thursday April 3 – Earth Rangers (K-3)
- Thursday April 3 – DNVFRS Kindergarten Program
- Friday April 4 – Magic Lunch Box
- Monday April 7 – Grade 4 Outdoor School (April 7 to 9)
- Monday April 7 – Hot Lunch – Well Fed
- Monday April 7 – PAC Speaker Series
- Tuesday April 8 – Immunizations
- Friday April 11 – Hot Lunch - Subway

Upper Lynn News

Track & Field

Our track and field season has officially begun, and we have over 100 eager student-athletes from grades 4 to 7 ready to jump, sprint, and throw their way to success!

With 4 field events (high jump, long jump, triple jump, and shot put) and 5 track events plus two relay events, we need enthusiastic adult volunteers to help supervise and coach.

Practice Details:

- **Track events:** Mornings
- **Field events:** Lunch and possibly after school
(Final schedule to be confirmed!)

Whether you have experience or just a passion for supporting young athletes, we would love your help! If you're available, please reach out to Kristine Chambers at kchambers@sd44.ca. Thank-you.

Twins Day

March 14 is Twins Day! Find some friends you can wear matching outfits with! Matching pants? Shirts? Jewelry? Hairstyles? All are fantastic! If you can't find someone to wear matching outfits with wear your Upper Lynn Bear gear or the school's colours and be Twins with others! Don't forget: March 14th is Twin Day!

Join the Upper Lynn Band – Registration Still Open!

Great news! Upper Lynn Band registration is still open, and we'd love to welcome more musicians.

With 39 Beginning Band members and 39 Continuing Band members, Upper Lynn proudly hosts the largest band program in the district! Under the expert guidance of our conductor, Colin Madill, our students have been making incredible musical strides – and there's always room for more!

For more details about the band program, please visit the school [district's webpage](#).

Our Student-Led Conference Open House is This Week!

Join us on Tuesday, March 11 for a special opportunity to engage with student learning, reflect on student work, and strengthen our home-school partnership. Families are invited to visit classrooms and learning spaces during our open hours:

Tuesday, March 11

2:15 – 3:15 PM and 5:15 – 6:15 PM

Feel free to drop in at a time that works best for your family. Most families spend about 20 minutes in the classroom, and students must attend with a parent or guardian. Due to the busy schedule of school district events, some classrooms will offer different options. These classrooms will communicate any changes through their weekly updates. Mrs. Wood will be available in the music room if you'd like to stop by and visit her.

Learning Updates Available on Parent Portal

Learning Updates will be posted on the Parent Portal This Wednesday, March 12. You will receive an email from sysadmin@myeducation.gov.bc.ca when your child's Learning Update is available to view.

To access the [Parent Portal](#), please use your login details (your email address). If you do not remember your password, click on **"I forgot my password"** and follow the steps to reset it. Instructions and tips for accessing **MyEducation BC Parent Portal** can be found [\[here\]](#). Most issues can be resolved by carefully following these instructions.

If you require further assistance, please email upperlynn@sd44.ca, including your child's name and a description of the issue you are experiencing. We will respond in the order emails are received.

Important Reminder: Please remember to **print or download** your child's Learning Update from the Parent Portal, as reports are removed annually on **July 30th**.

Persian New Year is Coming Up

Nowruz, the Persian New Year, is just around the corner, marking the first day of spring and a time of renewal and celebration for many around the world. To help our school community learn more about this tradition, a few of our parents have created a Haft-Sin display in the main foyer. The Haft-Sin is a traditional table setting that includes seven symbolic items, each representing good fortune, health, and prosperity in the year ahead. Thank you to our parent volunteers for sharing this tradition with our school!

PAC News

ULE Spirit Wear is Back!

Spirit wear is now available for ordering until **March 12th**, with delivery expected in early to mid-April. This will be the **final opportunity** to purchase spirit wear for the **2024-2025 school year**.

All your favorites are back, including **hoodies and t-shirts**, along with the popular **flex-fit cool & dry cap** featuring an embroidered bear logo. This cap received great feedback and is perfect for **spring and summer!**

For more details and to place your order, [\[here\]](#).

Financial assistance is available if needed. Please contact Principal Mr. MacLeod at tmacleod@sd44.ca.



Upper Lynn Silent Auction

Woohoo!! Congratulations, Upper Lynn!! Thanks to our amazing ULE community, donors, and sponsors, the Online Silent Auction raised a whopping **\$17,446!** These funds will go towards PAC-led initiatives that will greatly benefit our students and families.

Hot Lunch

Hot Lunch Ordering is back! Munchalunch is now **OPEN for ordering** for the Spring term, which runs from Monday March 31st to Monday June 23rd. Ordering and payment deadline will **CLOSE on March 11th at 11:59pm**. Please note that all unpaid orders will be cancelled.

New orders for the Spring term will **NOT** be accepted after March 11th. Please also note there are 4 non-instructional days (April 18, April 21, May 5, May 19).

Volunteers! Our hot lunch program is unable to run without parent volunteers! Each lunch service requires 3-4 volunteers to run smoothly – newcomers are welcome. Time commitment is 11:15am – 12:45pm. When signing up for hot lunch in MunchaLunch you can mark the dates you are available to help after ordering, or under the “Volunteer” tab. We will then contact individuals prior to lunches to confirm. Don’t worry if your plans change, we are flexible!

If you need financial assistance, subsidies are available. Please contact Mr. MacLeod at tmacleod@sd44.ca by **March 6th**. The request will be kept confidential.

New users and returning parents will be able to access MunchALunch at <https://bit.ly/4gzCxRB>

Lunch program FAQ's can be found here: <https://upperlynnpac.weebly.com/lunch-program-faqs.html>

For assistance reach out to ulpachotlunch@gmail.com

After School / Lunch Programs

New Potential Program!

After-school Coding, Robotics and STEM opportunities at Upper Lynn

Are you passionate about STEM (Science, Technology, Engineering, and Math)? Do you enjoy building, coding, or solving challenges? UTG Academy is excited to bring our STEM after-school programs to Upper Lynn Elementary, and we’re looking for enthusiastic parents to help us make it happen! We’re looking for volunteer mentors, and/or coordinators to help run programs like the SFU Canadian Coding League - where students form teams, code projects, and submit their creations to be played by YouTubers and Twitch Streamers and Competitive Robotics - where kids design, build, and program robots for competitions. These programs are designed to inspire creativity, critical thinking, and teamwork in students, all while having a blast! UTG academy will provide the training, materials, and on-going guidance you need to run a successful STEM program at the school.

Mentors come from a wide range of backgrounds and disciplines, each bringing unique skills and experiences to support students in their learning journey. Whether technical or non-technical, mentors provide guidance in areas such as coding, robotics, problem-solving, project management, and teamwork.

Mentors can be:

- Parents or family members of students
- Educators or professors
- Professionals from technical or non-technical field
- Community members with a passion for STEM
- Anyone with a willingness to inspire and guide young learners

If you're curious about getting involved, we'd love to hear from you. To learn more about UTG Academy visit: www.utgacademy.com

Lunch GRIT (Spring 2025)

Location: Upper Lynn MPR
Who: Grades 3-6
Dates: Wednesdays, Lunch, April 9th-May 14th
Time: 12-12:47pm
Pricing: \$130 (scholarships always available)
Register Here: [Register here](#)

Join us for Lunch Grit (again!) this Spring. Each Wednesday we'll meet up for a fun/chill session of figuring out how to find calm in stressful situations, how to navigate our way through tricky friendships, how to deal with stress, and how to tap into empathy. We'll incorporate fun crafts and activities and leave time each week for a mindful brain-break meditation. It's the perfect break halfway through the week.

Chess Club

Location: Multipurpose Room
Who: Ages: 6+
Dates: Tuesdays, April 1st to June 10th
Time: 12:00-12:47
Pricing: \$110 (\$10/session)
Register Here: chan_james17@hotmail.com

You are invited to explore the strategic world of chess at this exclusive chess club. This club includes fundamentals for beginners along with strategies for the more advanced players. Chess Club players will have the opportunity to improve their skills by playing against other player of various levels.

PAC Facebook Group, Website and Email

The PAC email is upperlynnpac@gmail.com
The PAC has a website <https://upperlynnpac.weebly.com>
We also have a Facebook group [ULE PAC Parent Group](#)

Reminders

Smart Watches and Other Devices

We would like to remind families that communication through smart devices, including smartwatches, is not permitted during school hours from 8:30 AM to 3:00 PM. If students need to contact home, they are welcome to use the office phone. Likewise, if you need to reach your child during the school day, please call or email the school directly. This policy, set by the Ministry of Education, is in place to support a focused learning environment and to prevent conflicts between students and staff when reminders are given about device usage—especially when a parent is the one initiating contact. We appreciate your cooperation in helping us maintain a respectful and productive school environment. Thank you for your support.

Student Learning Survey – Your Input Matters!

This is a friendly reminder to grade 4 and 7 families to complete the [Student Learning Survey \(SLS\)](#). Your feedback is invaluable in helping us understand students' learning experiences, well-being, engagement, and how the curriculum is being implemented.

The survey is **voluntary, anonymous, and available in 18 languages**. Your input plays a key role in shaping school and district planning to better support our students.

Thank you for taking the time to share your thoughts—we truly appreciate your support!

Tim MacLeod
Principal

Lise Grendel
Vice-Principal

READY, SET, LEARN

LEARN. PLAY. CONNECT.

Children ages 3 to 5 (not yet in Kindergarten) and their families are invited to participate in North Vancouver School District's upcoming **FREE** Ready, Set, Learn events!



DATE	LOCATION	TIME	RSVP
Wednesday, April 9, 2025	2121 Lonsdale Avenue	9:30am to 11:30am	No RSVP needed
Wednesday, April 16, 2025	Cleveland Elementary	10:00am to 11:30am	cleveland@sd44.ca
Thursday, April 24, 2025	Westview Elementary	4:30pm to 5:30pm	604 903 3840 or westview@sd44.ca
Wednesday, April 30, 2025	Blueridge Elementary	10:00am to 11:00am	604 903 3250 or blueridge@sd44.ca
Wednesday, April 30, 2025	Highlands Elementary	10:50am to 11:50am	604 903 3540
Thursday, May 1, 2025	Brooksbank Elementary	11:00am to 12:00pm	604 903 3280 or brooksbank@sd44.ca
Thursday, May 1, 2025	Canyon Heights Elementary	9:00am to 10:30am	canyonheights@sd44.ca
Thursday, May 1, 2025	Norgate Xwemélch'stn Elementary	11:00am to 12:00pm	604 903 3680 or norgate@sd44.ca
Tuesday, May 6, 2025	Cove Cliff Elementary	6:00pm to 7:00pm	604 903 3420 or bobrienkopacek@sd44.ca
Friday, May 9, 2025	Carisbrooke Elementary	1:30pm to 2:30pm	604 903 3380 or carisbrooke@sd44.ca
Thursday, May 15, 2025	Eastview Elementary	1:00pm to 2:00pm	604 903 3520 or eastview@sd44.ca

Ready, Set, Learn events provide a fun, family-oriented atmosphere with the intention of supporting preschool-aged children prepare for their eventual transition to Kindergarten.



NEW & USED

SPORTS EQUIPMENT SALE

PRESENTED BY KIDSPORT NORTH SHORE



Do you have any new or lightly used sports equipment sitting around?
Please **DONATE** anytime between Thursday, March 13 - Monday, March 31,
2025! Find details on donation collection locations and acceptable
equipment to donate on our website.

EQUIPMENT SALE DETAILS

CARSON GRAHAM SECONDARY SCHOOL

SATURDAY, APRIL 5, 2025

10:00 AM - 1:00 PM

[CLICK HERE FOR MORE INFORMATION](#)