

2025 Upper Lynn Track and Field Schedule

Start Date	Monday, March 31
Field Meets	TBA
Track Practice	Thursday, April 23 at Sutherland (on track)
Track Meet (fun)	Wednesday, May 7
Track Meet (qualifier)	Tuesday, May 20
Swangard	Tuesday, June 3 (qualified athletes only)

Time ↓	Monday	Tuesday	Wednesday	Thursday	Friday
8:00 to 8:40 AM		<i>INTERMEDIATE CHOIR</i>	<i>BEGINNING BAND (Gr.5)</i> Grade 4 Sprints and Relays Ms. Cristina (Calderwood) Ms. Morel Grade 6-7 HJ Ms. Chambers Ms. Grendel	Grade 5 Sprints and Relays Ms. Cristina (Calderwood) Ms. Muir Ms. Morel Grade 6-7 HJ, LJ, TJ Ms. Chambers (HJ) Mr. Wagner (LJ, TJ)	<i>EXTRA OR MAKE-UP PRACTICES TBA AS NEEDED</i>
12:20 to 12:50 Lunch	Grades 6-7 LJ and TJ Ms. Mortimer Ms. Zeng Ms. Bower	Grades 4-7 Shot Put Mr. Fox Ms. Zeng Ms. Bower	<i>EXTRA OR MAKE-UP PRACTICES TBA AS NEEDED</i>	Grade 4-5 JUMPS practice (gym) Ms. Chambers Ms. Tsuei	<i>EXTRA OR MAKE-UP PRACTICES TBA AS NEEDED</i>
3:10 to 4:00 PM		Grades 4-5 LJ / TJ Mr. Mawson Ms. Blaker	Grade 4-5 HJ Ms. Chambers Ms. Grendel Grade 6-7 Sprints and Relays Ms. Purich Mr. Rosse	Grades 4-7 Distance Running Mr. Liou Ms. Mosaedi (April)	

TEACHER CONTACTS

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