



**ÉCOLE SECONDAIRE
WINDSOR
SECONDARY SCHOOL**

931 Broadview Drive
North Vancouver, BC V7H 2E9
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Student Services E-Bulletin – December 2024

Counsellors:

Grade 8 - Megan Brady – mbrady@sd44.ca

Grade 9 and 11 – Jay Prepchuk - jprepchuk@sd44.ca

Grade 10 and International Students – Mancy So - mso@sd44.ca

Grade 12 and Choices – Sue Maquignaz – smaquignaz@sd44.ca

[Windsor Counselling and Grad Info](#) – Counselling link, found on the school website page.

General Info

1. Save the dates! The Parent Course Programming Presentation will be in person on **Thurs Jan 23rd at 7 pm** for families to garner information on Course Info and basic university requirements.

Grade assemblies also will be held separately at **8:30 am (Tutorial time)** each day as follows, in the multipurpose room with the same power point information plus the Course Selection sheets:

- a. **Grade 11 – Mon Jan 20th**
 - b. **Grade 10 – Tues Jan 21st**
 - c. **Grade 9 – Wed Jan 22nd**
 - d. **Grade 8 – Thurs Jan 23rd**
2. Volunteer/Work/Service Hours – this question comes up all of the time. Here are the differences:
 - a) **30 hours** are required to graduate for the Career Life Connections 12 course – can be paid or unpaid hours accumulated from grade 10 to the end of grade 12. Grade 12's will complete the official form in the CLC 12 course in Unit 7.1. The form is also available on the Windsor Website under “students” and in the Career Centre (room 203)
 - b) **Work Experience 12A/12B** is a 4 credit course with a minimum of 90 hours of volunteer/job shadow, or career exposure in your focus area.

- This course can be taken twice. See Ms. Misceo (cmisceo@sd44.ca) or go to the Career Centre (Room 203) for more information.
- c) **School Service** Hours – Students will self report their School Service Hours through the electronic Service Hours form sent out by Admin in late April/ early May. Hours must be completed *within* the school (i.e. club *executive* members, peer tutoring, Ambassadors, student council, etc.). Self reported hours will be verified with the school staff sponsor for the event. Only verified hours will be considered for service hours. Have signatures and hand in this form by May 16th : [Service Hours](#)
 - d) Any other **community** hours – for your own resume, may be included in the Scholarship Application in your grade 12 year. No official form, but very valuable! Starting before grade 12 is recommended!
3. Anxiety is a pervasive issue that can affect many people at some point of their lives. Occasional anxiety is a normal reaction to stress, but anxiety disorders can be invasive. Getting support and learning coping strategies that work long term are very important in working through anxiety! If your child is having difficulty with attending school due to anxiety, please call the counsellor as soon as possible. Anxiety can worsen in a short amount of time, and *avoiding* just *reinforces* the anxiety. Please refer to the Anxiety website for more information: www.anxietycanada.com There are several resources in the community:
North Shore CBT Centre for counselling, “Bounceback” an online free resource at www.bouncebackbc.ca , and Foundry which is a free comprehensive service for Youth (counselling, medical services, parent support, etc.) [North Shore - Foundry - \(foundrybc.ca\)](http://foundrybc.ca)
4. Numeracy and Literacy Assessments:
- Literacy 10 –January 22nd and 23rd
 - Numeracy 10 – April 9th and 10th
 - Grade 12 French Immersion Assessment – June 12th -13th
 - Any other rewrites – June 12th – 13th

Students who missed, or wish to rewrite any Assessments must see their grade counsellor. Assessment results are *not* used for university admissions, and are reported on a scale of 1-4.

5. Looking to volunteer in the community? Explore [North Shore Community Resources - Volunteer Now \(bcvolunteer.ca\)](#) – search under Youth in “More Search Options” or call 604-985-7138. Feel good about contributing!

6. This organization provides emotional support, information resources and help in navigating services for parents of a teen with a mental health and/or substance use challenge. Please see this Family Smart site: [FamilySmart - Together-Centred™ for Child & Youth Mental Health](#)

Opportunities

7. Are you 14 years or older, enjoy the outdoors and want to pursue leadership? The Duke of Edinburgh Award offers approved external credits for secondary school students, and the award can be completed by any student. Please refer to: [Duke of Ed](#)

Post Secondary Info

8. Looking for a starting point for course programming in the new year, or for university programs? Check out the Education Planner BC website: [EducationPlannerBC](#) This comprehensive site can help with Planning, Searching and Applying to all 25 BC Post Secondary schools. This is a great Parent resource for understanding how Post Secondary systems work in BC. You can also find prerequisites to university/college programs and learn about Trades careers.
9. University quick tips:
 - SFU** admission no longer requires a 2nd language. SFU considers a minimum of 5 Grade 12 courses from the list. Please click here: [SFU](#) . For a campus tour, click here: [a campus tour](#)
 - **University of Northern BC** and **UVIC** will look at your top 4 grade 12 marks, including English 12. There is no second language requirement for these or any other university in the country.
 - **Capilano U** requires 3 academic courses, including English, with no 2nd language requirement, nor Math requirement
 - **UBC** will consider all courses in grades 11 and 12. They want to see that students are challenging themselves with full course loads and that they write a deep personal profile. A Language 11 is no longer required (for this year's grade 11's and younger), and a score of 3 (proficient) is required on the Literacy 12 assessment. Please click here: [UBC](#) To see upcoming events at UBC, click here: [UBC events](#)

Tip: Consider many gateway pathways that merge directly into 2nd or 3rd year programs at UBC: Corpus Christi College (on UBC campus), Capilano U,

etc. These smaller schools offer excellent foundations, much smaller classes, high success rates, etc. and sometimes have agreements with UBC for direct transfer.

10. Wondering what the typical admissions averages are? The University of Alberta in Edmonton has this link for you to check specific programs: scroll down to “High School Admission-Average Ranges: Three Year Trends” [Competitive Requirements | Undergraduate Admissions + Programs \(ualberta.ca\)](#) Click on specific programs to see the averages.
11. Vancouver Film School is offering a free, online session to learn about their Film Production program. Wed Dec 11, 4 – 5 pm. Register here: [VFS Film Production Program Preview Registration, Wed, 11 Dec 2024 at 4:00 PM | Eventbrite](#)

Grads

12. Grad photos are fast approaching on **December 6th – 13th** . Students **must book their appointment** time online through the Grads BC website: [Schedule Appointment with Grads BC](#) . All photo sessions take place at Windsor Secondary. Photos are used for the yearbook as well as the composite that hangs in the front foyer, and families can purchase their own.
13. If you plan to attend ANY university or college anywhere in the world next fall, please ‘give consent’ to have your final marks sent through the Student Transcript Service upon graduation (help videos are now on the first page). Setting up your account is part of the CLC12 course in Unit 4.1. Please see link to STS page: [Transcripts](#)
14. Please see the Counselling website for all types of scholarship information. The **Internal** (Windsor) scholarships require that students submit their application by **Thursday Dec 5th at 11:59 pm**. The application is on the MS Teams group as an ASSIGNMENT for grade 12’s. All types of scholarships are available through the Windsor Scholarship Committee, including nominations for the BC Excellence and the Schulich (STEM) Leadership award. Here is the link to some of the **External** Scholarships on our website, organized by deadline, according to month: [Scholarships](#)
15. The Grad Semi-Formal is **Tuesday Feb 11th**, 2025. 6:00 – 9:30 pm. Seymour Golf and Country Club.

16. Applications for the Beedie Luminaries Scholarship program are due Dec 16th, 2024, with 100+ scholarships of \$44,000 each to be used at any public post secondary school in BC. Apply here: [Grade 12 Scholarship details | Transform Your Future | Beedie Luminaries](#)